Curriculum vitae

**MINIMOL**

**PROFESSIONAL OBJECTIVE:**

                 As a nurse I have prepared myself for service to people, society and my fellow-beings. I would like to work with committed and dedicated people, which will help me explore myself and realise my potential.

**EDUCATIONAL PROFILE:**

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| --- | --- | --- | --- | --- | --- |
| **COURSE** | **INSTITUTION** | **BOARD/ UNIVERSITY** | | **YEAR OF PASSING** | **PERCENTAGE** |
|  |  |  |  | |  |
| B.Sc Nursing | BRITE college of Nursing | Rajiv Gandhi University | 2007-11 | | 64.71% |
| Plus Two | LEO XIII H.S.S | Kerala State Board | | 2007 | 73 % |
| S.S.L.C | ST.HELEN’S GHSS | Kerala state Board | | 2005 | 83.68 % |

**ACHIEVEMENTS:**

* Holder of DHA (Dubai Health Authority) license issued on July 29th 2015.
* Holder of ACLS and BLS issued on September 16th 2015.
* Awarded the RASTRAPATHI and RAJYAPURASKAR during 2005 and 2004 for guiding in high school level.
* Awarded 1st prize in the district level economic nutritious food item in high school level.
* Successfully completed the clinical & practical psychiatric training at SAPNDANA Hospitals pvt.ltd
* Successfully completed the clinical & practical eye training at Padma Bhushan Dr. M C Modi charitable eye hospital.
* Participated in the International seminar on Promoting patient safety.

**EXPERIENCE:**

* Three year experience in Intensive Cardiac Care Unit (ICCU) at CARE Hospital Banjara Hills in Hyderabad.
* Working in Cardiac Care Unit at Dr. Selavaraj Hospital in kanjiramkulam.

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| --- | --- | --- | --- |
| **Duration** | **Date (From – To)** | **Organization** | **Position** |
|  |  |  |  |
| 3 yrs | 8-11-2011 to 27-12-2014 | CARE hospital Banjara Hills  Hyderabad | Senior Staff Nurse |
| From 21-01-15 | 21/1/2015 to 15/4/2016 | Dr. Selavaraj Hospital in kanjiramkulam | Staff Nurse |

**SPECIAL PROCEDURES PERFORMED/ ASSISTED:**

* Cardiopulmonary resuscitation(CPR)
* Endotracheal intubation
* Cardiac Monitoring
* Ventilator care
* Tracheotomy care
* Trauma care
* Pre-operative & Post-operative care
* Thoracentesis
* Lumbar puncture
* Endotracheal/Oral/Nasal/Tracheotomy Suction
* Care of patient with Chemotherapy & Colostomy
* Assisted in insertion of Central Line, Arterial line and HD sheath
* Assisted in Dialysis
* Assisted in Various surgeries in (ortho, gastro, gynaec, paediatric, ent, neuro, dental, & general surgery)
* Urinary Catheterization
* Nasogastric tube insertion, feeding &Nasogastric lavage
* Gastro-Jejunostomy feeding
* Total parental nutrition
* Wound dressing
* Suturing
* Bowel wash
* Canulization
* Collection of Specimens
* Blood transfusion
* Nebulization & Oxygen administration
* Medicine Administration(All Routes)
* Care of body after death

**EQUIPMENT EXPERIENCE:**

• Dialysis machines • Defibrillator

• Flow track • Ambubag

• Sphygmomanometer • Incubator

• Mechanical ventilator • Sterilizer

• Thermometer • Air & water mattress

• Fetoscope • Spiro meter

• Cardiac monitors • Infusion pumps

• Syringe pump • Glucometer

• Suction apparatus • ECG machine

• Laryngoscope • Pulse oxymeter

• Nebulizer • Ventilator

**DUTIES PERFORMED IN CLINICL AREA:**

\* Immediate care providing in cardiac arrest case and attending code blue situations.

\* Comprehensive nursing care to patients with the help of nursing care plan.

\* Admission & discharges.

\* Administration of medications through various routes.

\* Assist doctors round & carry out the orders.

\* Has specialist knowledge & confidence required to manage all medical & surgical  
cases & its complications.

\* Establish a good working environment in which patient receives a high standard  
of care.

\* Informs the physician whenever client’s condition deteriorates.

\* Determine nursing priorities & patient care.

\* Insertion of intravenous Canula, urinary catheter, & Nasogastric tube.

\* Preparation of all radiological & invasive procedures.

\* Collection of various specimens for investigations.

\* Maintaining intake & output chart.

\* Blood transfusion & fluid replacement.

\* Wound care management.

\* Participates in health teaching.

\* Provide emotional & spiritual support to client & their family.

\* Establish effective communication with the client & all health personnel.

\* Ensure that all records are complete & legible.

\* Supervising ANM’S and students.

**PERSONAL INTERESTS AND STRENGTHS:**

    Handling equipments with care.

    Easley mingle with patients.

    Being Honest & Punctuality.

    Willing to Learn.

**PERSONAL PROFILE:**

Date of Birth : 15.05.1990

Gender :  Female

Marital Status : Married

Nationality : Indian

Languages known : English, Malayalam, Tamil, Hindi, Telugu &

Kannada

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