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# Curriculum Vitae

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**1. LICENSE DETAILS**

1. **DHA License**

Passed **DHA** License examination

**B.Tamil Nadu Nursing Council**

|  |  |
| --- | --- |
| Professional status | Registered Nurse and Midwife |

**2. EDUCATION/QUALIFICATIONS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| ***QUALIFICATION*** | ***BOARD/UNIVERSITY*** | ***NAME OF***  ***INSTITUTION*** | ***YEAR OF***  ***PASSING*** | **PERCENTAGE** |
| SSLC | STATE BOARD | HOLY FAMILY HR.SEC. SCHOOL . MUKKUTTUKAL | 2002 | 85 % |
| HSC | STATE BOARD | HOLY FAMILY HR.SEC. SCHOOL . MUKKUTTUKAL | 2004 | 84 % |
| B.Sc NURSING | TAMIL NADU DR.MGR MEDICAL UNIVERSITY. | MIOT COLLEGE OF NURSING, CHENNAI. | 2010 | 72 % |

**3.CLINICAL TRAINING:**

Fundamental of nursing : Miot hospitals, chennai

Medical and surgical nursing : Miot hospitals, chennai.

Mental health nursing : Institute of mental health, kilpauk

Child health nursing : Child trust hospital, nungambakkam.

Community health nursing : Rural- mugalivakkam ,madhandapuram

urban -nanganallur.

Midwifery & obstetrical nursing :Primary health centre kundrathur.

**4.SPECIALISED COURSES ATTENDED:**

* Basic First aid course from St .John ambulance, Chennai; Aug.2010
* Intravenous therapy from **TACT Acadamy** for clinical training Chennai Aug 2012

5. **EMPLOYMENT SUMMARY**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **SL No** | **Full time/part time** | **Period** | | **Name of the Hospital and address** | **Position** | **Area of experience** |
| **From** | **To** |
| 1 | Full time | **Septe2014** | **Feb/2015** | **Holy Cross Hospital** | Staff Nurse | ICU |
| 2 | Full time | Feb 2012 | May2014 | SRM Medical College and Research Centre Kattangulathur, Chennai India | Staff Nurse | Surgical ICU |
| 3 | Full time | OCT2010 | NOV2011 | MIOT Hospital, Manapakkam,Chennai, India | Staff Nurse | Surgical ICU |

**6.DETAILS OF PROFESSIONAL EXPERIENCE**

**A.RECENT EMPLOYER:**

***Holy Cross Hospital***

***Duration -Sept 2014 to Feb2015***

***Department/Job title-Gastro ICU/Staff Nurse***

This hospital is a multispeciality hospital with 150 beds.

As a critical care nurse I am responsible for taking care of patients with Spleenectomy, Thyroidectomy, Billroth 1 and 2 Antero gastro jejunostomy,Whipple procedure ,Parotidectomy,Iliostomy,Colostomy,Lap cholecystectomy,Hernioplasty,Mesh plasty ,GI bleeding,Pancreatitis,etc

**B.IMMEDIATE PREVIOUS EMPLOYER**

***SRM medical college hospital and research centre***.

***Duration -Feb 2012 to May 2014***

***Department/job title -Surgical ICU/Staff Nurse***

This hospital is a multispeciality hospital with 1090 beds. As a critical care nurse I handled all post operative patients such as

appendectomy, Spleenectomy, Thyroidectomy, Billroth 1 and 2 Antero gastro jejunostomy,Whipple procedure ,Parotidectomy,Iliostomy,Colostomy,Lap cholecystectomy,Hernioplasty,Mesh plasty,trunkal vagotomy,TURP,PCNL.Ureteric transplantation,Nephrectomy,SSG,THR,Spinal instrumentation, ORIF,BKA,AKA,Hemi arthroplasty,Bone grafting,Gastrectomy.

**ROLES AND RESPONSIBILITIES CARRIED OUT:**

* Dynamic & continuous monitor ing and close assessment of critically ill surgical patients
* Co-ordinating patient care with various departments and health care personnel
* Maintains a safe , comfortable and therapeutic environment for patients and families in accordance with hospital standards.
* Identifies and address Psychosocial, cultural, ethnic, spiritual needs of patients and families
* Assessment and early identification of different types of wounds.
* function as liaisons between administration, patient , physician and other health care providers
* Provide nursing care through the use of nursing process for assigned patient
* Observing change in patient’s condition, recording, reporting to the concerned authority and taking necessary action
* Early identification and prevention of complication
* Maintaining all infection control measures
* Ensure provision of a high standard of quality service to all patients.
* Keep up to date of new developments and treatment modalities of the unit

**SKILLS PERFORMED**

* Immediate post operative assessment
* Ventilator support care
* Managing the patients with surgical wounds.
* Assessing and staging the pressure ulcers.
* Applying dressings for all types of wounds.
* Educating the patient and family regarding wound care management.
* Administration of medication
* Monitoring of fluid and electrolytes imbalance
* Barrier nursing care of client with HIV, MRSA, HbsAg
* Naso Gastric tube insertion
* Urinary catheterization
* Gastrostomy , Jejunostomy and NG tube feeding
* Trecheostomy ,colostomy ,intercostals drainage care
* ABG interpretation
* Monitoring ECG and Identification of arrhythmias
* Bladder irrigation
* Performing active and passive exercise ,chest physiotherapy and postural drainage
* Blood and Blood products administration

**PROCEDURES ASSISTED:**

Intubation

* + Central venous catheterization
  + Dressing of major and minor surgeries
  + Supra pubic catheterization
  + Diagnostic and therapeutic procedures like Biopsy ,I &D, Lumbar puncture, ICD insertion and removal

**EQUIPMENTS HANDLED**

* + Cardiac monitor,
  + Mechanical ventilator, Pulse oxymeter ECG machine,
  + Syringe pump, infusion pumb, Suction apparatus
  + Defibrillator
  + Glucometer, Laryngoscope,CVP scale
  + Warmer, PCA pumb
  + AMBU bag
  + Nebulizer

**C.PREVIUOS EMPLOYER:-**

***MIOT hospitals manapakkam chennai.***

***Duration*** -***1st oct. 2010 to 4th nov.2011***

***department/job title- Surgical icu/staff***

This hospital is 650 bedded multi speciality hospital. As a critical care nurse I handled all post operative patients with total knee replacement ,total hip replacement ,hernioplasty ,whipplesprocedure,hernioplasty,renaltransplantation,TURP,nephrectomy,ORIF,

shoulder arthroplasty,IM, IL nailing.TAH BSO,FESS,craniotomy,microdiscectomy,tonsilectomy

**ROLES AND RESPONSIBILITIES:**

* Dynamic & continuous monitoring and complete close assessment of critically ill patients.
* provide direct and individualized nursing care to patients based on the

Scientific nursing principles

* Consults and coordinates with health care team members to assess, plan,

implement and evaluate patient care plans

* Initiates patient education plan, as prescribed by physician. Teaches patients and significant others how to manage their illness/injury, by explaining: post-treatment home care needs, diet/nutrition/exercise programs, self-administration of medication and rehabilitation
* Responds to life-saving situations based upon nursing standards and protocol
* Records all care information concisely, accurately and completely, in a timely manner, in the appropriate format and on the appropriate forms.
* Monitors catheters, leads and tubing for proper placement and functioning

and initiates corrective actions whenever needed .

* Interprets and records electronic displays, such as central venous pressures, cardiac rhythms from cardiac monitors.

**7.DECLARATION** :

I solemnly declare that the above statement is entrusted and true to the best of my knowledge and belief.

Thank you,