**First Name of Application CV No 1625388**

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**Position Desired: Physical Therapist/ Physiotherapist**

**Objective:**

To seek for a career opportunity where I can continuously advance my knowledge, hasten my skills and grow as a globally competitive Filipino while rendering my services to the people in a holistic way and guided by the Ethics.

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***WORKING EXPERIENCE***

**I: Position: Physical Therapy Staff**

**Date:** October 5, 2015 to December 15, 2015

**Company:**HealthCube Rehabilitation and Wellness Center

West Greenhills, San Juan, Metro Manila, PH

**JOB DESCRIPTION**

- Evaluate & train functional mobility, balance, wheelchair use and gait training.

* Specialized treatment in Geriatric patients, do evaluation and assessment.
* Administer specific exercises for Geriatric patients suffering from Osteoarthritis,

Cardiac diseases, Pulmonary problems and Stroke.

* Makes progress reports and do evaluation to the patients before return to consultation to Rehab or Orthopedic Doctor.
* Assist and train Physical Therapy Interns in treating and evaluating patients.
* Treat patients with different nationality such as Chinese, Japanese, British, Americans, Arabians, and Koreans.
* Performs chest PT evaluation & treatment.
* Works and compliments synergistically with the co-physical Therapist & Occupational Therapist and other staff in the treatment of patients.
* Use LASER, TENS, FES, Electrical Stimulators, Ultrasound, Traction for Cervical and lumbar, PWB, Infrared and Jobst Compression in treating patients.

**II:** **Position: Freelance Physical Therapist**

**Date:** January 2015 to September 2015

**JOB DESCRIPTION**

* Provides home care treatment to patients with Deconditioned status secondary to dialysis.
* Restore muscle strength, joint mobility and gait training for patients undergoing dialysis.
* Provides home care treatment for patients suffering from cardiovascular diseases to regain muscle strength and to prevent pressure sore.
* Provides home care treatment for pediatric patients suffering from cerebral palsy, stroke in the young and disabled children.
* Makes progress report for the patients before going back for evaluation to their Rehabilitation or Orthopedic Doctor.
* Participates in Medical Mission to remote areas in the Philippines to educate about basic Physical Therapy treatment.
* Use TENS, FES, Electrical Stimulators, Ultrasound, Traction for Cervical and lumbar, Infrared in treating patients.

**III: Position: Senior Physical Therapy Staff**

**Date:** November 2009 to December 15, 2014

**Company:** Pines City Doctors’ Hospital

Magsaysay Avenue Baguio City, PH

**JOB DESCRIPTION**

* Administers medically prescribed PT treatment programs for patients to restore function, relieve pain and prevent disability following the disease, injury, or loss of body parts.
* Use LASER, TENS, FES, Electrical Stimulators, Ultrasound, Traction for Cervical and lumbar, PWB, Infrared, Inferrential Current, High Volt, russian and Jobst Compression in treating patients.
* Uses manual therapy and Dry Needling in treating Fibromyalgia and MPS
* Treat patients in underwater, hydrotherapy/pool therapy as prescribed by Physician
* Staff in charge for in patient, deals with critical cases like in the ICU, SICU & NICU for early mobilization.
* Update charts of patients every treatment and document any progression / regression in the patient’s condition.
* Formulate & plan treatment goal & maintain maximum human performance & educating patients on proper health maintenance.
* Report updates regarding treatment in patients for progress or regress during the rounds of the attending Physician/Physiatrist
* Teach employment skills including proper lifting techniques, functional strength testing & ergonomic considerations.
* Performs wound care debridment for Burn Patient, and with bedsores& intermittent catherization program for SCI & with severe LBP.
* Assist rotating Physical Therapy interns

a. Teaches, conducts training & assess PT students

b. Prepares & gives lectures, actual demonstrations regarding principles, methods & objectives of PT.

c. Evaluates their performance through written & practical examination.

- Oversee PT Affiliates & interns in treatment protocol in In patient Department.

