

**RICH**

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# OBJECTIVE

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To seek a challenging position and working as staff nurse for a company that offers the opportunity for career progression and rewards on merit where my extensive medical professional and practical experience will be fully utilized.

# Qualification Summary

More than Four (4) years [4 years & 8 months] of experience as Registered Nurse in the Philippines;

Two (2) years and Two (2) months of experience as a Medical-Surgical Ward Nurse. Five (5) months as a Perioperative Nurse. One (1) year as a Staff Nurse with specialization in Labor and Normal Delivery Care. Eleven (11) months of experience as Clinic/ Company Nurse.

**Passed the examination for Health Authority of Abu Dhabi (HAAD)**

## CLINICAL EXPERIENCES

**Job Position:** Staff Nurse

**Inclusive Dates:** 15- June -2016 to 4- November -2016

**Area of Duty:** Operating Room Complex / Delivery Room / Post Anesthesia Care Unit

**Job Description:**

Performs as either scrub or circulating nurse which are the two essential aspect of their professional practice in Operating Room.

* Scrub Nurse:
	+ Assists the surgeon and his/her assistant throughout the operation.
	+ Anticipate, plan for and respond to the needs of the surgeon and other members of the team.
* Circulating Nurse:
	+ Monitors the status of the patient before, during and after the operation.
	+ Assists other nursing staff through teaching and supervising aspetic technique and other procedures.
	+ Assists in the control of maintenance of drugs, supplies, equipment and records on the OR sundry form.
	+ Assists and do the housekeeping duties to maintain cleanliness in the Operating Room.
	+ Cleansing and process instrument and supplies by applying all methods of sterilization.
	+ Responsible for the practice of sterile technique during and after the operation.
	+ Controls traffic inside the Operating Room Suite.
	+ Counts with the scrub nurse gauze, needles, instruments used during the operation and records in the logbook, before and after the closure of incision.
* Recovery Room Nurse:
* Carry out Doctor’s orders.
* Check Vital Signs.
* Supervises other staff, who contributes to the care of the patient.
* Assess the health status of the patient experiencing surgical intervention.
* Charts and reports symptoms and reactions of post-operative patients and refer to attending physician.
* Giving of post-operative medications.
* Develops nursing care plan.
* Creation and maintenance of a safe and comfortable environment for the patient.

**Job Position:** Labor and Delivery Room Nurse

**Inclusive Dates:** 5- June -2015 to 10- June -2016

**Hospital Name:** Maria Nignimi Birthing Home Clinic

**Address:**  Blk 9 Lot 7, Luzviminda 1, City of Dasmariñas, Cavite, Philippines

**Area of Duty:** Labor and Delivery Room

**Job Description:**

* Providing support for the mother during labor.
* Monitoring the fetal heart rate, and mother’s vital signs.
* Measuring the strength and timing of contractions.
* Administering medications and performing diagnostic tests.
* Consulting with physicians, midwife, and other members of the care team.
* Assisting with inducing labor.
* Coaching the mother during delivery.
* Identifying and assisting with complications.
* Assisting with various procedures
* Monitoring and performing tests on newborns.
* Providing education and support to mothers and families after delivery.

**Job Position:** Medical and Surgical Ward Nurse

**Inclusive Dates:** 6- March- 2014 to 31- May- 2015

**Hospital Name: Asian Hospital and Medical Center**

**Address:**  2205 Civic Drive, Filinvest Corporate City, Alabang, Muntinlupa City, PH

**Area of Duty:** Medical and Surgical Ward, Presidential Suite Unit

**Job Description**

* Patient Admission

 -Exhibits compliance on admission (direct/ER) including accurate orientation (physical set up/ hospital policies), preparation for surgery if applicable and posting diagnostic testing.

* Patient Assessment and Diagnosis

-Conducts accurate comprehensive head-to-toe assessment.

* Patient Planning

-Document accurately patient assessment and identified nursing diagnosis, set objectives, nursing interventions done, and the time frame of accomplishment and evaluation.

* Patient Clinical Intervention

-Perform basic clinical nursing skills which are validated by staff educator, charge nurse, resource nurse or other nursing supervisors.

