**RESUME**

 **JULNA**

**Seeking a challenging role as an Optometrist with a growth oriented organization, preferably in Multi Specialty Hospitals / Health Care Facilities**

**PROFESSIONAL SYNOPSIS**

* **Optometry Graduate** with **over 3.8 year** of sound knowledge and skills in providing impeccable quality Optometric eye care in Multi Specialty Unit.
* **Presently associated with Al Jaber Opticals,Dubai as Optometrist.**
* Deft in the diagnosis and improvement of visual standards of patients.
* Skilled in slit lamp examination,refraction and extremely comfortable in dispensing soft lenses.
* Adept in educating and counseling patients on contact lens care, visual hygiene, lighting and safety factors.
* Possess excellent time management skills, proficient in computer and organizational skills.
* Multilingual with strong interpersonal skills and ability to relate to people at all level.

**AREA OF EXPERTISE**

* Skilled in conducting thorough and detailed eye examination including refraction, slit lamp.
* Sound knowledge and hands on experience of diagnostic procedures such as Refractions, Sac Syringing, Applanation Tonometry, Keratometry, Ascan, IOL Master, OCT, Topography, Pachymetry, CCT, Slit Lamp Examination.
* Adept in fitting of spectacle and contact lenses.

**ORGANIZATIONAL EXPERIENCE**

**Al Jaber Opticals,Dubai Optometrist Feb’15 – Till now**

**Maxi Vision Super Specialty Eye Hospital, Hyderabad Optometrist Aug’ 13 – Dec’ 14**

**Reliance Vision Express, Hyderabad, Andhra Pradesh Optometrist Aug’ 12 – Jun’ 13**

**Key Deliverables across tenure:**

* Communicate with patients to get detailed case histories
* Examine the eyes of patients of all ages to detect signs of injury, disease, abnormality or vision defects using specialist equipments and pharmaceutical agents.
* Perform a series of tests to conclude if the patient has an eye disease which will be referred at once to an associate ophthalmologist.
* Diagnose findings for patient’s current visual to ensure the corrective lenses will help improve the vision.
* Prescribe, supply, fit and adjust eye glasses, contact lenses and other vision aids.
* Educate and counsel patients on contact lens care, visual hygiene, lighting arrangement and safety factors.
* Offer help and advice for patients choosing frames and lenses.
* Consult with other medical practitioners and refer patients with chronic ophthalmic conditions.
* Maintain patient records and update with every new lens upgrade.

**CERTIFICATION**

* Certified “**Master Mind**” in Campus program conducted by Bausch and Lomb in 2011
* **Holds valid DHA License** ( DHA NO: DHA-P-0130553)

**WORKSHOPS/ SEMINARS ATTENDED**

* 35th All India Optometry Conference organized by Indian Optometric Association at Jaipur in 2011
* Orthoptic Seminar conducted by Bharathi Vidyapeeth Deemed University, Pune in 2011
* Participated in community eye screening conducted by L.V. Prasad Eye Institute GMR Varalakshmi campus, Vishakhapatnam, 2011-2012
* Involved in screening camp conducted by reliance vision express.

**INTERNSHIP**

**Organization :** L.V. Prasad Eye Institute, GMR Varalakshmi Campus, Visakapatnam, Andhra Pradesh

**Duration :** Jul’ 2011 – Jun’ 12

**Designation : Intern Optometrist**

**Responsibilities :** Performed the following diagnostic activities / procedures:

* Refractions, Sac Syringing, Applanation Tonometry, Keratometry, Gonioscopy, Ascan, IOL Master, OCT, Low Visual Aids, Ort, Slit Lamp Photography, Humphrey Visual Field.

**ACADEMIC CREDENTIALS**

2015 **M.Sc in Optometry** from NIIMS university,Jaipur

2012 **B.Sc in Optometry** from D.Y. Patil Institute of Optometry & Visual Science, Pune, Maharashtra with 64%

2008 Intermediate from Kerala Board, Kerala with 75%

2006 High School from Kerala Board, Kerala with 73 %

**PERSONAL DETAILS**

Date of Birth : 28th September 1990

Languages Known : Malayalam, Hindi, English, and Telugu

Gender : Female

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