**CURRICULAM VITAE**

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**Post Applied For : Staff Nurse**

**Total Experience : 7 Years 6 Months**

**Department : ICCU & OR**

**DHA Examination : Passed**

**CAREER OBJECTIVE**

To spend my life in serving the sick with atmost dedication and service, utlilising all the skills and expertise acquired over the years of nursing care.

**ACADEMIC QUALIFICATIONS**

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| --- | --- | --- | --- |
| **COURSE** | **BOARD/UNIVERSITY** | **YEAR** | **REMARKS** |
| S.S.L.C | Board of Public examination kerala | 2000 | 78.6 % |
| Plus Two | Board of Public examination kerala | 2002 | 62.8% |

**PROFESSIONAL QUALIFICATIONS**

* Diploma in General Nursing ( GNM ) From Kerala , Nursing Council .

**PROFESSIONAL REGISTRATION**

* Kerala Nursing Council
* Trained Nursed Association of India
* Experience as Staff Nurse : 7 ½ years.

**EMPLOYMENT OVERVIEW**

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| --- | --- | --- | --- |
| **DATE** | **EMPLOYER** | **DESIGNATION** | **EXPERIENCE** |
| 01-01-2006 to 31-05-2008 | Holy Family Hospital Thodupuzha ,Kerala . India | Staff Nurse | OR & SICU |
| 15-06-2008 to 30-12-2009 | St Mary’s Hospital Thodupuzha ,Kerala . India | Staff Nurse | ICCU |
| 15-02-2010 to  10-05-2011 | LLM Hospital Kidangoor  Kerala , India. | Staff Nurse | ICCU |
| 15-06-2011 to  31-01-2014 | Mount Sinai Hospital Thodupuzha ,Kerala . India | Staff Nurse | ICCU |

To provide effective, skilful and holistic nursing care to patients suffering from diseases which need surgical intervention.

**DUTIES AND RESPONSIBILITIES**

* To prepare and assist surgeons for any procedure that the patient will require.
* To prepare and maintain comprehensive and accurate records of nursing care.
* To record and report the condition of patients, implement and evaluate prescribe actions.
* To ensure coordination and cooperation with other medical and paramedical staff.
* To supervise and teach auxiliary workers.
* To initiate and attend Code Blue in emergency.
* To provide emotional support to patient and relatives.
* To delegate to other workers duties and responsibilities.
* To ensure that all regulations and policies of the hospital are implemented.
* To control the inventory of emergency narcotic and psychotropic drugs.
* To check that all stocks are well managed for the smooth functioning of the unit.

**Equipment handled**

* Operation Theatre Equipments
* Cardiac monitors
* Syringe pump
* Sigmomanometer
* Pulse oxymeter
* Glucometer
* Suction apparatus
* Infusion pump
* Laryngoscope
* Defibrillator
* E.C.G. machine
* Ventilator

**Types of patients handled:**

* CCF
* BMV
* CABG
* RBBB
* LBBB
* LVF
* Unstable angina
* Acute antiseptial MI
* Bifacicular heart block
* Syncope
* Complete heart block
* Ischemic heart disease
* Arrhythmia
* Chest pain for evaluation
* Penitents after surgeries

**Preparation and administration of drugs**

* Oral, injections, eye installations
* Parenteral and suppositories
* IV cannula
* Chest physiotherapy
* Nebulization
* Oxygen administration
* Wound dressing
* Nasogastric tube insertion
* Foley's catheter insertion

**Procedures performed:**

* Bed making, bed bath, shampooing, and daily morning care.
* Positioning, turning and draping the patient.
* Assisting with physical examinations.
* Vital signs monitoring.
* Oral hygiene, perineal and DVT care.
* Application of hot water bag, ice cap and cold or tepid sponge bath.
* Collection and care of specimens.
* Suturing , assisting surgeries

**PERSONAL PROFILE**

Date of Birth : 04 Sep 1984

Age : 29 years

Sex : Female

Nationality : Indian

Marital Status : Married