**REGISTERED NURSE**

**FIRDOUS**

**:: P R O F I L E::**

**Registered nurse with over four years of experience,** seeking a full time career experience in the field of Health Care particularly in the profession of Nursing concentrating in early critical and acute care or in the emergency department. Works well independently and in a group as a team player. Creative and keeps himself informed with the latest advancement in health care primarily in the nursing field. Has proficient computer knowledge, excellent communication skills, and can handle multi-tasking responsibilities.

**:: N U R S I N G L I C E N S E S O B T A I N E D::**

* **DUBAI HEALTH AUTHORITY Licensed Registered Nurse**
* **Kerala nurses and midwives council – India – Licensed Registered Nurse**

**:: O T H E R A C T I V I T I E S ::**



[**FIRDOUS.264496@2freemail.com**](mailto:FIRDOUS.264496@2freemail.com)

**:: T E C H N I C A L S K I L L S ::**

* **ER EXPERIENCE, AMBULANCE EXPERIENCE, SKILLED TRAUMA CARE NURSE, TRIAGE NURSE, TRAINED IN IN-AND OUT PATIENT CARE**
* Have excellent written and oral communication skills and using English Hindi, Malayalam Fluently.
* Has basic computer knowledge using Microsoft and Mac OSX with knowledge of MS Word, Excel, PowerPoint, Publisher
* Has basic knowledge of computer troubleshooting and other regular programs used in Windows.
* Has knowledge on hospital and medical systems (i.e. hospital information systems etc).

* **General Medical Center Group –**

**Jebel Ali International Hotels First Aid Station**

**Bab AL Shams Desert Resort**

Dubai, United Arab Emirates

Staff Nurse / Paramedic – February 2, 2014 - Present

* Provide fast and quality pre-hospital care to hotel guests and staff using the Nursing Process.
* Provide fast and quality emergency first aid to patients both guests and staff of various medical and surgical conditions.
* Apply First Aid to various cardiovascular conditions utilizing skill in Basic and Advanced Life Support.
* Assist the doctor on duty in the treatment of patients in the First Aid Station.
* Carry out the orders of the doctor for the collaborative treatment of the patient utilizing basic and advanced nursing skills.
* Assist in pre-hospital care and ambulance conduction of patients if the need arises.
* Assist in the long-term care of hotel staff for chronic illnesses (e.g. DM, HTN, etc.).
* Provide health education for both hotel guests and staff for their current medical condition.

**:: W O R K E X P E R I E N C E::**

* **Sterling Hospital Bhavnagar, Gujarat**

Staff Nurse in Emergency and Ambulance Department – October 2010 to October, 2012

Joined as a staff nurse, Promoted to senior level after 1 year

* Triage patients according to the level of emergency care needed to be provided.
* Provide fast, quality nursing care to patients with immediate health concerns.
* Cater to patients with Medical, Trauma, Surgical, Obstetric and Gynecological needs who need immediate care.
* Assist in providing resuscitation to patients compromised with the ABC’s of life with BLS and ACLS Algorithms.
* Carry out physician’s orders to patients admitted at the Emergency Department.
* Admit patient to the institution for continuity and long-term care.
* Assist in ambulance conduction to and from the hospital.
* Provide pre-hospital care to patients during ambulance conduction.
* Provide health education to patients during their stay at the Emergency Department.
* **General Medical Center Group – Jumeirah International Hotels, LLC**

Dubai, United Arab Emirates

Hotel Staff Nurse – May 10, 2011 – Present

* Provide fast and quality preliminary care to hotel guests and staff using the Nursing Process.
* Provide fast and quality emergency care to patients both guests and staff of various medical and surgical c
* **Wockhardt Hospital Bhavnagar, Gujarat**

Staff Nurse in Emergency and Ambulance Department – December 2009 to September, 2010

**:: E D U C A T I O N ::**

Bachelor of Science: Nursing 2009, 70%

Rani Durgawati University Jabalpur, Madhya Pradesh, India

**:: C O M M U N I T Y S E R V I C E S ::**

Worked as a community volunteer nurse in palliative care society Pookkottumpadam, Kerala, India from December 2013 to May 2014

* **NURSE OF THE MONTH-May 2010,** Wockhardt hospital Bhavnagar.
* **NURSE OF THE February 2011,** Sterling hospital Bhavnagar
* **Honored for best work** by CEO of Sterling Hospital- Bhavnagar.

**:: CAREER ACIHEVEMENTS::**

**:: S E M I N A R S A T T E N D E D::**

* **“Basic Life Support”**

September, 2014, Emergency Care Training Center, Business Bay, Dubai, UAE

* “**Basic Life Support**”

February, 2011, Sterling Hospital Bhavnagar, India

* “**Advanced Cardiac Lifesaving**”

February 2011, Sterling Hospital Bhavnagar, India

* “**Safe Injection Workshop**’’

June 19 2012, by **BD,** Sterling Hospital Bhavnagar, India

* “**Workshop on Infection Control**”

August 2012, by **BD,** Sterling Hospital Bhavnagar, India

* “**Train the Trainer- Leader ship programme’’**

July 8 2011, Sterling Add life India ltd.

* “**Psychiatric nurses orientation programme**”

1 August 2007 to 29 August 2007, Ranchi Institute of Neuro-Psychiatry and Allied sciences, India