**JOSEPH CHERIAN**

**PHYSIOTHERAPY TECHNICIANWITH VALID DHA LICENSE**

Seeking a challenging opportunity in the **industry** for personal and professional growth.

**PROFILE**

* A dynamic professional with over 12 years of experience in treating complex physical therapy through exercises, movement, electrotherapy and mobilization.
* Established credentials in providing physiotherapy/ treatment for both outpatients/ inpatients by performing in-depth patient evaluation and developing treatment plan.
* Demonstrated capabilities in sufficient clinical knowledge and practice across Orthopedics,Neurology,and sports injuries.
* Superior diagnostic skills with expertise in identifying issues, forming hypothesis, conducting analysis, making recommendations and achieving patient mobility.
* Proven ability to work in harmony with medical staff, administration, patients to ensure service consistent with organizational standards and procedures.
* Excellent client facing skills and the ability to work closely with other health care professionals to assess patients’ needs and devise suitable treatment plans for them.
* Sound interpersonal skills with proven abilities to interact with people from diverse backgrounds, cultures and geographies.
* Skilled medical care professional with wholehearted dedication towards patient care and willingness to learn & keep abreast of new developments in medical field.
* Empathetic professional with tremendous sensitivity, tact and patience to listen to patient’s problems with deep sense of community service

**CORE COMPETENCIES**

Mobilization 🞛 Stretching Technique🞛 Electrotherapy, Neurological and Orthopedics Rehabilitation🞛Chest Physiotherapy🞛 Mat Exercises🞛Aerobic Exercises 🞛Sports Physiotherapy🞛Fitness Program And Physically Fitness Programme Development 🞛 Kinesiology Taping and Massage Techniques 🞛Soft Tissue ReleaseTime Management 🞛 Interpersonal Skills 🞛Team Management 🞛Constant up gradation in latest techniques in Physiotherapy and Rehabilitation

**PROFESSIONAL EXPERIENCE**

**Dr SUNNY MEDICAL CENTRE L.L.C, UMM AL QUWAIN JUNE 2014 – MAY2016**

**Physiotherapist**

**DUBAI CLUB FOR THE DISABLED, DUBAI OCT 2006 – MAY 2014**

**Physiotherapist**

* Initiating appropriate physiotherapy intervention programs for patients or clients suffering from immobility and assessing and evaluating physical disabilities caused by neurological disorders, stroke, diseases or injuries.
* Providing first aid services to injured player instrumentally determining the nature and types of the injuries their impacts on the joints, and assess them anatomically and functionally.
* Interpreting and analyzing clinical and non-clinical facts to form accurate diagnosis and prognoses in a wide range of highly complex conditions and recommending the best course of intervention.
* Performing in-depth patient evaluation, developing treatment plan and managing individualized treatment focused on the patient’s individual goals along with developing comprehensive discharge plans.
* Ascertaining if a player can further participate in game by examining the injuries and planning appropriate course of treatment.
* Creating rehabilitation programs to meet players needs, utilizing the graduatedexercise programs involving strengthening,stretching,breathing and relaxation , manipulations, sports massage and pat & family education
* Implementing treatment plan by using exercises, movement, electrotherapy and mobilization that stimulate and activate different parts of the body.
* Preventing the onset, symptoms and progression of impairments, functional limitations and disabilities that may result from diseases, disorders, conditions or injuries.
* Referring player to other health Practitioners for extra treatments, preparing players physically and mentally for sports events.
* Educating player about warming up and cooling down exercises with the accountability of maintaining athlete clinical and statistical records as well as confer with the other health care professionals.

**MARIA HOSPITAL, ADOOR,KERALA,INDIA Jun 2000 – may 2001**

**Physiotherapist**

* Involved in writing patient case notes and maintaining records on the initial evaluation, progress and discharge of clients in accordance with professional standards and departmental policies.
* Worked on orthopedic caseloads and equipment, including Ultrasound, TENS Interferential, mobility aids, heat and ice therapy, treated nerve injuries & polio.
* Conducted Exercise programs for pre and postoperative gynaecology cases and worked with a variety of orthopedic cases have extensive experience with fracture, arthritis and backache.
* Provided guidance to family members to recognize and change behaviour patterns that impede progress and explained techniques to them for using at home.
* Successfully worked on neurological disorders, including palsy, head injury, foot drop and accident cases and maintained seamless coordination with cardiac rehabilitation programs for surgical and non-surgical conditions.
* Contributed to the high standard of multi-disciplinary care of patients, attended ward rounds, case conferences and multi-disciplinary meetings as appropriate.
* Ensured the rights and dignity of the patient are respected at all times and confidentiality on all matters and information obtained are maintained.
* Formulated homebound treatment plans for clients on home based programs, provided counseling to parents and family members regarding diagnosis and treatment.
* Liaised with other healthcare personnel to supply and received relevant information about the background and progress of patients, as well as referred patients who require other specific medical attention.
* Kept abreast with the new techniques and technologies available for treating patients, ensuring quality physiotherapist treatment to the highest possible levels.

**PAST EXPERIENCE**

**CHAITANYAHOSPITALAND REHABILITATION CENTER, BANGLORE Apr 1999 – Mar 2000**

**Clinical Therapist**

**PROFESSIONAL LICENSE / CONFERENCES**

* Eligibility: Holding valid DHA License (DHA –P-0123716) Date of Expiry 01/05/2017
* Data Flow: PSV Completed
* Attended IPC POWERLIFTING National Classifier Course held in U.A.E (26 -30 March 2010)
* IPC ATHLETICS National classifier course held in U.A.E (23rd February 2014)

**EDUCATION CREDENTIALS**

* **Higher Diploma in physiotherapy,**Karnataka State Boards of Examination in Physiotherapy, Bangalore, India 1999. (3 years6 month internship).
* **Internship:** District Hospital, Tumkur, Karnataka and Sports Authority of India, Southern Center, Bangalore
* **BA,**Kerala University, 1993.

**Date of Birth**: May 1971.**Nationality**: Indian;

**Languages known**: English, Hindi, Malayalam (written & spoken) Arabic (spoken).

**Job Seeker First Name / CV No: 1819506**

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