**ANGIRA GOSWAMI, Physiotherapist [MPT, MIAP, FIMT]**

Summary: Physiotherapist with MOH UAE licence having high motivation and confidence with exceptional multitasking & organizational skills; Multilingual fluency (Arabic); Master’s degree in Musculoskeletal and Sports Physiotherapy from Rajiv Gandhi University of Health Sciences, Bangalore, registered with Indian Association of Physiotherapists; BLS/CPR certification from Saudi Heart Association & registered with Saudi Commission for Health Specialties; 5 years of dedicated hospital experience in treating orthopedic, neurological, pediatric, adolescent, adult & geriatric patients including sports injuries, cardiac rehabilitation and Women’s health & incontinence.

Objective: To obtain a physical therapist position where I may be able to employ my knowledge of best practices of modern physical therapy in order to provide a high standard of service to the patients.

Core Strengths:

* Able to communicate effectively and sensitively with patients and carers to maximize the rehabilitation of patients and to ensure understanding of complex clinical issues.
* Excellent client facing skills and proficiency in patient assessment, time management and therapy-program design or execution.
* Professional mannerism and listening skills.

Work Experience:

1. Working as a Physiotherapy Specialist in **Al-Mahad General Hospital, Ministry of Health**, **Madina, Kingdom of Saudi Arabia, from November 2013 till present.**

Duties: \*Assess patient’s physical abilities through evaluative procedures such as functional ability tests like Berg Balance Scale & Barthel Index

\*Establish treatment goals for patients based on physical diagnosis in Physiotherapy out-patient dept., in the wards as well as in Intensive care Units for babies and adults

\*Plan & implement programs like therapeutic exercise, manipulations, education & use of electro-therapeutic equipments

\*Evaluate the effectiveness of treatment plans and modify accordingly

\*To communicate with the referring physician & other healthcare professionals regarding patient’s problems, needs and progress

\*Maintain patient’s records & confer with other healthcare professionals and update

professional knowledge and maintain good ethical practice

1. Worked as Corporate Physiotherapist in **Fortis Healthcare Ltd., Bangalore, India,**

**from August 2012 to 2013**

Duties: \*Assess patient’s physical abilities through evaluative procedures

\*Plan & implement programs of physiotherapy including therapeutic exercise,

manipulations, massage, education and use of electrotherapeutic modalities

\*Develop and implement health promotion programs (Health Camps) for patients,

staff, corporate patients, & the neighbourhood communities

\*Physiotherapy consultation and health talks in corporate & software companies.

1. Worked as a Physiotherapist in **Padmashree Diagnostics, Bangalore, India, from December 2009** **to October 2010**

Duties: \*Assessment of patients through evaluative procedures

\*Establish treatment goals & plans implementing exercise and physiotherapeutic

modalities and patient education

\*Communicate with the referring physician and colleagues regarding patients

\*Maintain clinical and statistical records, record writing, update professional knowledge

Achievements:

* Organized free health camps at four different places and awareness programs such as health talks in seven software companies and neighbourhood communities while working at Fostis hospital
* Development of cardiovascular training guidelines for stroke patients
* Physiotherapy balance exercise program and patient’s education to improve balance & functional gait outcomes in patients at risk of falling
* Able and stable falls prevention exercise & education program

Educational summary:

1. 2010-2012 – Master of Physiotherapy(Mpt), Percentage – 1st year – 60%

2nd year – 74%

1. 2005-2009 – Bachelor of Physiotherapy(Bpt), Percentage - 1st year - 72%

2nd year – 63%

3rd year – 73%

4th year – 72%

6 Months Internship from following hospitals:

* Abhaya Hospital, Wilson Garden
* ESIC Model Hospital, Rajajinagar
* K C General Hospital, Malleshwaram
* Ravi Kirloskar Memorial Hospital, Peenya 1st stage
* Sports Authority of Karnataka, Kanteerava Stadium
* Padmashree Diagnostics, Vijaynagar
* Padmashree Clinic and Rehabilitation Centre, Nagarbhavi Circle
* Sumanahalli Leprosy Centre, Sumanahalli

Professional Certifications:

1. Attended a certification workshop on “Brunnstorm’s Movement Therapy” for 08 contact hours.
2. Attended a certification workshop on “Muscle Energy Technique” for 08 contact hours.
3. Attended a certification workshop on “Manual Therapy” for 096 contact hours.
4. Attended a certification workshop on “Recent Trends in Physiotherapy” for 06 contact hours.

Reference:

1. Dr. Vasudeva R. (M.B.B.S., FAGE), Director, Padmashree Group of Institutions, Bangalore, India. Phone: +919854600093
2. Dr. Wifred Samson (Physiotherapist), Head of the Department, Fortis Hospital, Rajajinagar, Bangalore, India. Phone: +919742926669, +919342839525
3. Dr. Abdul Aziz (M.B.B.S., MD), Medical Director, Mahad General Hospital (Ministry of Health), Madina, Saudi Arabia. Phone: +966 0509809140

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