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**OBJECTIVE:**

I am an experienced and fully qualified registered nurse who is efficient, thorough and passionate about delivering the best levels of care to patients. I possesses extensive healthcare experience in a wide range of key nursing fields and has the required physical, mental and emotional strength to stand up to the rigors of this demanding profession. I am able to work autonomously and have vast knowledge of using the latest state of the art medical equipment to treat, observe and record the condition of patients. As a driven individual who wants to progress I am now looking for a suitable nursing position with a reputable, exciting and modern healthcare provider.

**ACADEMIC PROFILE:**

Under Graduation:

College : Al-Kareem College of Nursing, Gulbarga,

Course : B. Sc Nursing

University : Rajiv Gandhi University of Health Sciences,

Year : 2007-2012

Percentage : 71%

**DHA passed on July 2015.**

**DHA - Ref No. : DHA/LS/1342015/475914.**

SCHOOLING:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Qualification** | **Institution** | **Board/University** | **Year** | **% of****Marks** |
| SSLC | M.G.M.H.S, Pampady, Kottayam | Board of Public Examination of Kerala | March 2004 | 78% |
| Plus Two | St.Mary’s H.S.S,Manarcad, Kottayam | Board of Higher Secondary Examination | March2006 | 73% |

**CLINICAL EXPERIENCE**

* HIGHRANGE HOSPITAL, PARATHODU, KANJIRAPALLY, KOTTAYAM, KERALA in Casualty Department from 10th May 2012 to 20th March 2013.
* GOVT.MEDICAL COLLEGE HOSPITAL, GANDHINAGAR, KOTTAYAM in Trauma Care Unit with Neurosurgery and Orthopaedics from 01-04-2013 to 19-06-2014.
* GOVT.TALUK HOSPITAL, PAMPADY, KOTTAYAM in Casualty Department from 20-06-2014 to 31-12-2014.
* Since 18th March 2015 at Emergency Department in ST.JUDE’S HOSPITAL, AYARKUNNAM, KOTTAYAM.

**HOSPITAL PROFILE**

* High Range Hospital Parathodu is a private specialty hospital with capacity of 200 beds consisting of all major departments including 24 hours Accident & Emergency services, a well equipped Casualty, ICU’s, Medical Ward, Surgical Ward, Gynaec Ward, Paediatric Ward and an Operation Theatre.
* Govt.Medical College Hospital, Kottayam is a Govt. hospital with a capacity of 1110 beds. It is a multi-specialty hospital with modern technologies and having all departments with sufficient equipments and ICU’s. It admits patients under General Medicine, Paediatric, Neurosurgery, General Surgery, Orthopaedics, Neonatal, Gyenacology and all ICU’s.
* Govt. Taluk Hospital Pampady is a Govt. hospital with a capacity of nearly 200 beds with a well equipped Casualty, Medical and Surgical Wards and an ICU Operation Theatre.
* St. Jude’s Hospital is a private hospital with capacity of 50 beds consisting of 24 hours Casualty, Medical Ward, Orthopaedics Department and Paediatric Department.

**INSERVICE EDUCATION TRAINING ATTENDED IN HOSPITALS DURING CLINICAL TIME.**

* Priniples of Anaesthesia for Nurses.
* Medical & Surgical management of Emergencies.
* Biomedical waste management and disposal.
* Introduction to Computer.
* Clinical Psychology.

**PROFESSIONAL AFFILIATION**

* Karnataka Nursing Council
* Kerala Nurses& Midwives Council

**EQUIPMENTS HANDLED**

* Ventilator.
* Cardiac Monitor
* Syringe Pump
* Infusion Pump
* Pulse Oxy meter
* ECG Machine
* Glucometer
* Laryngoscope
* AMBU Bag
* Sphygmomanometer
* Nebulizer
* Chest Tube & Seal Drainage System
* Suction Apparatus.

**PROCEDURE PERFORMED**

* Sponge Bath
* Bed making
* Vital Signs
* Monitoring Intake & Output
* Care of Patients in Ventilator
* Blood Transfusion
* Administration of Medication & Injections
* IV Line Insertion
* Insertion of NG Tube
* Gastric Lavage
* Suctioning-Oral & Endotracheal
* AMBU Bagging & CPR
* Tracheostomy Care
* Death Care
* Recording & Reporting
* Total Parenteral Nutrition
* Wound Irrigation & Dressing
* Assisting for Pleural Tapping
* Assisting for Intubation
* Assisting for Central line
* Extubation
* Arterial Blood Gases
* Assisting for Tracheostomy
* Setting Emergency Tray
* Monitoring CVP.

**DUTIES AND RESPONSIBILITIES**

* Comprehensive Nursing Care
* Care of all assigned patients
* Monitoring Glassgow Coma Scale
* Position change for both Neuro & Ortho patients
* Care of Bed Sore
* Administration of Drugs
* Sending Blood Sample for Investigations
* Pin-Tract Care for Ortho patients
* Nebulization
* Pre & Post Operative Care
* Ventilator management
* Aseptic Dressing for Patients
* Health Education.

**STRENGTHS:**

* Good Communication Skills
* Adoptive to working Environment
* Highly Enthusiastic
* Positive Thinking
* Hard Working.
* Apart from Profession a Singer.

**PERSONAL PROFILE:**

Date of Birth : 11/05/1988

Marital Status : Married

Religion & Caste : Hindu, Nair.

Languages Known : English, Malayalam and Hindi.

Hobbies : Singing, Reading Medical Journals, Meditation and State Level Winner in Music.