**J**

**OANNA**

 **CAREER PROFILE**

* Proficient time management skills
* Can implement patient care responsibilities and physician orders while following clinical standards and guidelines
* Have confidence in speaking with physicians and discussing patient’s plan of care
* Remain calm in critical situations
* Develop trusting relationships with patients and their families
* Provide excellent communication skills when relating and receiving information
* Enjoy teaching and providing education to the patient and to their families
* Relate well to people from different backgrounds and cultures
* Maintain a non-judgmental attitude when caring for patients different from myself
* Work with healthcare employees as a team and not solely as an individual
* Helpful to other nurses and staff who need assistance
* Possess a thirst for knowledge and enjoy learning new challenging ideas, concepts and skills
* Maintain positive attitude regardless of the situation

**CAREER OBJECTIVE**

To be able to apply the knowledge that I have gained in my chosen profession and to develop my skills and abilities in rendering nursing care. I am an experienced person and know how to tackle different situations. I would use my skills for the sake of better career in this field.

To gain employment that offers security of tenure and career development to utilize my knowledge, skills, abilities and interest. It would offer me the better opportunity for the growth of my career.

**WORK EXPERIENCE**

**February 6, 2013 - February 29, 2016**

***Labour and Delivery Room***

**Dr. Hassan Ghazzawi Hospital**

**STAFF NURSE**

* Responsible for the direct care of pregnant and/or laboring patients, specifically those with high risk and/or complicated pregnancies
* Assess patient status and communicated clinical changes with physicians
* Manages multiple patients at one time
* Cared for and assisted with delivery for patients who have lost a child due to spontaneous abortion or intrauterine fetal demise
* Provides education to pregnant and/or postpartum patients and families
* Works as a team with my fellow labor and delivery staff
* Attends to the emotional status of the patients and their families
* Participates actively in direct patient care such as care of patient in labour, document the vital signs, CTG, and perform the vaginal exams of cervical dilatation, head descent especially in the absence of doctor, to give brief history of patient to Nursery nurse-on-duty, to assist doctors in deliveries and to conduct deliveries in emergency cases and other procedures.
* Directs and supervises functions and activities based on our policy, procedure, standards and regulations as it is appropriate to personnel, patient and public.
* Inform with Charge Nurse concerning matters of Obstetric Department and all related departmental activities, needs and problems.
* Utilizes problems efficiency and assures cost-effective utilization of supplies and equipment.
* Plans and directs department routines and workflow and ensures compliance to policies, procedure and high nursing standards.
* Inspect area daily and/or every shift for compliance to policy and procedures, regulations and standards and take corrective actions when violations occur.
* Coordinates obstetric department with other nursing units/departments and other hospital department and maintain interdepartmental relations.
* Participates in the in-service programs in the hospital by attending seminars, workshops and conferences taking place in and out of the hospital.
* Gets acquainted with modern development in nursing and allied professions.
* Maintains adequate reference material for use by co-worker.
* Participates actively in giving of health education to patients and family member.

**JANUARY 2, 2009 - January 31, 2013**

***Pedia-Medicine Ward/Intensive Care Unit***

***Valenzuela Medical Center***

**STAFF NURSE**

* Educates patients for home care and discharged planning
* Performs nursing activities such as bathing and oral hygiene
* Assists patient in moving, maintaining proper alignment of patient’s body and utilizing good body mechanics
* Observes signs and symptoms, institutes remedial action when appropriate and records these in the chart
* Reports observations to physicians
* Observes and responds to patients’ emotional/spiritual needs
* Acts a liaison between patients and hospital personnel
* Interprets to the patient and his/her family their roles in promoting successful therapy and rehabilitation
* Prepares patients for, and assists physicians with diagnostic and therapeutic procedures
* Assists physician when examining patients
* Performs irrigations, catheterizations and give enemas
* Administers and charts medications and patients’ reactions to medications
* Sees to it that equipment receive proper care and maintenance
* Performs post-mortem care
* Teaches and directs nonprofessional nursing personnel
* Receives and endorses ward equipment and supplies
* Maintains good relationship with other hospital personnel
* Charts accurately medications and treatments given

