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|  **CURRICULUM VITAE**

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 **RAISA** **RAISA.23022@2freemail.com****(Registered Nurse under DHA UAE) DHA-P****CAREER OBJECTIVE**Aspiring a challenging career in the Nursing Profession and play an indispensable role in a valued organisation where my skills & abilities are utilised as well as developed further.**PROFESSIONAL MEMBERSHIP*** Holding a valid license as Registered Nurse from Dubai (DHA)
* Holding Registered Nurse license at Kingdom Saudi Arabia.
* Member of Kerala Nurses and Midwives Council Reg. . Nurse –midwife
* Member of Indian Nursing Council
* Member of Trained Nurse Association of India TNAI NO. /LMT.

**PROFESSIONAL EXPERIENCE**

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| Institution | Position Held | Area of Responsibility | Work Period & Duration |
| Baby first Nursery,Dubai,Uae | Registerd Nurse | General Department | 04/September/2016 to Till theDate. |
| Al Falah Medical,Dubai,Uae | Registerd Nurse | General Department | 10/June/2015 to 20/March/2016 |
| Jeevodhaya HospitalThrissur, India | Staff Nurse | Medical Surgical Ward | 1/Aug/2013 to 31/July/2014  |
| Kingdom of Saudi Arabia | Staff Nurse | General Department | 25/July/2011 to 25/July/2013 |
| West Fort HospitalThrissur | Staff Nurse | Intensive Care Unit | 16/Nov./2010 to 31/May/2011  |
| West Fort HospitalThrissur | Staff Nurse | Intensive Care Unit | 02/July/2009 to 01/July/2010 |

**EDUCATIONAL CREDENTIALS**

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| Course | Institute/University | Year of Passing | Percentage |
| Degree in NursingPassed in 2nd Class | West Fort College of NursingCalicut University | 2009 | 66.33% |
| Plus Two | G.H.H.S.S Wadakkanchery | 2004 | 67.33% |
| S.S.L.C | St. Joseph’s High School Pangarapilly | 2002 | 84% |

**PROJECTS AND PAPERS PRESENTED*** Participated in update review in PHC concepts

at Academic Affairs Hall King Fahad Hospital, Al-Baha. Feb. 5th to 7th in 2012* Participated in occupational Health Programme

in King Fahad Hospital on 16/04/2012.* Conducted and co-ordinated a free Medical Camp on Public Health with the aid from KolazhyGramapanchayath and Primary Health Centre, Pamboor, Thrissur in Sep 2008.
* Conducted and co-ordinated a free Medical Camp on Screening of Hypertension with the aid of Urban Health Centre, Paravattani – Mar 2008.
* Conducted a School Health Programme as a part of Community Health Nursing at Poomala G.H.S., Thrissur.
* Participated and co-ordinated in free medical camp on screening of diabetic cleints conducted at Wesfort hi-tech hospital.
* Conducted a research on “A study to assess the awareness of Mother’s regarding primary health care facilities available in community.
* Participated in a symposium on Bird flu at Westfort Academy For Higher education, Thrissur.Conducted a Seminar on Professional Organisations at Westfort College of Nursing, Thrissur.
* Actively participated in the World Health Day Celebrations 2005 at Town Hall, Thrissur.
* Actively participated in the World Mental Health Day Celebrations 2007 conducted at District Mental Health Centre, Thrissur.
* Conducted and co-ordinated Nursing Care Conference on Ethics in Nursing at West Fort Hospital Thrissur.

**CO-CURRICULAR ACTIVITIES*** Active particiaptaion in Student’s Nurse’s Association (S.N.A)
* Active participation in National Pulse Immunization Programme.

STRENGTHS* Achievement oriented with excellent patient management skills and an ability to manage change with ease.
* Proven strengths in leadership & co-ordination.
* Never say Die attitude & Punctuality in time management.

**JOB DESCRIPTION*** Maintaining Good IPR with patients
* Nursing assessment of patients who are very critical for timely care
* Deliver and maintain the highest standard of the patient care at all time
* Take charge of the ward on shift basis arranging, supervising newly appointed staffs.
* Perform and maintain good nursing care for cardiac patients, post surgical patients and evaluate nursing care rendered.
* Nursing care of patients with ventilator who is fully controlled with sedation and relaxant
* Initiate C.P.R immediately if indicated.
* Assist team doctor’s insertion of C.V.P line, arterial line, wound dressing, wound suturing, and lumbar puncture.
* Bone marrow aspiration
* Accompany the doctors and medical staff to take ward rounds and maintain endorsement register about progress of the patients.
* Observe and monitor vital signs, oxygen saturation closely and report immediately to the health team members.
* Performing computer entry of drugs, diet, census, etc.
* Maintain nursing observation chart, document accurately and briefly.
* Perform IV (Intravenous cannulation), IV Fluid therapy, total parental nutrition, blood transfusion, drug administration in aseptic manner.
* Preparation of patient for diagnostic purposes.
* Insertion of follies catheter.
* Assess nutritional needs of the patients and plan diet accordingly.
* Adopting isolation technique for all infected patients in adherence with hospital policy and procedure.
* Provide health education to patient and family regarding drugs, diet and activity.
* Check controlled drugs at each shift in accordance with the hospital
* Maintaining records and reports of patients in safe custody
* Participate in staff training programs, workshops, seminars, conferences etc.

**PERSONAL INFORMATION** Date of Birth : 2nd July 1987 Nationality : Indian Gender : Female Languages Known : Arabic,English, Tamil & Malayalam Martial Status : Married Visa Status : Resident visa **DECLARATION** I hereby declare that the information given in this CV is accurate and fair reflection of my ability.  Place: Dubai Date:  **RAISA**  |