**CURRICULUM VITAE**

**CAREER OBJECTIVE**

Seeking of challenging position in a busy institution / hospital where my extensive medical profession and practical experience will be fully utilized.

**EDUCTIONAL QUALIFICATION**

* B.S.C Nursing From Pondicherry University-TamilNadu in 2012
* B.S.C Botany From Kerala University-Kerala in 2008

**BASIC QUALIFICATION**

* Higher Secondary (Biology Science) From Kerala State Board in 2005
* Secondary School Leaving Certificate From Kerala State Board in 2003

**ADDITIONAL QUALIFICATION**

* Attended in International level conference on **“INFECTION CONTROL AND RATIONAL ANTIMICROBIAL THERAPY- 2010”** held in Mahatma Gandhi Medical College & Research Institute, Pondicherry.
* Attended in National level conference on **“AMALGAMATION OF NURSING EDUCATION & PRACTICE”** held in Kasturba Gandhi Nursing College, MGMC&RI, Pondicherry.
* Attended in National level conference on **“NURSING LEADERSHIP – THE CORNERSTONE FOR QUALITY NURSING CARE”** held in Kasturba Gandhi Nursing College, MGMC&RI, Pondicherry.
* Attended in National seminar on **“BIOFUELS** **– ITS IMPORTANCE IN THE** **PRESENT SCENARIO,2007”** held in Sree Narayana College For Women,Kollam.
* Attended in Regional level Workshop on **“TRANSFORMING CLINICAL INSTRUCTIONS”** held in Kasturba Gandhi Nursing College, MGMC&RI, Pondicherry.
* Attended in Regional level Workshop on “**SUPERVISORY SKILLS IN NURSING – REAPS EXCELLENCE”** held in Kasturba Gandhi Nursing College, MGMC&RI, Pondicherry.
* Attended a Seminar on **“WOMEN EXPLOITATION”** held in Tagore Arts College, Pondicherry

**COMPUTER SKILLS**

* Basic Knowledge & M.S Office

**FAMILAR WITH**

* Pediatric Nursing.
* Psychiatric Nursing.
* Community Health Nursing.
* Medical Surgical Nursing.
* Midwifery and Obstetrical Nursing.

**AREA OF INTEREST**

* Assistant Lecturer.
* Clinical Instructor.
* Staff Nurse.
* Public Health Nurse.

**PROFESSIONAL EXPERIENCE**

* Worked as a **STAFF NURSE** in **AZEEZIA MEDICAL COLLEGE HOSPITAL**, Kollam, Kerala from October 14th 2013 to October 25th 2015
* Worked as a **TRAINEE NURSE** in **MAHATMA GANDHI MEDICAL COLLEGE &** **RESEARCH INSTITUTE** Pondicherry from June 7th 2012 to Aug 28th 2013.
* Trained as a **PUBLIC HEALTH NURSE IN PHC** (Kirumampakkam & Kudieruppupalayam), UHC (Seliamedu, Ariyankuppam) Pondicherry.
* Trained as a **PSYCHIATRIC NURSE** in **FRATERNAL LIFE SERVICE HOME**, kurumampet, Pondicherry.
* Trained as a **STUDENT NURSE** in **MATERNITY HOSPITAL** Pondicherry.
* Trained as a **STUDENT NURSE** in **MAHATMA GANDHI MEDICAL COLLEGE AND RESEARCH INSTITUTE** Pondicherry.

**PROJECT WORK DONE**

* A comparitive study to assess the prevalence of diabetes mellitus with associated illness in selected rural and urban areas of Pondicherry.

**ACHIEVEMENT**

* Participated in Mime during the celebration of “BREAST FEEDINDG WEEK” for the year 2011.
* Participated in Poster competiton of “EYE DONATION” – ILLUMINATE LIVES”2010 held on Mahathma Gandhi Medical College And Research Institute, Pondicherry.
* NATIONAL SERVICE SCHEME - B Grade.

**EQUIPMENTS USED**

* Thermometer
* Sphygmomanometer, Cardiac Monitor
* Nebulizer, Suction Apparatus
* Glucometer
* Defibrillator, ECG Machine
* Infusion Pump, Centralized O2 & Suction
* Ambu Bag, Laryngoscope

**PROCEDURES DONE & ASSISTED**

* Blood Transfusion
* Urinary Catheterization
* N.G. Tube feeding, Stomach Wash
* Endotracheal Intubation, Bowel Wash
* Tracheostomy Care & Suction
* Endotracheal Suction
* CVP, Bladder Irrigation

**NURSING SKILLS & PROCEDURES**

* Mouth care, Nebulization, Steam inhalation, Enema, Catheterization
* Drawing of blood samples for investigation
* Pain management and wound management
* Death Care, Skin care
* Admission, Transfer and Discharge of Patients
* Checking and Monitoring Vitals
* IV line insertion, Collection and observation of specimens
* Medicine Administration (IM, IV, Dermal, Subcutaneous, Oral, Inhalationetc)
* Collection of Blood for ABG studies
* Assisting in E.T Instubation, Assisting in Cardiac Monitoring
* Assisting in Defibrillation
* Pre- Operative Preparation
* Surgical Dressing, removal of Sutures, Stapler removal
* Catheterization & Catheter Care
* Ryles Tube insertion, N.G. Tube feeding
* Stomach Wash, Bed making and Bed side Care
* Providing proper and comfort devices to patients
* Maintaining input and output chart, Blood transfusion

**EXTRA CURRICULAR ACTIVITY**

* Participated & won 1st place in group song competition.
* Participated & won 1st place in thiruvathira competition.
* Participated & won 3rd place in group dance competition.
* Fabric painting.

**PERSONEL PROFILE**

* Date of Birth : 11.8.1987
* Gender : Female
* Marital Status : Married
* Nationality : India
* Language Known : English, Malayalam, Tamil, Hindi.
* Personal abilities : I am interested in an organizing, administrating and to work in

Groups.

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