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| CURRICULUM VITAE |
| **SHAIKHJI**  |
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PERSONAL DETAILS

**NAME : SHAIKHJI**

**E-MAIL ID**  **:** shaikhji.300550@2freemail.com

**DATE OF BIRTH** **:** 09 June 1988.

**CAREER OBJECTIVE**

Certified Orthopedics and Sports Physical therapist with 3 years 7 months of experience, seeking a position which allows me to impart the best of my skills for the benefit of patients\clients.

**CURRENT POSITION**

Physiotherapist at Prime Healthcare Group, Prime Medical Centre, Dubai since October-2016.

**PROFESSIONAL EXPERIENCE**

Physiotherapist at Yash Orthopaedic Hospital, India, from November-2013 to August-2016.

**EDUCATIONAL QUALIFICATIONS**

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| **M.P.T****Master Of Physiotherapy** | **Date of Admission:** 05-12-2011**Date of Leaving:** 17-11-2013 **College and University**: Yenepoya Physiotherapy College, Yenepoya University, Mangalore.**Accolade:** Distinction |
| **B.P.T****Bachelor of Physiotherapy** | **Date of Admission:** 31-08-2006**Date of Leaving:** 30-11-2011**College and University**: Yenepoya Physiotherapy College, Mangalore. Rajiv Gandhi University, Bangalore.  |

* **BLS PROVIDER**
* American Heart Association certified BLS provider for Health care professionals, CPR and AED program.

**WORKSHOPS & CONERENCES \_\_\_\_\_\_\_\_\_\_\_**

* Completed Certified Course in **MANUAL THERAPY – SPINE IN INTEGRATED APPROACH (Maitland, Mulligan, McKenzie and Butler Concepts) for Spinal Dysfunctions – 2009.**
* Attended National Level Workshop on **ADVANCED INTEGRATED SOFT TISSUE TECHNIQUES FOR UPPER AND LOWER QUADRANT – 2012.**
* Attended Workshop on **MOVEMENT DYSFUNCTION & MOTOR CONTROL APPROACH – 2012.**
* Attended Workshop on **ROLE OF PHYSIOTHERAPY IN FITNESS FIELD-2012.**
* Completed Dissertation on topic **“ASSESSMENT OF KNOWLEDGE OF COMPUTER ERGONOMICS AND THE OCCURRENCE OF MUSCULOSKELETAL DISORDERS AMONG COMPUTER SCIENCE AND ENGINEERING STUDENTS”.**
* Completed Project Work On **“ANTERIOR CRUCIATE LIGAMENT, ITS REHABILITATION & LITERATURE REVIEW”.**
* Attended 5th All India Physiotherapy Students Conference – 2008.
* Attended 6th All India Physiotherapy Students Conference – 2009.
* Attended 48th Annual Conference Of the IAP – 2010.

**PUBLICATIONS**

### KNOWLEDGE OF COMPUTER ERGONOMICS AMONG COMPUTER SCIENCE ENGINEERING AND INFORMATION TECHNOLOGY STUDENTS IN KARNATAKA, INDIA.

### [Mohamed Sherif Sirajudeen](http://www.informaticsjournals.com/index.php/ajprhc/search/authors/view?firstName=Mohamed&middleName=&lastName=Sherif%20Sirajudeen&affiliation=Department%20of%20Physical%20Therapy%20and%20Health%20Rehabilitation,%20College%20of%20Applied%20Medical%20Sciences,%20Majmaah%20University,%20Al%20Majmaah,%20Riyadh&country=SA), [Shaikhji Saad Mohamed Siddik](http://www.informaticsjournals.com/index.php/ajprhc/search/authors/view?firstName=Shaikhji&middleName=&lastName=Saad%20Mohamed%20Siddik&affiliation=Yenepoya%20Physiotherapy%20College,%20Yenepoya%20University,%20Mangalore%20-%20575022,%20Karnataka&country=IN). Asian Journal of Pharmaceutical Research and Health Care. 2017: 9(2):64-70.

* **Co-Author: PREVALANCE OF WORK RELATED MUSCULOSKELETAL DISORDERS AMONG DENTAL STUDENTS IN SOUTHERN KARNATAKA DISTRICT**.

Nusaibath M Shaikhji, Abdul Rahim Shaik, Shaikhji Saad, Padmakumar Somasekaran Pillai. International Journal of Physiotherapy (IJPHY) 2015:2(3):518-523.

* **Co-Author: CORRELATION OF LOW BACK PAIN WITH BODY MASS INDEX, FUNCTIONAL REACH TEST AMONG FEMALE NURSING PROFESSIONALS** Shameela .T .V, Veena Pais, Shaikhji Saad, Nusaibath M.International Journal of Physiotherapy. (IJPHY) 2015:2(6): 894-898.
* **Co-Author: EFFECTIVENESS OF ECCENTRIC TRAINING, DYNAMIC RANGE OF MOTION EXERCISES AND STATIC STRETCHING ON FLEXIBILITY OF HAMSTRING MUSCLE AMONG FOOTBALL PLAYERS.**

Askar P.V, Veena Pais, Nagarajan Mohan, Shaikhji Saad, Nusaibath M Shaikhji. International Journal of Physiotherapy (IJPHY) 2015:2(6): 1012-1018.

* **Co-Author: ANALYSIS OF POWER GRIP AND PINCH GRIP AMONG HEALTH CARE PROFESSIONALS.**

Zakariya M P1, Umama nisar shah2, Nagarajan mohan3, Shaikhji Saad1,Nusaibath M Shaikhji1. International Journal of Physiotherapy (IJPHY) 2016:3(1): 45-52

* **COMPARISON OF EFFECTIVENESS OF DIAPHRAGMATIC BREATHING AND PURSED-LIP EXPIRATION EXERCISES IN IMPROVING THE FORCED EXPIRATORY FLOW RATE AND CHEST EXPANSION IN PATIENTS WITH BRONCHIAL ASTHMA**

G. Shine, Abdul Rahim Shaik, S. Padmakumar, Shaikhji Saad, Shaikhji Nusaibath

International Journal of Physiotherapy (IJPHY) Vol 3(2), 154-158, April (2016)

* **EVALUATION OF AGE AND GENDER-RELATED BALANCE SCORES IN NORMAL ADULTS USING MINI BALANCE EVALUATION SYSTEMS TEST** Abdul Latheef K.E, Thangadurai C, Shaikhji Saad Mohamed, International Journal of Physiotherapy (IJPHY) Vol 4(3), 196-200, June (2017)

**DECLARATION**

 I do here by declare that the above information is true to the best of my knowledge.