

# DEBBIE

# DEBBIE.321022@2freemail.com

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| **Personal Summary** |

* Highly-motivated and achievement driven healthcare professional having a more than 3 years experience as a Registered Nurse.
* Committed to enhance the quality of patient care through competent , skilled nursing diagnosis, helping patients to have a healthier and happy life.
* Having a superior emphasis on prioritizing patient care based on resource availability.
* Well versed in providing emergency treatment for injury or illness.
* Ability to build rapport with patients, family members, physicians and other medical professionals.
* Assured exhibition of professionalism and integrity at all times.

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| **Personal Details** |

Age : 28

Date of Birth : March 5, 1988

Nationality : Filipino

Religion : Roman Catholic

Status : Married

Languages Spoken : Tagalog, English

Visa Status : Residence

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| **Career Objective** |

Extremely enthusiastic nurse aiming to work in a well-reputed hospital to continue my dedication in catering quality patient care, personal development as a nurse and family support.

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| **Experience** |

**Staff Nurse**

**Al Garhoud Private Hospital**

Dubai, UAE

June 2015 – Present

**Duties and Responsibilities**

MAIN OPD NURSE

(General Surgery Clinic)

* Collects patients baseline datas, vital signs, allergic history
* Assesses patient’s pain scale
* Responsible for the patient flow of patients in and out of the clinic.
* Sending requests and following up insurance approvals.
* Follows up laboratory investigations , informing the Doctor for abnormal results
* Removing sutures , wound cleaning and dressing for patients post pilonidal sinusectomy, laparoscopic cholecystectomy, laparoscopic appendectomy, hernia repairs, laparoscopic explorations, breast surgeries, circumcisions, excision of cysts/tumours.
* Assisting Surgeon during minor stitching of small cut wounds
* Providing interventions for patients with pain as per Doctor’s order
* Providing IV cannulation and injections as per doctor’s order
* Providing instructions for Lower GI Endosocpy (Colonoscopy) and Sigmoidoscopy
* Providing Pre and Post operative health teachings
* Responsible for keeping the clinic always clean (make sure instruments are send for autoclave)
* Clinic weekly/ monthly inventory

**Crescent Cosmetic Medical Center**

(UNDER THE MANAGEMENT OF AL GARHOUD PRIVATE HOSPITAL)

Dubai, UAE

November 1, 2014-June, 2015

**Duties and Responsibilities**

* Assisting Plastic Surgeon during removal of suture, wound cleaning and dressing of patients after (rhinoplasty, blepharoplasty, abdominoplasty, breast augmentation/breast lifting, liposuction, face lifting)
* Assisting the Dermatology Doctor during:
* botox and filler injections
* mesotherapy and PRP injections
* cautery.
* Fractional CO2 Laser treatment
* Ultherapy
* Maintain a high standard of patient care within the service, promoting the concept of safe practice towards individualised patient care, using up to date treatment and protocols.
* Promote and maintain confidentiality of patient files at all times and in all places.
* Attending the reception for phone calls for appointments and patient queries.
* Doing weekly and monthly inventory of medicine and supplies.
* Daily monitoring of room and refrigerator temperature for the medicine storage.
* Sending DHA statistics report on monthly basis.

**STAFF NURSE**

ISIP GENERAL HOSPITAL

 Polangui, Albay, Philippines

 January 2, 2011- June 30, 2014

**Duties and Responsibilities**

* Checks and record vital signs.
* Educate patients and family members regarding home care programs.
* Directs and aids patients in active and passive exercises under physician supervision.
* Gives interventions related to the functions of a Senior Care Assistant.
* Practice appropriate interpersonal with client and other member of the health team.
* Prepare necessary reports and progress of patients to be presented to other professional staff.
* Reports any unusual occurrence or incident that happened during her shift according to policies.
* Responds to emergency situations in accordance with procedures and policies.
* Completes required paperwork timely.
* Observes safety practices in our health unit.
* Observes punctuality and discourages tardiness in the work area for the benefit of the hospital and its patients.

**Clinic Nurse**

ANTI-RABIES CLINIC

Calamba, Laguna, Philippines

May 6, 2010 – November 19, 2010

**Duties and Responsibilities**

* To manage day-to-day operations of the Health Care Clinic
* To maintain health records, documenting each patient contact and updating patient profiles
* To check equipment and supplies, restocking as necessary. Check emergency kit.
* To ensure confidentiality during visits and telephone contact, as well as student health records.
* To distribute non-prescription medication after appropriate assessment.
* To encourage health maintenance and promotion through counseling and awareness activities.
* To take initial and interim history and vital signs on each patient.
* To assist physician as needed during exams.
* To assure that patients understand instructions

**Pharmacist Assistant**

SOUTH STAR DRUG INC.

Sta. Rosa, Laguna, Philippines

November 4, 2009 – March 26, 2010

**Duties and Responsibilities**

* taking in and handing out prescriptions
* dispensing prescriptions
* using dispensary and stores computer systems to generate stock lists and labels
* helping to maintain reasonable dispensary stock levels
* ordering items for use within a department
* receiving, loading, unloading incoming goods from wholesalers, manufacturers and elsewhere
* selling over the counter medicines
* answering queries on the supply and availability of medicines, where this is within their competence
* checking expiration dates of medicines before dispensing
* responding to telephone and face to face enquiries of clients
* drawing any problems identified or queries raised to the attention of pharmacists or pharmacy technicians
* pre-packing, assembling and labeling medicines
* assisting with the manufacture of medicines
* preparing medicines aseptically (preparing medicines in a very clean environment using special techniques)
* ensuring that health and safety requirements are met.

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| **Education** |

Bicol University Tabaco Campus, Tayhi, Tabaco City Philippines

* **Certificate in Midwifery**  **2005-2007**
* **Bachelor of Science in Nursing**  **2007-2009**

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| **Eligibility** |

Professional Regulation Commission (PRC)

* **Registered Nurse (RN)**

Valid Until: March 5, 2016

* **Registered Midwife (RM)**

Valid Until: March 5, 2016

Association of Nursing Service Administrators of the Philippines (ANSAP)

* **IV Therapy Nurse**

Valid Until: December 29, 2013

Saudi Commission for Health Specialties (PROMETRIC**) passer**

 Date of Issue: October 19, 2012

 Dubai Health Authority

* **Registered Nurse**

 Valid Until: 11/12/2015

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| **Training and Seminars Attended** |

* **BLS for Healthcare Providers Course**

Emergency Care International Training Center

 Al Garhoud Private Hospital Life Support Training Site

 April 17, 2015

* **“Let’s Talk About Diabetes” and Eli Lily Nurse Education Program on Diabetes** conducted at New Sinai MDI Hospital, City of Sta. Rosa, Laguna, Philippines held and given on October 27, 2011
* **Regular IV Training Program** conducted at St. Frances Cabrini Medical Center, Sto Tomas, Batangas, Philippines, December 1-3, 2010

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| **Reference Persons** |

* As per request