**SHAHID**

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**Skills Highlights:**

**Graduate nurse with over 10 years, healthcare/nursing experience.**

* Perform well in high pressure, fast-paced environment, and strong patient advocate.
* Confident to give quality of care and increase patient satisfaction
* Perform more than 50% of unit specific producers independently.
* Good analytical and problem solving skills.
* Excellent communication and interpersonal skills.
* Patient-centered care with focus on the patient’s needs, values, & safety to optimize patient outcomes.
* Experience in patient assessment.
* Charting and documentation of patient care.
* Educate patient and family members regarding the disease.
* Quick learner, computer proficient, Flexible to work in any shift.
* Ability to collaborate effectively and efficiently with the health care team and broader circle of care.
* Departmental Management and maintenance, arrangements, planning, data gathering, staffing, training and development, evaluating, maintenance of discipline, team work & punctuality of staff
* Role model attributes (positive attitude ,approachable ,calm demeanour )
* An ability to lead a group and be effective change agent
* Arranged medical equipments for new opening OPD for al nor hospitaol al ain
* Worked and an active member of JOINT COMMISSION INTERNATIONAL ACRIDITAION
* Link nurse of fire and safety.
* Trained for CBRNE to decontamination from contaminated casualty.

**Licensing status:**

1- Health authority Abu Dhabi license (PRACTICAL NURSE) License number GN 7005 active till October 2017

2- Pakistan nursing council REGISTERED NURSE License number: A 41169 active till 2017

3- Basic life support American heart association active active till may 2017

**Professional Experience**

**Currently working as PRACTICAL NURSE**

**ABU DHABI NATIONAL OIL COMANY IN RUWAIS HOSPITAL (ADNOC) FEBUARY 2015** until **MAY 2016**

Responsibilities Under the supervision of NURSING manager:

* Goes on eight hour duty as staff nurse.
* Receive and endorse patients at the beginning and end of duty hours.
* Perform other duties such as patient assessment in the absence of physician.
* Check the stocks from emergency kit such as medicine and supply for quality control
* Supervised subordinates, trainees and other healthcare workers.
* Report change in patients conditions and other matters of concern requiring prompt attention.
* Conduct health teachings to patient, families. Educate patient and family members regarding the disease.
* Charting and documentation of patient care.
* Attends to patients’ request for vomit receptacles, urinals, bedpans and removes them after use.
* Assist patients with self care needs like bathing, oral hygiene and elimination.
* Maintaining a safe and clean environment. Observe Fall Prevention Policy.
* Have a basic knowledge and skills on ECG monitoring.
* Trained to perform wound dressing.
* Trained to be a competitive for minor operations.
* Assisted newborn and well trained in performing newborn care.
* Perform more than 50% of unit specific producers independently.
* Enhance continuously clinical knowledge & skill by identify learning needs & opportunities with the assistants of recourse precious identified.
* Departmental Management and maintenance, arrangements, planning, data gathering, staffing, training and development, evaluating, maintenance of discipline, team work & punctuality of staff.

**Worked as OPD INCHARGE AND TEAM LEADER (EMERGENCY** **and OUTPATIENT DEPARTMENT)**

**AL NOOR HOSPITAL AL AIN (AL YAHER) OCTUBER 2009** until **JANUARY 2015**

* Role model attributes (positive attitude ,approachable ,calm demeanor )
* An ability to lead a group and be effective change agent
* Effective communication and collaboration skills.
* An Ability to defuse challenging situations in a professional manner.
* Time management and prioritization skills.
* An Ability to delegate, flexibility, assertiveness.
* An Ability to problem solve with critical thinking.
* Goal oriented personality.
* Utilized Patient assessment (present, past surgical, socio economic history) skills to identify and monitor patients, needs and consulted with physician to provide timely and efficient treatment.
* Assisting communicable disease through preventive and educative method.
* Extensive familiarity with patient assessment m intervention and compliance with medical policies and procedures.
* Interact with patients of all ages, level of development and ethnic backgrounds.
* Oversaw, monitored and performed budget analysis for the unit to ensure objectives were achieved.
* Collaborated with a multidisciplinary team to provide excellent patient care that exceeded HAAD and hospital regulations.

