**MARIA FELINA D. PO**

**Objective**

To work towards achieving the greater success in my career through hard work, consistency and the ability to work with others to achieve organizational goals, aims and objectives. To acquire a position in a fast paced, highly motivating where I can assist others while challenging and expanding my knowledge and understanding of the task at hand. I am seeking a position that will utilize my skills and offer the chance for advancement as well as allow me the opportunity to gain additional skills and experience.

**Work Experiences**

**STAFF NURSE FEB. 15, 2014 - FEB. 25, 2016**

**Elyzee Medical Center**

Takasosi Street, Riyadh, Kingdom of Saudi Arabia

**Assigned Area: Plastic Surgery and Dermatogy Department**

## Job Description:

Cosmetic nursing is concerned with elective procedures that change the way people look. This might be something like operations of face-lifts, nose-jobs, tummy tucks or breast enlargements, and liposuction. We provide perioperative and post-operative care, assisting surgeons with procedures, and treating patients during their recovery. We are likely to also perform non-surgical procedures too. Generally, these concentrate on facial alteration by adding substances to decrease wrinkles or remove old skin, for instance, assisting the physician on a Botox and Filler injections, and laser techniques.

## Duties and Responsibilities:

* Establishes a good working environment in which patient receive a high standard of care.
* Takes responsibility for the direct delivery of professional and competent patient care by promoting quality care standard.
* Assist physicians in conducting consultation.
* Assist in special procedures like injecting botox and fillers, and laser techniques.
* Co-operate with medical and non-medical staff to ensure that a high standard of patient care is given.
* Adhere to the Elyzee Medical Center guidelines for the safe handling, administration, storage and custody of medicinal products.
* Providing comprehensive nursing care for pre-operative and post-operative patients.
* Assist in operating room as a scrub nurse or a circulating nurse.
* Handles machines such as Qswitched, Fractional/CO2 machine, Vaser 1 and 2, and Cool Lipo.
* Provides health teaching.
* Administer intravenous fluid.
* Making sure all equipment is sterilized and ready before procedures and treatments.
* Administer pre-op medications while observing the ten rights of medication administration. Informs the Head Nurse/Charge Nurse of any changes in circumstances which affects the standard of care.
* Maintain the safety well-being of the patients and staff in accordance with policies and procedures.
* Uses equipment and supplies in cost effective and responsible manner.
* Ensures the infection control practices are adhered in accordance with the approved infection control policies.

## Cases Assisted:

* Vaser liposuction (Vaser Lipo 1 and 2 machine) and traditional liposuction
* One-stitch Face Lift
* Upper and lower blepharoplasty
* Rhinoplasty
* Alar reduction
* Breast Lift and Reduction, Breast Augmentation
* Thigh lift, Brachioplasty, Abdominoplasty, and Abdominoplasty with muscle tightening
* Fat transfer or fat filling
* Buttocks augmentation adjustment
* Scar revision
* Dimple creation
* Belly button creation
* Thread lifts
* Botox and facial filler injection
* Eyebrow and lip tattoo
* Chemical peeling
* Noninvasive skin care using fractional CO2 (GME) and Qswitched (Neosys) machines
* Removal of warts by electrocautery (Ellman)

**STAFF NURSE MAY 1, 2012 - JUNE 30, 2013**

**ROXAS MEMORIAL PROVINCIAL HOSPITAL**

Arnaldo Boulevard, Roxas City, Capiz, 5800, Philippines

**Assigned Area:** Veterants Ward, Surgical Ward and Private Rooms

## Job Description:

Responsible for being the main point of contact for patients, and contributing to the provision of the high standards of patient care. Working shifts alongside expert consultants and a multi-disciplinary team of other healthcare specialists, observing and recording the condition of patients, assisting with tests and evaluations, & carrying out routine investigations.

## Duties and Responsibilities:

* Observing and recording the condition of patients.
* Arranging patient admissions and discharges.
* Taking the handover from a previous shift.
* Checking and administering drugs and injections.
* Identifies patient care requirements by establishing rapport with patients and other persons in a position to understand care requirements.
* Establishes a compassionate environment by providing emotional, psychological, and spiritual support to patients and their families.
* Promotes patient's independence by establishing patient care goals; teaching patients to understand condition, medications, and self-care skills; answering questions.
* Assures quality of care by adhering to therapeutic standards; measuring health outcomes against patient care goals and standards; making or recommending necessary adjustments; following hospital and nursing division's philosophies and standards of care set by agency regulations.
* Resolves patient problems and needs by utilizing multidisciplinary team strategies.
* Maintains safe and clean working environment by complying with procedures, rules, and regulations; calling for assistance from health care support personnel.
* Protects patients and employees by adhering to infection-control policies and protocols, medication administration and storage procedures, and controlled substance regulations.
* Documents patient care services by charting in patient and department records.

