**SHARUDEEN**

# Objective:-

* Aspiring professional seeking to leverage extensive knowledge and skill in the field of Physical therapy, Patient care, Public health and Social service.
* Talented and motivated always enhance my career goals.
* To learn something new at every step of my life and to apply my knowledge & skills.
* Ability to work with wide variety of people and maintain positive relationship.

***Key Strengths:-***

* Good communication, presentation and interpersonal skills.
* Committed and determined.

## Educational Qualification:-

* Bachelors of Physiotherapy from Rajah Muthiah Medical College[RMMC],
* Post graduate diploma in natural Naturopathy and Yogic science,
* Masters of Science in Yoga Therapy from Annamalai University, Tamil Nadu, India.
* Certification in Fitness management and strength & condition (personal training).

##### **Dissertation:-**

* As a part of my degree curriculum, I did a project “A PAIN FOLLOWING STROKE;

 A POPULATION BASED STUDY”.

* Worked as Assistant Research Scholar”Balance Status of the Elderly People and Factors Associated with it” published in **IJPOT** volume 9-Jan 2015.

## Professional Experience:-

* + Worked as Physiotherapist in ARUL (Dr.PalaniSwaminathan) HOSPITAL, 2013 to 2016 Chidambaram 608001.
	+ Working as Consultant Physiotherapist (Sports & Rehabilitation specialist) in REVIVE wellness and rehabilitation, Chennai 600010.
	+ Worked as Consultant Clinical Sports Physiotherapist and Yoga Therapist in FITNESSONE, Chennai, (strength & condition, corrective exercise programmer).
	+ Worked as Associate Physiotherapist-Since (December 2011 to August 2013) in VAIRAM Multi Specialty Hospital, Mayiladuthurai 609001.
	+ Consultant Yoga Therapist in Astanga Yoga club, Chennai.

## Clinical practice:-

* Attending since December 2012, I have an opportunity so far to assess and treat cases like Orthopedics, Neurologic, Cardio thoracic, Pediatric, Geriatric, Strength & condition, Sports and rehabilitation.

***Conferences and Workshop Participated:-***

* Participated in South Indian Physiotherapy Inter College En-bloc[SPICE-08].
* 21st National Conference of Indian Society of Hypertension [BPCON-11] at Rajah Muthiah Medical College.
* Workshop on “Life Saving Skills” 2011 organized by Youth Red Cross.
* National Service Scheme 2012-Melamungiladi village, Cuddlore District, Tamil Nadu.
* Workshop on National “Emergency Life Saving and Cardio Pulmonary Resuscitation” 3day program organized by Youth Red Cross.
* Workshop on “Operating Ventilator “at PACE2013 6th Sep, Pondicherry.
* Workshop on “Poly trauma Life Support” at PACE2013 7th Sep, Pondicherry.
* Program on Advances in Critical Care & Emergency[PACE2013]***,*** *5th national annual conference at Pondicherry.*
* CME on “Fitness in rehabilitation“at JIPMER, Pondicherry.
* Workshop on “Spinal Rehabilitation” at Kauvery Hospital, Chennai.

## Co curricular activities:-

* Trained specially to manage in and out-patient.
* Participated in community level rehabilitation, Sports Meet, Free medical camps in several villages in and around Chidambaram and Mayiladuthurai.
* Member of Youth Red Cross.

## Clinical Exposure:-

* Clinical training and practice was entirely supervised by qualified medical practitioner and physical therapist.

* Throughout my course schedule of eight semesters and Compulsory Rotational Internship program at Rajah Muthiah Medical College and Hospital(RMMC&H), with clinical posting in various Departments of Physical Medicine & Rehabilitation, Orthopedics, General Medicine, General Surgery, Neuro-Surgery, Plastic Surgery, Pediatrics, and Intensive Care Unit.

***Specific skills:-***

Computer: Proficiency in internet usage,

 Microsoft Office,

Languages:Fluent in both spoken & written

 English & Tamil.

## Personal Traits:-

 Sincere, Honest, Hard working, Enthusiastic and ready to take up responsibilities.

## Personal profile:-

 Date of birth : 06\04\1989

 Gender : Male

 Marital status : Single

 Nationality : Indian

**Job Seeker First Name / CV No: 1719696**

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