230514@gulfjobseekers.com

**OBJECTIVE**

To work effectively and efficiently so as to achieve a responsible position in a dynamic organization that would enable me to utilize all my capabilities and skills.

**PERSONAL STRENGTHS**

* Hardworking, dedicated and self-disciplined.
* Sincere, loyal and result oriented.
* Can work under pressure with time bound performance.

**EDUCATION**

|  |  |  |
| --- | --- | --- |
| BS-Psychology | Institute of Professional Psychology | 2014 |
|  | Bahria University |  |
|  | Major: Organizational Psychology |  |
| Intermediate | St. Joseph’s College for Women | 2010 |
| Matriculation | St. Patrick’s Girls High School | 2008 |
| **THESES** |  |  |
| **Effect of Primary Colors on State Anxiety** | **2015** |
| **Supervised by: Dr. Tahira Yousuf & Ma’am Shabnum Arshi** |  |

* Examined the effect of primary colors on State Anxiety in an experimental setting
* Hypothesized that red primary color would be more anxiety provoking
* Conducted experiment in four groups; Red, Green, Blue and White
* Used pre-test and post-test conditions
* Effects were noted by using paper pencil questionnaire
* Results were analyzed by Statistical Package for Social Sciences

|  |  |
| --- | --- |
| **Applied Behavior Analysis in Educational Setting** | **2014** |
| **Supervised by: Dr. Tahira Yousuf** |  |

* Observed child’s behavior in a special educational setting
* Identified disruptive behavior
* Provided individual therapy procedures
* Used reinforcement system to increase the desired behavior
* Conducted meeting with child’s teacher and parents
* Conducted follow-ups to note the effectivity of the procedure used

**TERM REPORTS/ PROJECTS**

Training- Learning to develop Photographic Memory

Divorcing Traditional Creativity- Creativity Styles of Professional Employees in Pakistan Marketing Report on Young Leadership Conference

Management Analysis on Ufone GSM Attire and Stereotyping

Highly Abused Drug in Pakistan

**WORK EXPERIENCE**

**Etrendz, Pakistan.** **July 2014 – Dec 2014**

**Internee HR**

* Created Job Descriptions
* Posted job on different Wed Sites
* Arranged and scheduled Interviews
* Oriented new employees
* Prepared Payroll for each month
* Completed Necessary Documentation
* Prepared Attendance Record

**Karwan-e-Hayat, Pakistan.** **Sept 2013 – Jan 2014**

**Internee Psychologist**

* Assessed and developed case plans for Patients
* Conducted In-take Interviews
* Prepared patient plans
* Handled ongoing case management
* Conducted psychological testing
* Conducted workshop on Self-Control for the Patients.

**\*References available on request**