***VERONICA***

**"*My main objective is to utilize my existing skills in the medical field that will benefit prospective clients and to acquire experience that can contribute to my personal and professional advancement.”***

**PERSONAL INFORMATION:**

AGE: 29

SEX: Female

DATE OF BIRTH: November 02, 1986

STATUS: Single

NATIONALITY: Filipino

HEIGHT: 160 cm

WEIGHT: 101 lbs.

**SKILLS AND QUALIFICATIONS:**

* **Ministry Of Health license holder in Kuwait.**
* **Eligible to take HAAD Licensure Exam.**
* Philippine Licensure Exam for Nurses: Passed, 2009.
* Knowledgeable in providing holistic care.
* Knowledgeable in prevention and control of infection within hospital setting.
* Advocate for patients rights; strive to understand a patient’s needs and concerns.
* Able to grasp new concepts; understand new systems and quickly master key elements of job within training period.
* Willing to work in shifting schedules, weekends and holidays.
* Team player but able to work independently.
* Great people skills, including empathy, courtesy and respect.
* Upbeat, positive and enthusiastic personality

**EDUCATIONAL BACKGROUND:**

ArellanoUniversity

Legarda, Manila, Philippines.

2006-2009

***Graduated March 2009***

***Bachelor of Science in Nursing***

**SEMINARS ATTENDED:**

* Therapeutic Communication Techniques In Psychiatric Nursing

Practicing Responsible, Assertive and Caring Client Interactions By: Dr. Sheila L Videbeck

 World Trade Center, Manila, Philippines

August 02, 2008

* Infection Control in the Healthcare Setting/Hospital Acquired Infection (HAI)

GSN-ISEEC Training and ReviewCenter, Quezon City, Philippines

April 23, 2010

* Basic IV Training Program

St. VincentHospital, Marikina City, Philippines

July 17, 18,24,2010

* Basic ECG Interpretation

LungCenter of the Philippines, Quezon City.

August 06, 2010

* Building Competencies in Managing Surgical Instruments

 AesculapAcademy, OrtigasCenter, Pasig City, Philippines

 March 09, 2011

* Pre-op Checklist and Surgery Site Verification

Alorf Hospital, Jahra, State of Kuwait

January 19, 2015

* Blood Transfusion

Alorf Hospital, Jahra, State of Kuwait

March 24, 2015

* Basic Life Support Course (BLS)

Kuwait Medical Association

June 26, 2015

* Infusion Pump Training

Alorf Hospital, Jahra, State of Kuwait

September 21, 2015

* CTG Tracings

Alorf Hospital, Jahra, State of Kuwait

October 5, 2015

**WORKING EXPERIENCE:**

* ***Staff Nurse (Labor and Delivery Room Nurse)***

***Alorf Hospital***

Al Jahra, State of Kuwait

November 7, 2014 up to January 4, 2016

* ***Staff Nurse (Operating Room Nurse, Labor Room and Delivery Room Nurse)***

 ***St. Mattheus Medical Hospital (Private Hospital)***

San Mateo Rizal, Philippines

 August 23, 2010 up to October 25, 2014

**JOB DESCRIPTION:**

**RSONAL DA**

**OPERATING ROOM NURSE** (as a Scrub /Circulating Nurse)

**Cases Handled:**

* Major cases handled: Caesarian Section, Thyroidectomy, Explore Laparotomy, Total Abdominal Hysterectomy and Bilateral SalphingoOophrectomy, Cholecystectomy
* Minor Cases Handled: Dilatation in Curettage, Incision of Drainage, Suturing, Transurethral Resection of the prostate, Appendectomy
* Management in assisting a surgical procedure during and after major/minor operations.
* Assist as scrub and/or circulating nurse in various type of surgery.
* Observe patient during surgical procedure for conditions such as hemorrhage and furnish emergency equipment and supplies to prevent fatalities.
* Keep contaminated instruments, supplies and linens in safe manner to prevent the spread of infection during operations.
* Adjustment of the operating table and prepare necessary devices required.
* Preserve and label operating specimen for laboratory analysis.
* Prepare operating area by sterilizing skin and draping patient when not done by the surgeon.
* Provide available special equipment needed to facilitate surgery and to prevent hazards to patient.
* Observe progress of surgery, providing additional instruments, supplies and other items as needed.
* Pack instruments, linens and supplies properly labeled dated and with nurse initials according to standard procedure of the Operating Room then send to CSR for autoclaving.
* Clean or direct cleaning and sterilization of instruments, equipment and supplies.
* The Scrub nurse and Circulating nurse make an accurate count of sponges, instruments, needles, drains together during first, second and final counting surgeons should verbally informed after each count.
* As a circulating nurse, the circulating nurse helps surgeons and assistant tie scrub OR gowns.
* As a circulating nurse, the circulating nurse does the skin prep of the operative field with antiseptic after anesthesia has been given.
* Record patients' medical information and vital signs
* Ensure all equipments are properly cleaned after using and before storing.
* Performs Cardio- pulmonary resuscitation to patient as doctor’s order.

**TA/ INFORM**

 **LABOR ROOM AND DELIVERY ROOM NURSE**

 **Cases handled**

* Normal Spontaneous Delivery, Forceps Delivery, Breech Delivery
* Receives the patient and the chart.
* Assist the patient to undress and other information such as name, gestation, EDC, contraction, show and membrane
* Take the Fetal Heart beat, temperature, pulse and respiration, blood pressure and record.
* Give cleansing enema as ordered by doctor.
* Do perineal shaving
* Watch progress of labor and refer to R.O.D. for any signs and symptoms.
* Monitor fetal heart beat every 15 minutes, checked fetal distress and refer to ROD
* Never leave a patient and assist the patient every time.
* Maintain accurate, detailed reports and records
* Monitor, record and report symptoms and changes in patients' conditions.
* Asses’ uterine state in post-partal period (for Delivery Room Cases).
* Applying Independent Nursing actions like putting an ice pack on fundal part of the Uterus or performing a fundal massage when the uterus is in a non-contracting state.

(For Delivery Room Cases).

* Prepare perineal by shaving or trimming either full or mini preparation according to physician’s preference.
* Assisting with inducing labor.

**Job Seeker First Name / CV No: 1713330**

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