

DR. HAFIZ

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| *PERSONAL INFORMATION* |  |
| **NAME** | HAFIZ |
| **DATE OF BIRTH** | **02-09-1983** |
| MARITAL STATUS | MARRIED |
| **RELIGION** | **ISLAM** |

CAREER OBJECTIVES

***I AM DEDICATED, AMBITIOUS AND DILIGENT YOUNG DOCTOR WITH AIM OF UTILIZING MY POTENTIAL, ZEST, KNOWLEDGE AND CLINICAL SKILLS TO ACHIEVE EXCELLENCE AND BE PART OF A MULTIDISCIPLINARY HEALTH CARE TEAM.***

BASIC EDUCATIONAL QUALIFICATIONS

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| **DEGREE** | **INSTITUTE** | BOARD/UNIVERSITY | TOTAL MARKS | OBTAINED MARKS | **%AGE** |
| **S.S.C** | GOVT.HIGH SCHOOL NO.1CHAKWAL | B.I.S.E RAWAL PINDI | 850 | 681 | **80.12%** |
| **H.S.S.C** | PAF INTER COLLEGE KALLAR KAHAR | F.B.I.S.E ISLAMABAD | 1100 | 866 | **78.7%** |

PROFESSIONAL QUALIFICATIONS

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| **QUALIFICATION** | **NAME OF UNIVERSITY/COLLEGE** | **COUNTRY OF QUALIFICATION** | **YEAR OBTAINED** |
| MBBS | **PUNJAB MEDICAL COLLEGE FAISALABAD.** | PAKISTAN | 2011 |
| **FCPS PART-I( SURGERY)** | **COLLEGE OF PHYSICIANS AND SURGEONS** | PAKISTAN | 2012 |
| **IELTS** | **SECURED OVERALL 7 BAND** | MALDIVES | 2015 |
| ACLS | SHIFA COLLEGE OF MEDICINE ISLAMABAD | PAKISTAN | 2015 |

DETAILED PRACTISING HISTORY:

INTERNSHIP/HOUSE JOB;

1. UROLOGY

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| **DATES** | **01-07-2011 TO 30-09-2011** |
| **POSITION TITLE** | **HOUSE OFFICER** |
| RESPONIBILITIES | * MY JOB WAS FULL TIME, REGULAR AND RESIDENTIAL. * ICAVERED INDOOR, OUTDOOR DUTIES. * HISTORY TAKING, CLINICAL EXAMINATION, CASE PRESENTATION ON BEDSIDE AND IN CLASS ROOM. * ATTENDING WARD ROUNDS WITH CONSULTANT UROLOGISTS, * CONFIDENTLY DEALT WITH DIFFERENT UROLOGICAL PROCEDURES LIKE FOLEY`S CATHETRIZATION, BLADDER WASH, SUPRA PUBIC CYSTOSTOMY AND PERCUTANEOUS NEPHROSTOMY. * GAINED EXPERIENCE IN POSTOP CARE * ASSISTED SURGICAL PROCEDURES LIKE TURP, PCNL, URS, PYELOLITHOTOMY, NEPHRECTOMY ETC. * I WAS AWARDED AS THE BEST HOUSE SURGEON for MY SESSION. |
| DEPARTMENT | **UROLOGY AND KIDNEY TRANSPLANTATION** |
| FACILITY | **ALLIED HOSPITAL AND DHQ HOSPITAL FAISALABAD** |
| **CITY/STATE** | **FAISALABAD / PUNJAB** |
| **COUNTRY** | **PAKISTAN** |

MEDICINE;