* Patient Education

-All patients were given all the right and appropriate instructions and rationale about the procedure and related educational materials including home instructions.

-Follows procedure-expectations-reassurance-understanding (PERU) in nursing procedures.

* Therapeutic coaching and counselling.

-All patients were guided and supported through emotional and development changes.

-Assisted patient in regaining a sense of control and active participation in recovery.

* Patient Care Evaluation.

-All patients were thoroughly evaluated were given follow-up schedules for check-up and were re-evaluated on time.

* Patient Discharge and Follow-up.

-Initial assessment and re-assessment notes and/or discharge instructions were furnished on time.

-Coordinates and reviews process and systems to facilitate quality and smooth flow of discharge process.

**Job Position:** Staff Nurse

**Inclusive Dates:** 22- June- 2013 to 22- November- 2013

**Company Name:** Tagaytay Highlands Golf and Country Club

**Address:**  Brgy. Calabuso,Tagaytay City, Cavite, Philippines

**Area of Duty:** Clinic

**Job Description**

* Performs professional nursing care in accordance with the standard procedure and medical directives.
* Responds immediately to emergency calls, give first aids and transport patient to a hospital if needed.
* Attends to and assists physicians in the management of patients with work-related and recreational related injuries.
* Assists & carries out physician orders to both outpatients and inpatients.
* Assists in the transport of patients to other hospitals via ambulance.
* Proficient in the use of ECG machine & administration of oxygen.
* Conducts house and hospital visit with, or in the absence of company physician.
* Serves as standby medical team member during tournaments in the club.
* Implements approved immunization programs for employees and non-employees.
* Implements health and safety standards within the company.
* Member of the Occupational Health, Safety and Environment Committee.
* Conducts health and safety seminars to the different department of the club.
* Observes health & safety hazards and reports to concerned persons.
* Assigned in all Social Security System (SSS) Medical Matters of the company:

 -Filing of Maternity and Sickness Notification to SSS office.

 -Computes Maternity and Sickness benefits of employees.

**Job Position:** Clinic/ Company Nurse

**Inclusive Dates:** 29- January- 2013 to 4- June- 2013

**Company Name:** Asalus Corporation/ Intellicare

**Address:** 7th floor, Feliza Building,108 V.A. Rufino Street, Legaspi Village, Makati City

**Area of Duty:** Clinic

**Job Description**

* Provide Nursing Care for ailing employees of the company.
* Assist the company physician in the course of daily standard procedures of the company’s clinic such as consultation or treatment.
* Plan, develop, evaluate and recommend occupational health promotion programs to the company or the company physician if present.
* Assist in the transport of employees from the company to the nearest hospital in cases of emergencies
* Practice independent nursing action and intervention in the absence of company physician at the same time observing proper referral system
* Strictly practice utmost confidentiality of employee’s health information
* Home Visitations
* Inspect regularly the oxygen tank if in a secure position, no leaks and the gauge and regulator is functioning
* Ensure all instruments are clean
* Use sterile gloves when performing treatment procedures
* Observe proper medical waste disposal
* Observe and practice periodic strerilization of necessary instruments.
* Monitor medicine expiration dates and report to management of the client
* Maintain the availability of emergency medications and medical supplies
* Keep a log of all medicines dispensed and expired for the monthly report of medicine inventory for the client company
* All medical files of employees must be kept in the cabinet and only management authorized personnel may access the file.

