**Jisna Maria Jose**

**OBJECTIVE**

Dedicated, reliable, skilled, ethical health care worker with ability to stay calm and intervene during crises, facilitate groups and educational seminars, and collaborate on multidisciplinary teams looking staff nurse position in reputed Health Care Provider.

**EDUCATION & QUALIFICATION**

**Professional Qualification**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Exam Passed** | **Name Of Institution** | **Board Of Exam** | **Year Of Passing** | **% Of Marks** |
| Diploma in General Nursing and Midwifery (3 ½ Years) | Karuna School of Nursing, Nedumkandam,India | Kerala Nurses and Midwives Council | 2013 | 78 |

**Educational Qualification**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Exams Passed** | **Name Of Institutions** | **Board Of Exam** | **Year Of Passing** | **% Of Marks** |
| Secondary School Leaving Certificate | St. Thomas HSS Erattayar | Board of Public Examination, Govt. of Kerala, India | 2005 | 85 |
| Higher Secondary Examination | St. Thomas HS Erattayar | Board of Higher Secondary Examination, Govt. of Kerala, India | 2007 | 78 |

**Professional Affiliation**

* Kerala Nurses and Midwives Council Registration Number-
* DHA Examination-registered nurse Ref-DHA

**CLINICAL EXPERIENCE (2 Years)**

* ***STAFF NURSE(ICCU&HDU) September201-january2016***

 ***MUMBAI, INDIA***

It is a 1500 bedded leading multi specialty hospital, with all super specialty facility. It provides comprehensive quality health care from basic facilities in preventing health and curative technology in an ethical and patient friendly environment.

* ***SCHOOL*** ***HEALTH NURSE***

***NATIONAL RURAL HEALTH MISSION (NRHM) DECEMBER2013-SEPTEMBER2014***

The School health programme is the only public sector programme specifically focused on school age children. It is mainly focus on health assessment, immunization, health education, nutrition, first aid & counselling

* ***STAFF NURSE(ICCU)***

***MEDICAL TRUST HOSPITAL***

***NEDUMKANDAM, IDUKKI, KERALA. SEPTEMBER2013-DECEMBER2013***

This is a 120 bedded multi speciality hospital with all major specialities.

**JOB PROFILE**

Staff Nurse

 *Comprehensive Nursing Care:-*

* Admission procedures, Nursing Assessments.
* Monitor the Vital Signs.
* Maintain the IV line.
	+ Collection of sterile specimens like Blood, Urine, Stool and Sputum
	+ Check the airway, Breathing, Circulation.
	+ Medications:- Oral, Intramuscular, Intravenous, Subcutaneous, Intradermal Topical and Intrauterine.
	+ Check the Oxygen Saturation.
	+ Giving Oxygen inhalation, Nebulisation steam inhalation and chest physio therapy.
	+ Assisting the procedures like intubation, extubation, central line & arterial line, lumbar puncture, pleural aspiration, dressing.
* Assessing the physical and psychological needs of the patients, giving hair shampoo, giving hot and cold application according to the condition of the patients, check for complications such as bleeding, hypotension, hyperten­sion, bradycardia, fever, infection, retension of urine, hypoxia, vomiting, pain, arrhythmias etc.
* Insertion of IV cannula.
* Cardiopulmonary resuscitation, suction, skin care, perinealcare, catheter care, catheterization, Ryles tube insertion, diet planning, exercise of the extrimities, ambulation and health education.
* Carryout the doctor's orders.
* Follow up Discharge Teaching, Counselling of patients and relatives.
* Taking care of unconscious patients, introducing airway, giving ryles tube feeding, sterile wound care, diabetic wound care, helping patients in feeding and toileting, serving diet, trays especially for hypertensive and diabetic patients, mouth care, sponge bath, back care, maintaining records, reports and inventory checking.
* E.C.G Recording.
* Care for post OT patient like CABG, AVR, MVR, PDA and TOF etc.
* Care of post-procedure patients like PTCA,CAG
* Care of critical patients like ventilator patients, patient with Tracheostomy & ICD etc.

 Maintain the **FAST HUGS** in ICU/ICCU

**F** - early eternal **F**eeding

**A** - assessment of **A**nalgesia

**S** - assessment of **S**edation

**T** - **T**hromboembolic

**H** - **H**ead of bed elevation

**U** - Stress **U**lcer prophylaxis

**G** - **G**lycemic control

**S** – **S**tool

Equipment Familiar with:-

* Cardiac Monitor (Siemens & Philips)
* Ventilator (Siemens, Hamilton)
* Laryngoscope
* Bi-PAP Machine (Resumed)
* Defibrillator
* IABP Machine
* Infusion Pump
* Syringe Pump
* ECG Machine
* Glucometer
* Nebulizer,
* Pulse-Ox meter,
* Suction Machine

 **CERTIFICATE COURSES**

* **ACLS &BLS**

**PERSONAL PROFILE**

## Nationality : Indian

* Gender : female
* Date of Birth : 26-10-1989

## Marital Status : Married

* Languages Known : English, Hindi, and Malayalam, Tamil
*

**Job Seeker First Name / CV No: 1799622**

[Click to send CV No & get contact details of candidate](http://www.gulfjobseeker.com/feedback/submit_fb_em.php)

 