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| **CURRICULUM VITAE**   |  | | --- | |  |   **RAISA**  [**RAISA.23022@2freemail.com**](mailto:RAISA.23022@2freemail.com)  **(Registered Nurse under DHA UAE) DHA-P**  **CAREER OBJECTIVE**  Aspiring a challenging career in the Nursing Profession and play an indispensable role in a valued organisation where my skills & abilities are utilised as well as developed further.  **PROFESSIONAL MEMBERSHIP**   * Holding a valid license as Registered Nurse from Dubai (DHA) * Holding Registered Nurse license at Kingdom Saudi Arabia. * Member of Kerala Nurses and Midwives Council Reg. . Nurse –midwife * Member of Indian Nursing Council * Member of Trained Nurse Association of India TNAI NO. /LMT.   **PROFESSIONAL EXPERIENCE**   |  |  |  |  | | --- | --- | --- | --- | | Institution | Position Held | Area of Responsibility | Work Period & Duration | | Baby first Nursery,Dubai,Uae | Registerd Nurse | General Department | 04/September/2016 to Till the  Date. | | Al Falah Medical,Dubai,Uae | Registerd Nurse | General Department | 10/June/2015 to 20/March/2016 | | Jeevodhaya Hospital  Thrissur, India | Staff Nurse | Medical Surgical Ward | 1/Aug/2013 to 31/July/2014 | | Kingdom of Saudi Arabia | Staff Nurse | General Department | 25/July/2011 to 25/July/2013 | | West Fort Hospital  Thrissur | Staff Nurse | Intensive Care Unit | 16/Nov./2010 to 31/May/2011 | | West Fort Hospital  Thrissur | Staff Nurse | Intensive Care Unit | 02/July/2009 to 01/July/2010 |   **EDUCATIONAL CREDENTIALS**   |  |  |  |  | | --- | --- | --- | --- | | Course | Institute/University | Year of Passing | Percentage | | Degree in Nursing  Passed in 2nd Class | West Fort College of Nursing  Calicut University | 2009 | 66.33% | | Plus Two | G.H.H.S.S Wadakkanchery | 2004 | 67.33% | | S.S.L.C | St. Joseph’s High School  Pangarapilly | 2002 | 84% |   **PROJECTS AND PAPERS PRESENTED**   * Participated in update review in PHC concepts   at Academic Affairs Hall King Fahad Hospital, Al-Baha. Feb. 5th to 7th in 2012   * Participated in occupational Health Programme   in King Fahad Hospital on 16/04/2012.   * Conducted and co-ordinated a free Medical Camp on Public Health with the aid from KolazhyGramapanchayath and Primary Health Centre, Pamboor, Thrissur in Sep 2008. * Conducted and co-ordinated a free Medical Camp on Screening of Hypertension with the aid of Urban Health Centre, Paravattani – Mar 2008. * Conducted a School Health Programme as a part of Community Health Nursing at Poomala G.H.S., Thrissur. * Participated and co-ordinated in free medical camp on screening of diabetic cleints conducted at Wesfort hi-tech hospital. * Conducted a research on “A study to assess the awareness of Mother’s regarding primary health care facilities available in community. * Participated in a symposium on Bird flu at Westfort Academy For Higher education, Thrissur.Conducted a Seminar on Professional Organisations at Westfort College of Nursing, Thrissur. * Actively participated in the World Health Day Celebrations 2005 at Town Hall, Thrissur. * Actively participated in the World Mental Health Day Celebrations 2007 conducted at District Mental Health Centre, Thrissur. * Conducted and co-ordinated Nursing Care Conference on Ethics in Nursing at West Fort Hospital Thrissur.   **CO-CURRICULAR ACTIVITIES**   * Active particiaptaion in Student’s Nurse’s Association (S.N.A) * Active participation in National Pulse Immunization Programme.   STRENGTHS   * Achievement oriented with excellent patient management skills and an ability to manage change with ease. * Proven strengths in leadership & co-ordination. * Never say Die attitude & Punctuality in time management.   **JOB DESCRIPTION**   * Maintaining Good IPR with patients * Nursing assessment of patients who are very critical for timely care * Deliver and maintain the highest standard of the patient care at all time * Take charge of the ward on shift basis arranging, supervising newly appointed staffs. * Perform and maintain good nursing care for cardiac patients, post surgical patients and evaluate nursing care rendered. * Nursing care of patients with ventilator who is fully controlled with sedation and relaxant * Initiate C.P.R immediately if indicated. * Assist team doctor’s insertion of C.V.P line, arterial line, wound dressing, wound suturing, and lumbar puncture. * Bone marrow aspiration * Accompany the doctors and medical staff to take ward rounds and maintain endorsement register about progress of the patients. * Observe and monitor vital signs, oxygen saturation closely and report immediately to the health team members. * Performing computer entry of drugs, diet, census, etc. * Maintain nursing observation chart, document accurately and briefly. * Perform IV (Intravenous cannulation), IV Fluid therapy, total parental nutrition, blood transfusion, drug administration in aseptic manner. * Preparation of patient for diagnostic purposes. * Insertion of follies catheter. * Assess nutritional needs of the patients and plan diet accordingly. * Adopting isolation technique for all infected patients in adherence with hospital policy and procedure. * Provide health education to patient and family regarding drugs, diet and activity. * Check controlled drugs at each shift in accordance with the hospital * Maintaining records and reports of patients in safe custody * Participate in staff training programs, workshops, seminars, conferences etc.   **PERSONAL INFORMATION**  Date of Birth : 2nd July 1987  Nationality : Indian  Gender : Female  Languages Known : Arabic,English, Tamil & Malayalam  Martial Status : Married  Visa Status : Resident visa    **DECLARATION**  I hereby declare that the information given in this CV is accurate and fair reflection of my ability.    Place: Dubai  Date:  **RAISA** |