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## *JISNA*

## *JISNA.269495@2freemail.com*

***STAFF NURSE***

***PERSONAL PROFILE***

####  Goal directed professional with a strong medical background and education skilled communicator and adaptable self motivated with high energy initiative and focus keen insight into the need and view of other able to listen and identify issues or problems areas and form innovation solutions .

####  EDUCATIONAL QALIFICATION

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| QUALIFICATION | INSTITUTION | UNIVERSITY | YEAR OF PASSING | *PERCENTAGE* |
| Diploma in General Nursing and Midwifery | Ashirvad School of Nursing ,Kannur kerala  | Kerala Nurses and Midwives Council | March 2010 | Grand Total 73% |

# *REGISTRATION*

####  Registered as Staff nurse and Midwifery under the Kerala nurses and midwives council (Register No.69988 dated 3rd may 2010)

***LICENCE***

 MOH Exam passed ,data flow completed & waiting for Licence

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| *KEY SKILLS* | Cardiac Massage  | Ambu Bagging  | Ryle’s tube Insertion |
| Catheterization Care | Nasogastric Feeding | Administration of Medication |
| Sterile Suctioning | Oxygen Therapy | Insertion of IV Cannula |
| Monitoring CVP | Specimen Collection | Glucose monitoring |

# *PROFESSIONAL EXPERIENCE*

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| *Designation* |  *Hospital Worked* | *Duration* |
| *Staff Nurse* | *Ashirvad Hospital ,Kannur, kerala ,India .* | *5th April 2010 to 15th April 2011* |
| *Staff Nurse* | *Fortis Escorts Hospital ,Faridabad, India*  | *27th June 2011 to 16th Oct 2012* |
| *Staff Nurse* | *Nirmala Hospital, Marikunnu Kozhikode ,India*  | *1st July 2013 to 10th July 2014* |
| *Staff Nurse* | *P.G Medical Trust Hospital Malappuram,India* | *21st july2014 to30 th Nov2015* |

# *DEPARTMENT WORK*

*ICU (Medical &Surgical)*

# *PATIENT CARE RESPONSIBILITIES*

* *Checking vital sign accurately charting and reporting abnormalities .*
* *Perform and carrying out doctors order fast and effectively.*
* *Assisting in cardio pulmonary resuscitation of patients.*
* *Transporting emergency victims successfully from the victim site to treatment area.*
* *Formulating nursing diagnosis ,planning patients care implementation and evaluation of care given.*
* *Record informative, accurate and concise statements on the nursing care rendered .*
* *Administration of medication in time (eg .OD ,BD ,TID, QID, Stat etc.)*
* *Personal hygiene (eg. sponge bath, eye care ,cord care)*
* *Care of pressure (eg. frequent back care / positioning)*
* *Collection of specimens*
* *Maintenance of intake, output chart*
* *Provides adequate health education .*
* *Asses signs and symptoms indicating physiologic and physiologic changes in the patients condition.*
* *Performs interventions according to identified priorities , plan of care ,and the hospital policies and patient care outcome standard*
* *Provides a safe , comfortable and therapeutic patient environment.*
* *Revises the plan of care according to evaluation , changes in medical plan of care and effective/ineffective nursing interventions*
* *Documents patients response to nursing and other interventions*
* *Monitors the safety and effectiveness of the environment and equipment*
* *Participates in activities to facilitate good interpersonal communications with the chosen facility.*

# *EQUIPMENT HANDLED*

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| ECG Machine | Defibrillator | Cardiac Monitor | Pulse Oxymeter |
| Nebulizer | Spirometer | BIPAP Machine | Laryngoscope |
| Ambu Bag Mask | Suction Machine | Ventilator | Centralized oxygen & suction |
| IABP | Thermometer | Steam Inhaler | Syringe pump, Infusion pump |

# *DECLERATION*

 *I here by declare that all the statement made In this application are true and correct to the best of my knowledge and belief.*