**EQUIPMENTS AND MACHINES HANDLED**

* CTG Machine
* Doppler Machine
* Droplight
* ECG
* Glucometer
* Infusion Pump
* Mechanical Ventilator
* Nebulizer machine
* Phototheraphy/ Bililight
* Pulse Oximeter
* Suction Machine
* Syringe Pump
* Ultrasound Machine

**PERSONAL INFORMATION**

Date of Birth : **January 16, 1988** Gender : **Female**

Age : **28 y/o** Civil Status : **Single**

Height : **4’11” (59 cm)** Weight : **54 kg (118.8 lbs)**

Religion : **Roman Catholic** Nationality : **Filipino**

**EXAMINATIONS TAKEN**

***Health Authority Abu Dhabi-Registered Nurse***

Date Taken: **February 14, 2016**

Remarks: **PASSED**

***Saudi Commission for Health Specialties***

Specialty: **Nurse Technician**

Date Taken: **12/19/2012**

Remarks: **PASSED**

***PRC Nursing Licensure Exam***

Dates Taken: **June 1-2, 2008**

Remarks: **PASSED**

**SEMINARS ATTENDED**

**Course on Updates on Management of Cardiac Emergencies**

October 31, 2014

Jeddah National Hospital

Jeddah, Kingdom of Saudi Arabia

**Seminar on Nursing Empowerment: Unlocking the Keys to Excellence**

May 23, 2014

Jeddah National Hospital

Jeddah, Kingdom of Saudi Arabia

**Mini Symposium- Living Well with Diabetes During the Holy Month of Ramadan**

June 13, 2014

Jeddah National Hospital

Jeddah, Kingdom of Saudi Arabia

**Seminar on Recent Advances in Endometriosis**

August 22, 2014

Jeddah National Hospital

Jeddah, Kingdom of Saudi Arabia

**Basic Infection Control for Health Care Providers**

May 22, 2012

Church of the Latter Day Saints

Maysan Road, Malinta, Valenzuela City

**7th Advance Surgical Clinical Nursing Course**

June 24, 2011

UP-PGH Manila, Department of Surgery

UPMASA Science Hall 3/F UP-PGH

**TRAININGS ATTENDED**

**SHA - Basic Life Support**

March 10, 2015

Saudi Heart Association

Jeddah, Kingdom of Saudi Arabia

**SHA - Basic Life Support**

March 3, 2013

Saudi Germans Hospital

Jeddah, Kingdom of Saudi Arabia

**HEMS-Basic Life Support Training for Health Care Providers**

December 29-30, 2011

Church of Jesus Christ of Latter Saints

Maysan Road, Malinta, Valenzuela City

**Basic Infection Control for Health Care Providers**

March 19, 2010

Valenzuela Medical Center

Padrigal St., Karuhatan, Valenzuela City

**HEMS-Basic Life Support Training for Health Care Providers**

October 27-29, 2009

Church of Jesus Christ of Latter Saints

Maysan Road, Malinta, Valenzuela City

**Basic Intravenous Therapy Training**

January 15-17, 2009

Bulacan Medical Center

Mojon, Malolos City, Bulacan

**PNRC- Basic Course on Disaster Nursing**

November 10, 2007

PNRC Valenzuela City Chapter

**PNRC- Basic Life Support Adult Cardiopulmonary Resuscitation Training for Lay Rescuers**

November 4, 2007

PNRC Valenzuela City Chapter

**PNRC- First Aid Training in the Campus**

October 30-31, 2007

PNRC Valenzuela City Chapter

**PNRC- Basic Leadership Training**

January 9-10, 2004

St. Mary’s Academy of Hagonoy –Auditorium

Hagonoy, Bulacan

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