- Cooperate with all interdepartmental personnel and assists in the demonstration of PT techniques in in-service training programs

- Do sales and marketing of Physical Therapy equipment’s and OTC medicines to clients

Discuss its advantages and benefits.

**IV: Position: Receptionist & Part Time Physical Therapy Staff**

**Date:**  April 2009 to October 2009

**Company:** Pines City Doctors’ Hospital

Magsaysay Avenue Baguio City, PH

**JOB DESCRIPTION**

- Makes monthly reports/monthly income for out patient & in patient for auditing

Purposes.

- Treat out patients with neuromuscular cases, neurological conditions, orthopedic, cardiac, geriatric rehab, sports injuries and pediatric cases.

- Administer exercises and manual therapy.

- Makes various reports/construct medical abstract and initial evaluation of in patient

and out patient requested by outside offices/individual

- Complete the medical reports as required by the patient or the paying party from the

date of admission to day of patients discharge from PT.

- Maintains accurate records of each patient’s treatment, progress, and or regression

for future re-evaluation and reference.

- Aware of and follows all standing procedural directives of the department / hospital.

**V: Position: PT Affiliate/ Volunteer**

**Date:** August 2007 to March 2009

**Company:** Pines City Doctors’ Hospital

Magsaysay Avenue Baguio City, PH

**JOB DESCRIPTION**

- Provides PT home service as per physician’s referral.

- Provides patient education regarding condition of the patient.

- Assists in reviews of PT procedures and programs.

- A member of the rehabilitation team re-evaluation conferences for patient care

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**TRAININGS & SEMINARS ATTENDED**

September 2, 2007 Rheumatology Course for PT

Radiology Course for PT

Examination of Chest, Heart & Lungs

New PT approaches in Fibromyalgia

April 11, 2008 Taping Technique Workshop

May 4, 2008 Recent Updates on PM & R by: Randall Braddom

November 6, 2010 Evaluation & Differential Diagnosis of Shoulder cond.

February 11, 2012 Parallel session for Allied Health Professionals

Evidence Based Practice

August 7, 2012 Proper Body Mechanics in Hospital Setting

March 24, 2013 Proprioceptive Neuromuscular Facilitation

June 30, 2013 PARM Course of Manual Therapy of Pelvis

July 9, 2013 Basic Life Support Training & CPR for Health care Providers July 10-11, 2013 Patient bandaging, packaging, rescue and transport

Mass casualty incident workshop

**RESOURCE SPEAKER**

February 13, 2008 Case Presentation of Satoyoshi Syndrome

Physical Medicine & Rehabilitation Center

September 10, 2011 Seminar Workshop on Basics of Physical Therapy

Applied to Pediatric Cases

- DSWD Training Center, Leonard Wood Baguio City

**EXTRA CURRICULAR ACTIVITIES**

August 8, 2012 Examiner for Musculoskeletal Evaluation and Disability Prevention

PCDH, Baguio City

August 10, 2012 Participated in Medical Mission

Kapangan, Benguet

June 30, 2013 Facilitator: PARM Course on Manual Therapy of Pelvis

PCC, BAguio

**ELIGIBILITY/ EXAMINATION TAKEN**

* Philippine Physical Therapy & Occupational

Therapy Licensure Examination

License no.: 0021195

July 28-29, 2007 Baguio City, PH

* For Dataflow – DHA

**EDUCATIONAL BACKGROUND**

Post Graduate Class Subjects: 1.Cultural Competencies

2. Consultation, Screening, Delegation & Referral

PCC Baguio City, June 2010

College Bachelor of Science in Physical Therapy

PCC Baguio City, March 2006

Secondary San Francisco High School

Lamut Ifugao, March 2001

Primary Lamut Central School- March 1997

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***PERSONAL PROFILE***

Age: 31 y/0

Birthdate: June 16, 1984

Status: Married

Nationality: Filipino

Height: 5’

Weight: 48 kgs