**RINTA**

[**RINTA.285674@2freemail.com**](mailto:RINTA.285674@2freemail.com)

**OBJECTIVES**

Seeking a challenging position in an esteemed Healthcare organization where my extensive Medical Professional and Practical experience will be fully utilized.

**SUMMARY OF STRENGTHS AND CAPABILITIES**

A result oriented individual with the following strengths:

- Perseverance with ‘can do’ attitude always. - Passion to work in excellence

- Energetic communication skills - Self-motivated team player - Fast learner - Trust and integrity

**PROFESSIONAL QUALIFICATIONS**

**BACHELOR OF SCIENCE IN NURSING**.

**University** : Rajiv Gandhi University of Health Sciences, Bangalore

**Institution** : Dr. JOHN’S College of nursing.

**Aggregate** : 67%

**Year of passing**  : 2008

**Courses taken include:**

* Community Health Nursing.
* Medical and Surgical Nursing.
* Pediatric Nursing.
* Maternity Health Nursing.

**REGISTRATION AND MEMBERSHIP**

* THE TRAINED NURSES ASSOCIATION OF INDIA (LIFE MEMBER SHIP): Register number /LMT
* The Karnataka nurses and midwives council: Register number –
* Saudi Council Card.

**CERTIFICATION ATTAINED**

* **Dubai Health Authority ( DHA) license certificate**.
* Basic life support FROM SAUDI :UPTO 2016
* PROMETRIC EXAM FROM SAUDI :

**ACADEMIC QUALIFICATIONS**

**HIGHER SECONDARY EXAMINATION**

Board : Kerala Board of Secondary Education

Institution : Govt. Higher Secondary School, Ayyanchoical

Aggregate % : 61%

Year of Passing : 2004

**SECONDARY SCHOOL LEAVING EXAMINATION**

Board : Kerala Board of Secondary Education

Institution : HS For Girls Thevalakara

Aggregate % : 76%

Year of Passing : 2002

**PROFESSIONAL EXPERIENCE**

1. **Organization: KING KHALID HOSPITAL, HAIL , KSA**  
   **Capacity:** (280 Bedded Under Ministry Of Health ,CBAHI Accredited)

**Duration:** 2012 February 10 – Present.  
  
**Role: CHARGE NURSE IN PEDIATRIC WARD AND AS ERT NURSE (Enzyme Replacement Therapy).**  
- Scheduled patient admissions and discharges.

- Assess patient status and notify physicians of clinical changes.

- Interact with departments regarding patient care.

- Educate patients/families on health care needs, conditions, options etc.

- Provide assistance to Nursing Manager in the supervision of staff nurses.

- Maintained patient charts and confidential files.

1. **Organization: KERALA INSTITUTE OF MEDICAL SCIENCES, Trivandrum, Kerala**  
   **Capacity:** 450 Bedded Multi Specialty Hospital, ACHSI, NABH Accredited, ISO 9001:2000)  
   **Duration:** 20th JUNE 2009 – 8th JULY 2011.  
     
   **Role: STAFF NURSE (Medical and Surgical Ward).**- Care to all critically ill patients with various medical conditions.

- Acute burns and poisoning management.

- Care of patients with ventilator support.

- Emergency management of Cardiac Arrest, Stroke, Myocardial Infarction.

- Acute respiratory Arrest Management.

- Skill full in assisting invasive procedures including Intubation, Arterial line, Central line, ICD.

1. **Organization : PUNARJANI SUPER SPECIALITY HOSPITAL PEROORKADA TRIVANDRUM,**

**Capacity:** (150 Bedded Hospital),   
**Duration:** 24th NOVEMBER 2008 – 30th APRIL 2009

**Role: STAFF NURSE IN SURGICAL ICU.**

**KEY SKILLS ACQUIRED**

* Administered Intravenous, Subcutaneous, and Intramuscular injections.
* Managed patients with various heart conditions such as Cardiac Arrest Hypotension, Hypertension, Arrhythmias, and Myocardial Infarction.
* Excellent in Medicine Calculation according to preferred protocol.
* Knowledgeable about Cardiac Drugs. - Excellent in Cardio Pulmonary Resuscitation.
* Skill full in securing Intravenous line. - Assisted physicians during treatments and examinations.
* Ensured safe working environment to Prevent Infections.
* Familiar with Cardio Version, Defibrillation and Temporary Pacemaker.
* Insertion of Nasogastric Tube and suctioning. - Collection of blood samples for analysis.
* Arterial Blood Gas analysis. - Central Venous pressure, Arterial line monitoring.
* Cardiac output monitoring. - Care of patients with Burns.
* 12 lead ECG analysis - Oxygen therapy - Tracheotomy care. - Care of patients in Isolation Unit.
* Assisting in Dialysis Catheter Insertion including care of patients undergoing Dialysis.
* Assist physician in Endotracheal Intubation and other Advanced Airway placement.
* Ventilator settings. - Familiar with Pulse Oxymeter.

**MANAGERIAL EXPERIENCE**

* Team leader and shift in charge in the hospital unit.
* House leader in school sports event.
* Organizer of Medical Camp during community health nursing posting.
* Organized and conducted public health awareness program.

**PERSONAL DETAILS**

Date of Birth : 31-05-1987

Religion : Christian

Sex : Female

Marital Status : Married.

Languages Known : English, Arabic, Malayalam and Tamil.