**First Name of Application CV No 1640478**

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# Summary

I am Sudanese graduate withB.Sc Honors in Food and Nutrition Option from Ahfad University for Women, School of Health Sciences. Great communications skills with 2 years of customer service experience, and over 3 years of health fitness experience .

Positive attitude with a natural ability to provide excellent service in a team environment.

**Objective :**

Seeking for a position with responsibility and growth related to my knowledge, education, experience & skills, where I can professionally upgrade myself by keeping abreast with the constant changes happening in the related field and to contribute my best to the overall development of the organization.

# Personal Details

**Birth Date**: 13 April 1990, Sudan

**Nationality**: Sudanese

**Languages**: Arabic (mother tongue) / English (fluent)

# Education

* **Ahfad University for Women, School of Health Sciences**

 **(Food and Nutrition Option) B.Sc Honors, 2009.**

# Skills

* Dynamic, Fast learner and well organized.
* Self-development on both professional and personal level.
* Committed to anticipating and meeting customer needs to delivering superior.
* Customer service driving and sustaining a competitive edge.
* Punctual, responsible and able to work independently or in a group.
* Ability to work under pressure and deadlines.
* Good problem-solving skills and a creative approach for new ideas.
* Microsoft Office.

# Experience

**\*Zomba Fitness Center -** Khartoum, Sudan

**Nutritionist**

May 2013 to present

Providing health advice and promoting healthy eating.

Advising about special diets.

Educating health professionals and the public about nutrition.

Working as part of a multi-disciplinary team/supporting the work of other health care professionals.

**\*ZAIN GROUP –** Khartoum, Sudan

**Call Center Agent**

August 2011 to July 2012

Handling customers calls to support them with technical support regarding the telecommunication services.

Responsible for handling calls in a courteous, friendly and professional manner according to company

Procedures.

Respond to high volume of telephone inquiries about the company's products or services by following standard scripts and procedures.

**\* Children Emergency Hospital -** Khartoum, Sudan

**Nutrition Department**

**Nutritionist**

 Nov 2009 to Sep 2010

Evaluating the paitiens nutritional needs.

Providing nutritional counseling and advice the paitiens.

Creating a clinical nutrition treatment plan for the paitiens.

Educating the public on nutrition issues.

Researching the effects of nutrition on health and fitness.

Consulting with a team of health care practitioners on nutritional management for the paitiens.

# Certifications and Training

April 2009 : A prize awarded from **Ahfad Unversity for Women**, (The Best Researched in Food Prodution).

Aug 2010 : Workshop from **Gender Center for Research and Training**, (Women’s rights are human rights).

June 2006 - July 2006 : Training Course from **Military Hospital**, (Diet Therapy).

April 2015 – May 2015 : Training Course on **ISO 22000 Food Safety Standard**

Feb 2016 : Basic Passenger Fares and Ticketing held from **SUDAN AIRWAYS** Training Center