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| **DATES** | **01-10-2011 TO 31-12-2011** |
| **POSITION TITLE** | **HOUSE PHYSICIAN** |
| RESPONIBILITIES | * I COVERED INDOOR AND OUTDOOR PATIENTS AS WELL AS TWO EMERGENCY DUTIES PER WEEK.MY JOB WAS FULL TIME, RESIDENTIAL AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION AND CASE PRESENTATION DURING WARD ROUNDS AND IN CLASS ROOMS. * MANAGED OUTDOOR PATIENTS LIKE HAVING INFECTIOUS DISEASES, STDS,ALLERGIES, DERD, DIABETES MELLITUS AND HYPERTENSION ETC. * MANAGED PATIENTS OF CLD WITH COMPLICATIONS, STROKE, CRF WITH COMPLICATIONS, CONGESTIVE CARDIAC FAILURE, COPD ETC IN THE WARD. * DEALT WITH EMERGENCIES LIKE CHEST PAIN, ARRHYTHMIAS,ACUTE SEVERE ASTHMA, EPILEPSY, DIABETIC KETOACIDOSIS,DRUG OVERDOSE AND POISONING ETC. * PERFORMED PROCEDURE LIKE I/V CANNULATION, FOLEY`S CATHETERIZATION,LUMBAR PUNCTURE, PARACENTESIS,PLEURAL TAP, N/G INTUBATION,AND ARTERIAL PUNCTURE. |
| DEPARTMENT | **MEDICAL UNIT-3** |
| FACILITY | **ALLIED HOSPITAL AND DHQ HOSPITAL FAISALABAD** |
| **CITY/STATE** | **FAISALABAD / PUNJAB** |
| **CITY/STATE** | **PAKISTAN** |

SURGERY

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| **DATES** | **01-01-2012 TO 31-03-2012** |
| **POSITION TITLE** | **HOUSE SURGEON** |
| RESPONIBILITIES | * I COVERED INDOOR AND OUTDOOR PATIENTS AS WELL AS TWO EMERGENCY DUTIES PER WEEK.MY JOB WAS FULL TIME, RESIDENTIAL AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION AND CASE PRESENTATION DURING WARD ROUNDS AND IN CLASS ROOMS. * CONFIDENTLY DEALT WITH ALL TYPES OF SURGICAL EMERGENCIES. * GAINED EXPERIENCE IN POSTOP CARE. * ASSISTED SURGICAL PROCEDURES LIKE OPEN AND LAPROSCOPIC CHOLECYSTECTOMY,THYROIDECTOMY, LAPROTOMY,VASCULAR REPAIR, RIGHT HEMICOLECTOMY, HERNIORRHAPY, LUMPECTOMY BREAST,MASTECTOMY ETC. * PERFORMED SURGICAL PROCEDURES LIKE SUTURING ALL TYPES OF WOUNDS, DEBRIDEMENT AF WOUNDS,INCISION AND DRAINAGE, CIRCUMCISION,CHEST INTUBATION, VENOUS CUT DOWN,TENDON REPAIR. |
| DEPARTMENT | **SURGICAL UNIT-5** |
| FACILITY | **ALLIED HOSPITAL AND DHQ HOSPITAL FAISALABAD** |
| **CITY/STATE** | **FAISALABAD / PUNJAB** |
| **COUNTRY** | **PAKISTAN** |

PEDIATRICS;

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| **DATES** | **01-04-2012 TO 30-06-2012** |
| **POSITION TITLE** | **HOUSE PHYSICIAN** |
| RESPONIBILITIES | * I COVERED INDOOR AND OUTDOOR PATIENTS AS WELL AS TWO EMERGENCY DUTIES PER WEEK.MY JOB WAS FULL TIME, RESIDENTIAL AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION AND CASE PRESENTATION DURING WARD ROUNDS AND IN CLASS ROOMS. * MANAGED OUTDOOR PATIENTS LIKE INFECTIOUS DISEASES, RESPIRATORY TRACT INFECTIONS, ACUTE GASTROENTERITIS ETC. * MANAGED PATIENTS OF BIRTH ASPHYXIA, PHYSIOLOGICAL AND PATHOLOGICAL JAUNDICE, SEPSIS, LOWER RESPIRATORY TRACT INFECTIONS, DIABETES MELLITUS, ETC. * ALSO GOT THE CHANCE TO WORK IN PEDIATRIC ICU. * PERFORMED PROCEDURES LIKE I/V CANNULATION, PEDIATRIC AND NEONATAL BLOOD SAMPLING, NASO GASTRIC INTUBATION, TRACHEAL INTUBATION, CPR, MECHANICAL VENTILATION, LUMBAR PUNCTURE, THORACOCENTESIS AND EXCHANGE TRANSFUSION ETC. |
| DEPARTMENT | **PEDIATRIC UNIT-2** |
| FACILITY | **ALLIED HOSPITAL AND DHQ HOSPITAL FAISALABAD** |
| **CITY/STATE** | **FAISALABAD / PUNJAB** |
| **COUNTRY** | **PAKISTAN** |

