**SYNOPSIS**

* A well presented, self motivated and confident dietician with experience of assessing a patient’s nutritional needs, then developing and implementing nutrition programs for them.
* Possessing the ability to communicate complex and sensitive information about dietary matters in an understandable form to Clients.
* By Profession, I have completed Masters in Food and Nutrition from Sardar Patel University, Gujarat, India, with 3 years of work experience as Senior Consulting Dietician at Rediscover Clinic.
* A consistent performer and a team player.

**OBJECTIVE**

Looking for a position as a Dietician in a caring, reputable and ambitious organization, which will allow me to offer others the benefit from my expertise & experience, and to expand my maturity in nutrition

**WORK EXPERIENCE**

**Rediscover Clinic – India, March 2013 – January 2016**

Working as Slimming Manager involved in providing high standards of specialist dietetic services in the community to the clients

***Responsibilities & Duties***

* Helping clients to make informed & practical choices about their food and health.
* Assessing, treating and evaluating Clients referred to Dietetic Service.
* Ensuring that each client has an individually tailored care plan to meet their needs.
* Involved in the dietary treatment of disease and health conditions.
* Undertaking comprehensive assessment of a client’s nutritional condition.
* Instructing clients clearly on what to eat and when.
* Managing the weight of overweight clients.
* Consult with physicians and healthcare personnel to determine nutritional needs and diet restrictions of clients.
* Preparation of monthly reports on client’s progress.

**VLCC – India, February 2012 – December 2012**

Working as a Dietician looking after nutritional needs and requirements of obese clients

***Responsibilities & Duties***

* Providing health advice and promoting healthy eating.
* Advising on special diets
* Making presentations and writing reports
* Helping to facilitate dietary changes.

**ACADEMIC QUALIFICATIONS**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Serial Number** | **Program** | **University**  | **Year of Passing**  | **Grades** | **Specialized Subject** |
|  | Masters in Science – Food & Nutrition | Sardar Patel University | March 2013 | 74% | Obesity |
|  | Bachelor in Science – Food & Nutrition | Sardar Patel University | March 2011 | 78% | N.A. |

Along with my Bachelor Program, I also successfully completed Diploma in Sports & Nutrition with First Class.

**KEY SKILLS & COMPETENCIES**

1. Clinical knowledge of specialized prescribable dietetic products and medications
2. Experience of both hospital and community settings
3. Dealing with complex situations.
4. Experience of working with the elderly, children and individuals with special needs.
5. Attention to detail.
6. Prioritization
7. Concentration

**AREAS OF EXPERTISE**

1. Food Allergies
2. Nutritional Issues
3. Eating disorders
4. Health Promotion
5. Nutritional Calculations
6. Developing Nutritional Care

**PERSONAL DETAILS**

Sex Female

Date of Birth 02-10-1990

Nationality Indian

Visa Status Visit Visa

Languages Known English, Hindi & Gujrati

Hobbies Trekking & Dancing

**First Name of Application CV No:** **1701210**

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