**Gulfjobseeker.com CV No:** **1220394**

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**Objective**

A competent Registered Nurse that is efficient, passionate and dedicated in delivering the best level of patient care. As a driven individual who wants to progress in knowledge and skills and now looking for a suitable and reputable nursing position.

**Personal data**

Date of birth        January 18, 1988

Birth Place La Trinidad Benguet

Age  26

Sex   Female

Civil Status    Single

Religion    Christian-Born Again

Language/Dialect spoken English, Filipino, Kankana-ey

**SKILLS**

Clinical Skills and Nursing Skills

Infection Control

Organizing and Multi-tasking

Listening, verbal Communication

Health Promotion and Maintenance

Excellent Assisting skills

Good Assessment and Priority Order Skills

Efficient in Microsoft office, computer literate

**Education**

Bachelor of Science in Nursing Easter College

Year Graduated. 2009 Baguio City, Philippines

Bachelor of Science in Accountancy Saint Louis University

Year 2004-2006 Baguio City

Secondary Benguet State University Secondary

Year Graduated- 2004 Laboratory School

La Trinidad Benguet, Philippines

Primary Magsaysay Elementary School

Year Graduated- 2000 New Lucban Baguio City, Philippines

**TRAININGS AND SEMINARS ATTENDED**

3 Days IV Therapy Training Program Benguet General Hospital, La Trinidad Benguet

For nurses September 10-12, 2010

ECG/EKG Reading And Interpretation Noah’s Ark Review and Training Center

July 18, 2010

English Language Proficiency Technical Educational and Skills Development Authority

August 17-September 22, 2009

National Certificate II in care Giving Technical Educational and skills Development Authority

July 15, 2009

Basic Life Support Philippine National Red Cross- Baguio Chapter

July 10-11, 2009

Standard First Aid Training Philippine National Red Cross- Baguio Chapter

July 6-9, 2009

Medical and Dental Mission Brent International School Baguio

April 26, 2008

**PROFESSIONAL EXPERIENCE:**

1. **BENGUET GENERAL HOSPITAL**

Km.5 LaTrinidad, Benguet 2601Philippines

Benguet General Hospital is a tertiary hospital with 200 beds capacity. It is a busy hospital considering it is a public institution which caters inpatient and outpatient services and accepting referrals from nearby clinics and provincial hospitals.

**POSITION:**  **STAFF NURSE**

**INCLUSIVE DATE:** November 16, 2012 – July 31, 2013

**GENERAL JOB SUMMARY:**    Provides professional nursing care for people who are sick, injured or disabled utilizing the nursing process of assessment, planning, intervention, implementation and evaluation under the general supervision. Collaborate with other health care team to ensure effective patient care delivery and achievement of desired patient outcomes.

**DUTIES AND RESPONSIBILITIES:**

**ICU/CCU:**

* Closely monitor for signs of danger.
* Prepares and administers (oral, subcutaneous, intravenous) and record prescribed medications. Observe patient reaction to medication, record and report untoward reactions to physician.
* Respond to life-saving situation based upon nursing standards and protocols.
* Records patient medical information and vital signs.
* Provides morning care and bedside care.
* Initiates patient education plan as prescribed by physician. Teaches the patient and significant others how to manage their illness.
* Conducting assessment and vital signs monitoring.
* Takes sample for blood works; orders prescribed lab works and evaluates/interprets lab reports.
* Interprets and evaluates diagnostic procedures to identify and assess patient condition.
* Monitors catheters, leads and tubing for proper placement and functioning.
* Monitors and adjust specialized equipment used on patient and interpret and records electronic displays such as intracranial pressure, cvp and cardiac rhythms from cardiac monitors, manometers, ventilators and oxygen pump.
* Prepares equipment and assist physician during examination and treatment of patient.
* Assisted the senior ICU nurse in managing patients with cardiac arrest.
* Conducting daily electrocardiogram: placing proper placement of limb leads and electrodes, attaching result to patient chart for physician’s evaluation.
* Assisting physician for intubation.
* Consults and coordinates with health care team to assess, plan, implement and evaluate patient care plan.
* Inserting intravenous fluid, nasogastric tube and catheter (straight and indwelling) as ordered.
* Setting up drips and blood transfusions.
* Feeding patient via nasogastric tube: providing osteorized caloric requirement prescribe by physician with aspiration precaution.
* Suctioning: secretions from oral and endotracheal tube.
* Educate family member about protocol in handling or dealing with patient’s present state.
* Making ethical decisions related to consent and confidentiality.
* Maintaining patient records accurate and updated.

