**CURRICULM VITAE**

Dr.Joovin kennedy

 OBJECTIVE:

I would like to work for an Health care organization that gives me an opportunity to learn, excel & grow along with it and where I could serve people with my experience, knowledge and skills for better growth and reputation of the system.

PERSONAL SUMMARY:

An expert in Naturopathic Medicine ,Health and Wellness. Have an extensive knowledge in Mind Body Medicine, Naturopathy,Ayurveda, Nutrition,Acupuncture,Massage,Yoga & physical culture.A highly dedicated and self motivated individual with a market perceptive and a go –getter attitude towards managing and carrying out activities. Experienced with Eastern and Western clientele. Now looking for a challenging position, one which will make best use of my existing skills and experience and also further my personality.

EDUCATION:

***B.N.Y.S (Bachelor of Naturopathy and Yogic sciences)*** 2010 Aug -2015 Feb

Graduated from J.S.S Institute of Naturopathy and Yogic Sciences affliated tothe **T.N Dr.MGR Medical University**,Chennai,Tamil Nadu-India, Recognized by National Institute of Naturopathy and Central Council for Research in Yoga and Naturopathy ( CCRYN).

OTHER CREDENTIALS:

* Diploma in Acupuncture Detoxification

**Trainings attended:**

* CME on Infertility conducted byNational Institute of Naturopathy,Pune
* International Conference on Yoga and Naturopathy,SDM College of Naturopathy and Yogic Sciences,Ujire,Mangalore,Karnataka

INTERNSHIP EXPERIENCE:

**JSS NATURE CURE HOSPITAL, COIMBATORE, TAMIL NADU**

**UNDER:**

* Physiology Department
* Pathology Department
* Biochemistry Department
* Social and Preventive Medicine Department
* Obstetrics and Gynaecology Department
* First Aid and Minor Surgery Department
* Psychology and Psychiatry Department
* Pharmacology Department
* Yoga and Physical Culture Department
* Nutrition and Dietitics Department
* Herbology and Aromatherapy Department
* Physiotherapy Department
* Acupuncture and Reflexology Department
* Hydrotherapy and Clay Therapy Department

WORK EXPERIENCE:

* Health and Wellness Consultant at Sneha Ayur Naturo Hospitals, Thrissur, Kerala,India (March 2015 - Present)
* Yoga and Diet Consultant at Indus Valley Ayurvedic centre,Mysore,India (June 2016 – present)

PROFESSIONAL EXPOSURE:

* Profound exposure in ***Ashtanga yoga*** , with elements chosen from vinyasa ,power and Hatha Yoga .
* Exposure in teaching Integrated style of Yoga particularly traditional Hatha Yoga and shookshma vyayam(minute exercises) as well as therapeutic yoga ,special techniques,cyclic meditation,yoga nidra,Relaxation and Meditation.
* Specialized in ***Prenatal Yoga*** focusing spinal alignment,pelvic stability,breathing,improved co-ordination and balance.
* Profound knowledge in Nutrition and Dietitics
* Specialized in Hydrotherapeutic applications,Pool therapy and Clay therapy.

PROFESSIONAL SKILLS:

* Consultant Naturopath
* Wellness Speaker
* Spa Administrator
* Spa Trainer
* Nutritionist
* Yoga and Meditation Expert
* Psychologist
* Sales and Marketing

PERSONAL SKILLS:

* Professional Mannerisms
* Patient Handling
* Listening skills
* Teaching and training
* Organising programs
* Events Management
* Crisis Management

PERSONAL DETAILS:

**Date of Birth : 13 –August-1992**

**Sex : Male**

**Marital status : Single**

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|  **Language** |  **Spoken** |  **Written** |
|  **English** |  **Fluent** |  **Fluent** |
|  **Malayalam** |  **Fluent** |  **Fluent** |
|  **Hindi** |  **Basic** |  **Basic** |
|  **Tamil** |  **Fluent** |  **Basic** |

**Job Seeker First Name / CV No: 1818306**

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