**Worked as REGISTED NURSE**  July 2006 to 15 JUNE 2009

**THE AGA KHAN UNIVERSITY HOSPITAL KARACHI PAKISTAN.**

**Inclusive dates of Rotation:**

July 2006 to January 2008 (2 years) Paediatric Ward

January 2008 to July 2009 Emergency Room/ oncology ward, Special care

* Responsible for providing safe basic Nursing Care to assigned patients by carrying out physician orders in required tests/produces, medication administrator & other nursing care in line with set produces and protocols.
* Administrative prescribed medication to patient safely & timely
* Provide basic nursing care to patients skilfully.
* Departmental Management and maintenance, arrangements, planning, data gathering, staffing, training and development, evaluating, maintenance of discipline, team work & punctuality of staff.
* Patient transferring from wheel chair to bed and bed to wheelchair.
* Arranging of ambulance to keep ready for patient.
* Checking medical equipments to keep them ready to use
* Triaging the patient according to prioritizing
* Health education, Health promotion
* Take vital signs (temperature, pulse, blood pressure, saturation.)
* Record and maintain intake and output.
* Documentation and Policies and procedure relating to JCIA and ISO Audits and HAAD.

**Academic and Professional Qualifications and Education:**

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| * **High School or Equivalent – *INTERMEDIATE (Higher Secondary School ) SEP 2001***   **Board of intermediate & secondary education ABBOTTABAD PAKISTAN** |
| Major subjects; CHEMISTRY, BIOLOGY, PHYSICS, and ENGLISH. |

* **GENERAL NURSING** Division: 1st DivisionMarch **2003** untilMarch **2006**

Three year Diploma in General nursing in March 2006 from Sindh Nurses Examination Board Karachi Pakistan.

Major Subjects: *Anatomy physiology, fundamental of nursing, community health nursing psychology, sociology, first aid, hygiene,nutrition,ethics.pediatric nursing, medical surgical nursing, leadership management*

* One year bridge course (foundation of nurse) April 2002-march 2003

Major subjects; Anatomy *physiology, fundamental of nursing, first aid and emergencies, hygiene and sanitation and nutrition physics and chemistry*

* **BASIC LIFE SUPPORT may 2015-may 2017**
* **CBRNE (chemical, biological, radiation, nuclear and expulsion) for hazmat and decontamination process for contaminated casualties July 2015**

**Languages:**

* Can speak, Read & write English, Urdu, and Pashto.
* Can Understand and communicate in ARABIC Language

**SPECIALIZED EQUIPMENT USED/HANDLED**

* Pulse Oximeter
* Nebulizer machine
* Suction machine
* ECG machine
* Glucometer
* Automated External Defibrillation
* PORTABLE DYNAMIC PUMPS FOR INFUION
* CARDIAC MONITOR
* CRASH CART
* APNEA MONITOR
* OPERATE THE CPM MACHINE
* Vital signs machine
* Disposable stitches kit

**Professional Achievements:**

* Best nursing student award in 2003
* Award of punctuality in 2005.
* Best student award in 2005.
* Award of punctuality in 2006.
* Best student award in 2006.
* Award of punctuality in 2007.
* Best student award in 2007.
* Student of outstanding & excellence Award in 2007
* 1st Position among all candidates in Sindh Nurses Examination Board Karachi. in 1st year of nursing 2004
* 3rd Position among all candidates in Sindh Nurses Examination Board Karachi in 2nd year of nursing 2005.
* 2nd Position among all candidates in Sindh Nurses Examination Board Karachi in 3rd year of nursing 2006
* Best Nursing Staff in Aga Khan University Hospital in 2007
* Award For Punctuality and Regularity in 2007
* Award For Punctuality and Regularity from The Aga Khan University Hospital in 2008

**Job Seeker First Name / CV No: 1715880**

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