**OPERATING ROOM and PACU**

* Preps operating room for patient/procedure.
* Ensures that operating on correct patient and correct procedure is being performed.
* Check the completeness of patients chart and patient’s medications and supplies to be used during the operation and recovery.
* Takes and monitors patient vital signs also check for any allergy to drugs and foods.
* Respond to life-saving situation based upon nursing standards and protocols.
* Maintain the sterility during operation.
* Insertion of urinary catheter gently and aseptically as ordered.
* Assists in positioning, responding to comfort/safety of patient.
* Provides accurate handling of specimens.
* Observes and enforce strict standards of asepsis.
* Inventories all items pre and post operation.
* Scrubbed: Selects and handles instrument and supplies used for the operation, passing them to the surgeons.
* Observe the completeness of sponge, instrument and needle count before and during operation and before closure of wound.
* IV insertions, drug administrations as ordered by the physician.
* Setting up drips and blood transfusions as ordered.
* Provides basic bedside care.
* Observes and provides on the necessities of the team during operation.
* Observe for any danger signs during and after the operation and report to the doctor.
* Consults and coordinates with health care team to assess, plan, implement and evaluate patient care plan.
* Monitors patient’s physical and emotional well-being throughout the care continuum.
* Observe and orient new nurse trainee and especially student nurse.
* Initiates patient education plan as prescribed by physician.
* Serves as the communication liason to family and members of the operating team.

**DELIVERY and LABOR ROOM:**

* Sits with and monitors patient throughout the labor.
* Monitors contractions and help patient with breathing techniques.
* Performs basic IV skills.
* Administer prescribed medications.(oral, IV, IM)
* Reads fetal monitor and report if there is a problem with baby’s heart rate.
* Check patient’s cervix periodically to monitor progression or lack of dilatation.
* Ensures patient bed dry, clean and comfortable.
* Ensures patient is in proper position for delivery and all monitoring equipment is functioning properly.
* Aids doctors with drapes, gown, gloves etc. hand doctor delivery instruments as needed during birthing process.
* Encourage patient to push at proper time.
* Records time of birth.
* Immediate care of new-born. Gives APGAR score.
* Keeps family informed of progression of birth.
* Prepares patient for emergency CS operation as ordered.
* Initiates patient education plan as prescribed by physician.
* Closely monitor patient who are hypertensive diabetic, etc.

**NICU:**

* Consults and coordinates with health care team to assess, plan, implement and evaluate patient care plan.
* Inserting intravenous fluid, nasogastric tube and catheter (Straight and indwelling) as ordered.
* Setting up drips and blood transfusions.
* Administration of intravenous medications: following the 10 rights of drug administration. Observing patient reaction to medication, record the same and report to physician.
* Provides nutritional assessment and specialized feedings
* Monitors and adjusts specialized equipment such as incubators and ventilators.
* Prepares, administers and records prescribed medications. Reports adverse reactions to medication and treatment.
* Monitors vital signs and initiates corrective actions whenever the patient displays adverse symptomatology, communicates patient care to health team.
* Assist physician during examination, treatment and procedures which can include in life saving situation.
* Instructs and educates patient’s family.
* Participates in discharge planning.
* Records all care information concisely, accurately and completely. In a timely manner.
* Suctioning: secretions from oral and endotracheal tube.
* Educate family member about protocol in handling or dealing with patient’s present state.
* Maintained safe environment for all patients and staff at all time.
* Closely monitor the patient’s oxygen saturation ensuring that airway is patent.
* Establishes a good working relationship with colleagues and warmth interaction to patients.