***NOTE; SIX MONTHS STUDY BREAK FOR FCPS-1 EXAMINATION (JULY2012 TO DECEMBER 2012)***

**POST INTERNSHIP PRACTISING HISTORY:**

MINES MEDICAL OFFICER

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| **DATES** | **02-01-2013 TO 15-07-2014** |
| **POSITION TITLE** | **MINES MEDICAL OFFICER (GRADE-17)** |
| RESPONIBILITIES | * I COVERED INDOOR AND OUTDOOR PATIENTS AS WELL AS ONE EMERGENCY DUTY PER WEEK.MY JOB WAS FULL TIME, AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION, ORDERING INVESTIGATIONS AND PRESCRIBING MEDICATIONS. * MANAGED PATIENTS WITH ACUTE TRAUMA, MINES ACCIDENTS AND FIREARM INJURIES, ACUTE POISONING. * STUDIED THE PATHOLOGICAL REPORTS, X-RAYS, ECG,DIAGNOSED DISEASES, PRESCRIBED MEDICINES. * REGULARLY MONITORED THE INDOOR PATIENTS AND TREATED THEM ACCORDING TO THE SENIORS. * PERFORMED MINOR SURGICAL PROCEDURES IN A&E DEPARTMENT AND OT. * COUNSELLED THE PATIENTS AND THEIR FAMILIES ON DIFFERENT HEALTH ISSUES. * PLAYED AN ACTIVE ROLE IN IMPLEMENTING NATIONAL IMMUNIZATION PROGRAM AND VARIOUS HEALTH PROMOTIONAL CAMPS. * VISITED DIFFERENT CEMENT FACTORIES AND COAL MINES AND ARRANGED CAMPS FOR SCREENING CHEST DISEASES IN THE WORKERS. |
| DEPARTMENT | MINES LABOUR WELFARE DEPARTMENT GOVT OF PUNJAB |
| FACILITY | **MINES LABOUR WELFARE HOSPITAL CHOA SAIDEN SHAH** |
| **CITY/STATE** | **CHAKWAL / PUNJAB** |
| **COUNTRY** | **PAKISTAN** |

***NOTE; 1 WEEK BREAK (16-07-2014 TO23-07-2014)***

POST GRADUATION TRAINING

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| **DATES** | **24-07-2014 TO 29-09-2014** |
| **POSITION TITLE** | **PGT-MO** |
| RESPONIBILITIES | * I COVERED INDOOR AND OUTDOOR PATIENTS AS WELL AS TWO EMERGENCY DUTIES PER WEEK.MY JOB WAS FULL TIME, RESIDENTIAL AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION AND CASE PRESENTATION DURING WARD ROUNDS AND IN CLASS ROOMS. * CONFIDENTLY DEALT WITH ALL TYPES OF SURGICAL EMERGENCIES. * ASSISTED SURGICAL PROCEDURES LIKE OPEN AND LAPROSCOPIC CHOLECYSTECTOMY,THYROIDECTOMY, LAPROTOMY,VASCULAR REPAIR, RIGHT HEMICOLECTOMY, HERNIORRHAPY, LUMPECTOMY BREAST,MASTECTOMY ETC. * PERFORMED PROCEDURES LIKE I/V CANNULATION, SURGICAL SUTURING, APPENDECECTOMY, DEBRIDEMENT OF DIABETIC WOUNDS, CHEST TUBE INTUBATION ETC. |
| DEPARTMENT | SURGICAL UNIT 1 |
| FACILITY | **ALLIED HOSPITAL AND DHQ HOSPITAL FAISALABAD** |
| **CITY/STATE** | **FAISALABAD / PUNJAB** |
| **COUNTRY** | **PAKISTAN** |

**NOTE; 20 DAYS BREAK( LEFT MY HOME COUNTRY AND STARTED WORKING IN MALDIVES (30-09-2014 TO 19-10-2014)**

MEDICAL OFFICER (MALDIVES)

