**CURRICULUM VITAE**

**SOUMYA PAUL**

**Career objective**

Aim to be associated with an organization that provides me an opportunity to show my skills and improve my knowledge with latest trends and to be the part of the team that works dynamically towards the growth of the organization

**PERSONAL DETAILS**

DATE OF BIRTH : 16/12/1988

AGE : 27 YEARS

GENDER : FEMALE

RELIGION : CHRISTIAN

MARITAL STATUS : MARRIED

HEIGHT : 155 CM

BLOOD GROUP : A POSITIVE

NATIONALITY : INDIAN

MOTHER TONGUE : MALAYALAM

LANGUAGES KNOWN : ENGLISH, MALAYALAM, ARABIC

**HAAD LICENSE DETAILS**

HAAD RN EXAM PASSED

Application No: AGN147059

**STRENGTHS**

* I believe in smartness and hard working.
* My loyalty and sincerity will be the key for my success.
* I am ready to shoulder any responsibilities. **PROFESSIONAL QUALIFICATIONS**

|  |  |  |  |
| --- | --- | --- | --- |
| **COURSE** | **YEAR** | **UNIVERSITY/ BOARD** | **INSTITUTION** |
| **Bachelor of Science in Nursing**  **(B.Sc. Nursing)** | 2006- 2010 | Kerala University, Trivandrum | Holy Cross College of Nursing, Kottiyam,Kollam |
| **Professional Registration of Kerala** | 2011 | Kerala Nurses and Midwives Council | 54822 |
| **TNAI Registration** | 2012 | Trained Nurses Association of India | 227568/LMT |
| **BLS for Health Care providers** | 2015 | American Heart Association |  |
| **ACLS** | 2015 | American Heart Association |  |
| **Professional Registration of KSA** | 2013 | Kingdom of Saudi Arabia Saudi Commission for Health Specialties | 13-G-N-0043656 |

**ACADEMIC QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **COURSE** | **YEAR** | **UNIVERSITY /**  **BOARD** | **INSTITUTION** | **% OF MARKS** |
| **PLUS, TWO** | 2006 | Board of Higher Secondary Education, Kerala State | St. Sebastian’s HSS, Gothuruth | 73% |
| **SSLC** | 2004 | Board of Public Examinations, Kerala State | VCSHSS, Puthenvelikara | 83% |

**EXPERIENCE**

|  |  |  |  |
| --- | --- | --- | --- |
| **EXPERIENCE** |  |  | **POSITION** |
| 06/06/2011-18/03/2012 |  |  | **STAFF NURSE**  **(MEDICAL-SURGICAL UNIT)** |
| 17/04/2012-20/04/2013 |  |  | **STAFF NURSE (ONCOLOGY UNIT)** |
| 09/07/2013-17/06/2015 |  |  | **STAFF NURSE (EMERGENCY & TRAUMA CARE, GENERAL WARD)** |

**SKILLS**

* Excellent management and communication skills
* Ability to perform effective assessment and analysis of health care situation and to take prompt and approximate decision.
* Perfect attendance
* Ability to relate various cultures
* Quickly adapt to new working environment and learn technologies in short span.
* Fast learning and love to take new challenges.
* Smart working and time management.
* Good grasping capability, sincerity and commitment.
* Team work, individual care program, pain management.
* Maintaining good and effective communication within the health care and to patients and relatives.
* Drawing and forwarding different kind of letters to various parties, clients etc

**MY DUTIES AND RESPONSIBILITIES**

* Provide patient care according to the Nursing process.
* Assess, plan, implement and evaluation of patient care from admission to discharge.
* Wound management, catheterization, specimen collection, blood glucose monitoring, manual handling.
* Administering medications by following the ten rights of the client.
* Responsible for Bed bath, Oral hygiene, Skin care, Isolation and Universal precaution techniques.
* Responsible for vital signs monitoring, physical assessment and intake output monitoring.
* Administration of oxygen therapy.
* Assist the Physician in various procedures, like Pleural tapping, insertion of central line and Lumber Puncture.
* Initiating CPR during cardio-pulmonary arrest.
* Maintaining of records and reports.
* Carry out the discharge procedure, follow-up & health education.
* Maintain infection control.
* Participate in the teaching program and teaching junior staffs in the unit.
* Provide psychological supports to allay patients fears in a kind, reassuring and confident manner.
* Arranging for emergency and elective procedure.
* Preparation of patients for all procedures.
* Monitoring vital signs, arterial blood gases and cardiac pacing.
* Medication: ORAL, IM, IV, SC, ID and topical administration.
* Careful attention to sterilization of instruments.
* Care of unconscious patient.
* Care of death.
* Assist senior staff with leadership and co-ordination of the care team.
* Ensure that patient’s dignity and individuality are maintained.

**COMPUTER SKILLS**

* E-His (Hospital Information System)
* Inpatient services
* Basic knowledge (word, Microsoft)

**EQUIPMENTS USED**

|  |  |
| --- | --- |
| * Stethoscope * NIBP * Glucometer * Humidifier * Syringe Pump * AMBU Bag * Laryngoscope * ECG Machine * ICU Monitor * Oxygen Cylinder * Pulse Oximeter * Defibrillator | * Ventilator * Suction Apparatus * IV Infusion pump * Skin and skeletal traction * Nebulizer * Sphygmomanometer * Crash Cart |

**PROCEDURES ASSISTED**

|  |  |
| --- | --- |
| * Cardio pulmonary resuscitation * Ryle’s tube insertion * Foley’s catheterization * Dressing * Suture removal * Steam inhalation | * Suctioning * Traction * All injections * Central line insertion * Tracheostomy * Extubation |

**SOUMYA PAUL**

**Job Seeker First Name / CV No: 1826064**

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