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**STAFF NURSE**

**CAREER OBJECTIVE**

Looking for a challenging environment that encourages continues learning and creative provides exposure to new ideas that stimulates personal and professional growth. I feel that my command over communication and knowledge are my strengths. It believes in aligning my individual goals with that of the company’s objectives.

**PROFESSIONAL EXPERIENCE**

* **Staff Nurse**

National Hospital, Abu Dhabi  
 in general ward & General Clinic

Continuing from 16.03.2015

* **Staff Nurse**

Al Musalla Medical Centre, Dubai in Obstetrics & Gynecology Department

From 03.07.2014 to 15.03.2015

* **Staff Nurse**

Lisie Hospital, Ernakulam in Obstetrics & Gynecology

From 01.06.2011 to 30.12.2012

* **Staff Nurse**

Mercy Hospital, Valakom, Kottarakkara in Obstetrics & Gynecology

From 01.01.2013 to 02.09.2013

**PERSONAL ATTRIBUTES**

* Ability to function independently in diverse assignments
* Efficient in providing holistic care the assigned client by using nursing process.
* Awareness of the need for recording and reporting.
* Coordinating and control of activities within the client care team.
* Knowledge in advanced nursing care.
* Excellent communication skill
* Computer literature.
* All nursing care in obstetrics and Gynecology ward including all aspects of care for patients with all types of obstetrics emergencies like Elampsia, APH, PPH, GDM, Oligohydraminos, Polyhydraminors, Placental abruption, uterine fibroid, cord prolapsed etc.

**Personal Details**

Date of Birth : 22.04.1988

Sex : Female

Marital Status : Married

**Linguistics ability**

English, Malayalam

**Qualification Highlights**

* + HAAD RN License (No. Gn22476)
  + Dubai Health Authority Licensing Exam Passed
  + B.Sc nursing -M G University (2010)
  + HSC- Kerala State Board (2006)
  + SSLC - Kerala State Board (2004)

**Professional Qualification**

B.Sc Nursing

Degree Examination

Class : First

Lisie College of Nursing

Ernakulam

MG University

**REGISTRATION DETAILS**

* **Kerala Nurses and Midwives Council**
* **TNAI (Life Membership)-**

**EMPLOYMENT HISTORY**

* **National Hospital, Abu Dhabi in General Ward & General Clinic**
* **Al Musalla Medical Centre, Dubai in Obstetrics & Gynecology**
* **Lisie Hospital**

Staff Nurse in Obstetrics & Gynecology Department

01.06.2011 to 30.12.2012

Lisie Hospital is a thousand bedded multi-super specialty certified safe hospital with all major departments like general medicine, general surgery, pediatrics and neonatology, ENT, Orthopaedics, Ophthalmology, Obstetrics and Gynecology, dermatology, Psychiatry and dental etc. and super specialties like Uro-surgery, Neuro-surgery, nephrology and toxicology, cardiology and cardiothoracic surgery.

* **Mercy Hospital**

01.01.2013 to 02.09.2013

Mercy Hospital is a charitable Mission Hospital with 305 inpatient beds and most of specialties including Cardiology, Gastroenterology, Urology, Plastic Surgery and Laparoscopic Surgery as Super specialties.

**MY PHILOSOPHY TOWARDS SERVICE**

I consider myself as an extravert. My Patients is the best teacher have ever had off to job invest a good amount of time in educating myself through books. A hard working and professional oriented nurse believes strongly in medical ethics and practicing as divine job.

**TYPES OF PATIENTS IN OBSTETRICS AND GYNAECOLOGY DEPARTMENT**

**Obstetrics Gynecology**

LSCS Abdominal Hysterectomy

PIH LAVH

Eclampsia Hysteroscopy, Hysterolaproscopy

Abortion Laparoscopic cystectomy

Forceps delivery Vaginal Hysterectomy

Placenta Previa, Placental abruption PPH Pelvic Inflammatory disease

Oligohydraminors, Polyhydraminos UTI

GDM Evacuation of retained Products (ERPC)

Cervical encirclage Bartholin’s cyst & conception

Preterm Labour Pain

Decrease fetal movement

**GENERAL DUTIES AND RESPONSIBILIES**

* Drug administration
* Record of intake output chart oral meditation (IV, IM, SC) injection, oxygen therapy
* Rendering direct nursing care
* Assessing Physical & psychological need of the patient
* Preparation of the unit
* Assisting doctor’s rounds
* Maintain the ward equipment in good condition
* Avoid wasteful working practices
* Implements department policy and procedure
* Ensure that all documentation is properly accomplished
* Submit any ideas for the improvements of service
* Prepare the patient for discharge & home care

**DUTIES AND RESPONSIBILIES**

* Observe and monitor closely the patient and report undue development to the physician as needed.
* Job responsibility towards the patient
* Maintain personal hygiene
* Proper monitoring of vital signs
* Observe level of consciousness
* Doing procedure like IV cannulization, NGT insertion, Urinary catheterization (Female)
* NGT feeding
* Health education to mother
* Proper strerilization of article
* Maintain medical records
* Infection control
* Maintain intake and output chart
* Proper administration of medicine
* Nursing care in Gynaec and Obstetric
* Check the vital –signs
* Admission & discharge of patient
* Administration of meditation 8a IV infusion etc
* IV canalization and Transfusion procedure like blood, Plasma & Platelet etc
* Preparing the patient for surgeries like caesarean, Hystectomy, D & C etc.
* Emergency management of patient with APH, PPH, cord prolapsed, Placenta previa etc.
* Major and minor dressing, removal of suture
* Give health education to the mother about postnatal period, baby care, breast feeding etc.
* Major and minor dressing, removal of suture
* Give health education to the mother about postnatal period, baby care, breast feeding etc.
* Reassuring the patients and boosting up or morale thus enhancement of recovery and awareness to patients and relative on discharge.
* Maintain records & records
* Teaching and administration of junior staff members and students.
* Impact health education to the patient and relatives.
* Maintain good IPR with patients, relatives, co-workers & superior
* Proper assessment of their improvement evaluation of given care.

**EQUIPMENTS FAMILIAR WITH**

* Cardio Tocography Machine (CTG)
* Fetoscope
* Pulse Oxymeter
* Oxygen Cylinder
* Nebulizer
* Suction Apparatus
* Sterilizer
* Glucometer
* IV Infusion Pump
* BP Apparatus
* Thermometer
* Fumigating Machine
* ECG Machine
* Doppler
* Catheterization Set
* Enema tubing
* Spirometer
* Phototheraphy Machine