**VOLUNTEER NURSE APRIL 27, 2011 - APRIL 30, 2012**

**ROXAS MEMORIAL PROVINCIAL HOSPITAL**

Arnaldo Boulevard, Roxas City, Capiz, 5800, Philippines

**Assigned Area:** Pediatric Ward

## Duties and Responsibilities:

* Assess the individual needs for nursing care based on the patient’s history, result of physical diagnostic and laboratory exams.
* Infers correct nursing diagnosis.
* Executes written, legal prescription for treatment, medication including intravenous injections according to protocol established.
* Provides health teaching and conducts discharge planning with patient, family and significant others.
* Observe hospital and nursing services rules and policies.
* Institutes nursing intervention consistent with the overall plan of care with special consideration of safety and comfort

**Professional License**

**Health Authority Abu Dhabi (HAAD)**

Application Number: AGN165168

Exam Date: August 7, 2016 – **PASSED**

**Saudi Commission for Health Specialist**

Nurse Technician eligibility ID: 14-R-N-0010721

Valid Until: March 2017

**Professional Regulation Commission**

PRC Number: 0664398

Date Registered: December 7, 2010

Valid Until: November 21, 2019

**American Heart Association BLS for health care providers (CPR and AED) Program**

Issue Date: April 11, 2016

Valid Until: April 10, 2018

**Educational Background**

**TERTIARY 2005 – 2009**

**ST. ANTHONY COLLEGE OF ROXAS CITY**

San Roque Ext., Roxas City, Capiz 5800, Philippines

Course: BACHELOR OF SCIENCE IN NURSING

**SECONDARY 2001- 2005**

**ST. MARYS ACADEMY OF CAPIZ**

Burgos Street, Roxas City, Capiz 5800, Philippines

**ELEMENTARY 1995 – 2001**

**ST. MARYS ACADEMY OF CAPIZ**

Burgos Street, Roxas City, Capiz 5800, Philippines

**Seminars Attended**

|  |  |
| --- | --- |
| **Basic Life Support****BLS for Healthcare Providers Course****April 11, 2016** | FDM Training Center for Allied Health Prof.Iloilo City, Iloilo, Philippines |
| **3rd Infection Control Course****May 28 - 29, 2014** | Saudi Commission for Health SpecialtiesKing Fahad Medical CityKindom of Saudi Arabia |
| **Merging Path****A Seminar on Bridging the Gap****Between Theory and Practice Among****Professional Nurses****March 17, 2013****Acquit or Convict****Infection Control Seminar for****Heath Care Provider****TOPIC: Transmission of****Infection Agents in Heathcare Setting****June 29, 2012****General Assembly and Gala Night****In celebration of the International****Nurses Day****THEME: Closing the Gap from Evidence****To Action****May 18, 2012****Itravenous Therapy Seminar****ANSAP Registration No. 081****April 18-20, 2011** | Central Philippine UniversitySchool of Graduate StudiesUrban Manor Hotel, Lawaan, Roxas City, PhilippinesPhilippine Nurses Association, Inc. Capiz ChapterHall of Governors, Capiz Provincial CapitolRoxas City, Capiz 5800, PhilippinesPhilippine Nurses Association, Inc. Capiz ChapterMVW Hotel and RestaurantRoxas City, Capiz 5800, PhilippinesAssociation of Nursing Service Administratorsof the Philippines (ANSAP)St. Anthony College of Roxas City, Inc.San Roque Ext., Roxas City Capiz, Philippines |
| **Seminar-Workshop in Nursing Theories:****Foundation of Nursing Practice and****Nursing Management****January 18, 2009** | **St. Anthony College of Roxas City**San Roque Ext., Roxas City, Capiz, Philippines |

**Personal Data**

Date of Birth: November 21, 1986 Height: 5 feet

 Weight: 56 kg

Age: 29 years old

Civil Status: Single

Nationality: Filipino

**Job Seeker First Name / CV No: 1830606**

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