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| **DATES** | **20-10-2014 TO DATE** |
| **POSITION TITLE** | **MEDICAL OFFICER** |
| RESPONIBILITIES | * I COVER INDOOR AND OUTDOOR PATIENTS AS WELL AS ONE EMERGENCY DUTY PER WEEK.MY JOB WAS FULL TIME, AND REGULAR. * HISTORY TAKING, PHYSICAL EXAMINATION, ORDERING INVESTIGATIONS AND PRESCRIBING MEDICATIONS. * STUDY THE PATHOLOGICAL REPORTS, X-RAYS, ECG,DIAGNOSE DISEASES, PRESCRIBE MEDICINES. * REGULARLY MONITOR THE INDOOR PATIENTS AND TREAT THEM ACCORDINGLY. * PERFORMED MINOR SURGICAL PROCEDURES. * COUNSELLING THE PATIENTS,SCREENING,IMMUNIZATIONS AND MAKING PROPER REFERALS TO THE SECONDARY AND TERTIARY CARE LEVELS |
| DEPARTMENT | **MINISTRY OF HEALTH MALDIVES** |
| FACILITY | **N.MAALHENDHOO HEALTH CENTRE,** |
| **CITY/STATE** | **NOONU ATOLL** |
| **COUNTRY** | **MALDIVES** |

**CLINICAL AND PROCEDURAL SKILLS:**

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| **COMPETENT** | **OBSERVED AND ASSISTED** |
| TAKING I/V LINE | CENTRAL VENOUS CATHETRIZATION |
| ARTERIAL BLOOD GAS SAMPLING | UPPER GI ENDOSCOPY |
| PLEURAL TAP | OESOPHAGOSCOPY |
| NASOGASTRIC TUBE INSERTION | PERITONEAL DIALYSIS |
| ENDOTRACHEAL INTUBATION | TURP |
| FOLEY`S CATHETRIZATION | THYROIDECTOMY |
| ANTERIOR AND POSTERIORNASAL PACKING | HERNIRRAPHY |
| ASCITIC TAP | TRACHEOSTOMY |
| SUTURING ALL TYPES OF WOUNDS | CHOLECYSTECTOMY |
| LUMBAR PUNCTURE | BRONCHOSCOPY |
| CHEST TUBE INSERTION | MASTECTOMY |
| VENESECTION | EXPORATORY LAPROTOMY |
| USG GUIDED LIVER ABSCESS ASPIRATION | PCNL |
| FOREIGN BODY REMOVAL | HEMORRHOIDECTOMY |
| INCISION AND DRAINAGE | NEPHRECTOMY |

**CURRENT & PREVIOUS MEDICAL LICENSING AUTHORITIES;**

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| **LICENSING AUTHORITY** | **COUNTRY OF REGISTRATION** | **REGISTRATION TYPE** | **REGISTRATION NO.** |
| **PAKISTAN MEDICAL AND DENTAL COUNCIL** | **PAKISTAN** | **FULL REGISTARTION** |  |
| **COLLEGE OF PHYSICIAN** | **PAKISTAN** | **FCPS TRAINEE** |  |
| **MALDIVES MEDICAL COUNCIL** | **MALDIVES** | **PROVISIONAL** |  |
| **IRISH MEDICAL COUNCIL** | **IRELAND** | **UNDER PROCESS** |  |
| **DUBAI HEALTH AUTHORITY** | **UAE** | **EXAM PASSED** |  |
| **MINISTRY OF HEALTH** | **UAE** | **EXAM PASSED** |  |

**OTHER ACHIEVEMENTS:**

* I HAD BEEN A REGULAR MEMBER OF SPORTS CLUB OF MY MEDICAL COLLEGE.
* I WORKED AS VOLUNTEER FOR MEDICAL CARE OF VICTIMS OF EARTHQUAKE IN 2005.

HOBBIES;

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| **CRICKET, FOOTBALL, TENNIS, GYM TRAINING** | **POLITICS, MOVIES, WWE WRESTLING, INTERNET AND COMPUTERS** | **READING MEDICAL RESEARCH, READING HISTORY** |