1. **EMPLOYER ADDRESS:** Padre Burgos, Baguio City

**POSITION: PRIVATE DUTY NURSE**

**INCLUSIVE DATE:**   December 25, 2011 – November 23, 2012

**EMPLOYER**:    MRS. MARGARITA CECILDA BULAQUENA RILLERA

**DUTIES AND RESPONSIBILITIES:**

* Responsible for the whole care of the patient. Closely monitor for any signs of danger.
* Observes and responds to emotional, physical, mental and spiritual needs of the patient.
* Assessments and vital signs monitoring: heart rate, blood pressure, breath sounds and oxygen saturation via pulse oximeter. Capillary blood glucose level monitoring.
* See cardiac monitor if in good placement.
* Administer prescribed medicines and injections according to the time stated.
* Assist during diagnostic testing, and follow-up.
* Assist and provide self-care needs: morning care needs, oral hygiene, bathing needs, bowel and bladder elimination and daily foot care.
* Diet supervision and preparation: provide low salt, low fat and low simple sugar diet.
* Suction oral secretions. Nebulization as home medications orders by private physician.
* Daily tracheostomy care to prevent infection.
* Participating in range of motion exercises in collaboration with Physical Therapist. Log rolling every 2 hours to prevent bedsores.
* Patient education on how to maintain control of illness and to consistently keep blood sugar level within normal range.
* Documentation: Regular assessment, patient reaction to medication, patient care services, and patient development and progress.

1. **BENGUET GENERAL HOSPITAL**

Km.5 LaTrinidad, Benguet 2601

Philippines

Benguet General Hospital is a tertiary hospital with 200 beds capacity. It is a busy hospital considering it is a public institution which caters inpatient and outpatient services and accepting referrals from nearby clinics and provincial hospitals.

**POSITION:**  **STAFF NURSE**

**INCLUSIVE DATE:** November 16, 2010 – December 30, 2011

**GENERAL JOB SUMMARY:**    Provides professional nursing care for people who are sick, injured or disabled utilizing the nursing process of assessment, planning, intervention, implementation and evaluation under the general supervision. Collaborate with other health care team to ensure effective patient care delivery and achievement of desired patient outcomes..

**DUTIES AND RESPONSIBILITIES:**

* Giving nursing care to acutely ill patient under close observation.
* Vital signs monitoring: observing patient heart rate, blood pressure, breath sounds and oxygen saturation via pulse oximeter for signs of respiratory distress.
* Performs triage, while considering both physical and psychosocial elements
* Manages basic life support needs and stabilizes patients until the attending physician is available, based upon nursing standards and protocol.
* Initiates corrective action whenever information from monitoring equipment shows adverse symptomatology.
* Works directly under physicians, assisting them during exams, diagnostic testing and treatments health care team members to assess, plan, implement and evaluate patient care plans.
* Maintaining adequate airway: providing oxygen therapy via nasal cannula, face mask and venturi mask.
* Implementing plans through tasks such as preparing patients for operations.
* Assisting physician for intubation.
* Inserting intravenous fluid, nasogastric tube and catheter (Straight and indwelling) as ordered.
* Setting up drips and blood transfusions
* Administration of intravenous medications: following the 10 rights of drug administration.
* Feeding patient via nasogastric tube: providing osteorized caloric requirement prescribe by physician with aspiration precaution.
* Conducting electrocardiogram: placing proper placement of limb leads and electrodes, attaching result to patient chart for physician’s evaluation.
* Ensuring life support equipments used by patient such as mechanical ventilators, feeding tubes and catheters are intact and functioning properly.
* Suctioning: secretions from oral and endotracheal tube.
* Cleans and bandages wound.
* Often communicate with family member regarding patient’s development, explaining monitors, tubes and wires that are on patient.
* Making ethical decisions related to consent and confidentiality.
* Documentation: all observations and interactions with patients, as this serves as communication with doctors regarding patient’s condition.
* Scrubbed and Circulates.
* Establishes a good working relationship with colleagues and warmth interaction to patients.

I hereby attest and affirm to the best of my knowledge and belief that the above mentioned information is true and correct.