**Job Position:** Staff Nurse

**Inclusive Dates:** 16- July- 2011 to 21- July- 2012

**Hospital Name:** St. Paul Hospital Cavite, Inc.

**Address:**  Burol II, Bagong Bayan, Dasmariñas City, Cavite, Philippines

**Area of Duty:** Private Room/ General Ward

**Job Description**

* Utilizes assessment skills and techniques to determine patient’s needs on admission through clinical observation and physical assessment.
* Complete and documents the nursing admission assessment in a thorough and accurate manner.
* Orients the patients/significant others on the hospital policies, facilities, equipment, supplies and other available services, like pastoral health care services upon admission.
* Provides hygiene and physical comfort measures such as:
* Skin, Oral, Nasal care.
* Wound care.
* Tracheostomy care.
* Proper positioning of patients.
* Assures proper intake of the patient (fluid & Electrolytes).
* Institutes measures for maintenance of proper urinary and bowel functions of the patients.
* Ensures a safe and clean environment within the unit.
* Provides side rails for pediatrics and geriatric patients, unconscious, restless and bedridden patients.
* Restraints patients as ordered.
* Adjusts height of bed properly.
* Properly disposes contaminated articles.
* Displays proper signs for safety (like “Reverse Isolation”, “Limit Visitors” signs.)
* Sees to it that machines such as electrical equipment at bedside are properly connected and maintained.
* Provides therapeutic oxygenation and ventilation.
* Administer medication to patients (Oral / parenteral / rectal / vaginal.)
* In case of any untoward reactions, constantly monitors the condition of patient and implements appropriate nursing interventions.
* Refers untoward reactions to the physician and records in the nurse’s notes.
* Assists physicians in the treatment/administration of highly specialized therapy and in performing complicated procedures.
* Assists in meeting the patient’s spiritual needs by informing them of spiritual services available and how to obtain such services calls for emergency codes when necessary.
* Initiates cardiopulmonary resuscitation (CPR).
* Prepares equipment needed for intubation.
* Replaces medicines and supplies in the emergency – cart.
* Monitors patient’s status.
* Receives and gives proper, complete and accurate changes of shift endorsement.
* Checks emergency cart contents (Night Shift).
* Facilities and executes physician’s orders properly and accurately.
* Participates in hospital, department & unit activities like updates/care conference.
* Responds appropriately to patients/significant others request and questions.
* Checks the equipments and supplies in the unit and ready them for use at all times.
* Accompanies physicians an making rounds.
* Secure starting medications/intravenous (IV’s) fluids from the pharmacy.
* Maintains harmonious relationship with other health care givers.
* Supervises Nursing Aides.
* Evaluates performance of post – graduate trainees on Medical – Surgical Nursing or orientees.
* Assists the Head nurse in orienting new staff nurse.

## LICENSURE AND ELIGIBILITY

* **Health Authority of Abu Dhabi (HAAD)**

**Application Number:** AGN147630

**Examination Identification Number:**

**Examination Date:** July 21, 2016

**Result:** Passed

* **Philippine Nurse Licensure Examination**

**Result:** PASSED

**Professional Regulation Commission License Number:**

**Expiry Date:** 26-August 2019

**Examination Date:** July 2010

* **Basic Life Support Provider (American Heart Association Accredited)**

**Date Issued:** November 3, 2016

**Expiry date:** November 3, 2018

**Result:** Passed

* **Intravenous Therapy License**

 **Result:** Passed

 **Expiry Date:** August 26, 2017

* **International English Language Testing System (IELTS) –Academic Test**

**Date of Examination:** 11- July- 2015

**Candidate Number:** 007016

 **Result:** 6.5 Overall Band Score

 **Expiry Date:** 11-July-2017

## SEMINARS/TRAININGS

**November 3, 2016 Basic Life Support (American Heart Association Accredited)**

**October 6-7, 2015 ELNEC-Core: Basic Palliative and Hospice Course**

**May 5- 6, 2014 Safety Culture Program Fundamentals on Hospital’s Safety**

**March 25, 2014 Basic Oncology**

**March 19, 2014 Basic Phlebotomy Training for Nurses**

**February 12, 2014- Updates on IV Therapy**

**May 22, 2012 What to Watch Out for in Pediatric Patient**

**April 13, 2012 Basic Principles on OB-Gyne Cases**

**February 28, 2011- Post Nursing Graduate Training**

**January 18, 2009 Client Safety, Security and Privacy Requirements in**

 **Medical-Surgical Nursing Practice**

**February 6, 2009 Chest Tube Management**

**May 8, 2009 Practical Chest X-ray Interpretation**

## SPECIAL SKILLS

* Basic Life Support (Adult)
* Physical Examination and Assessment
* Peripheral IV Lines Insertion
* Urinary catheter insertion
* Interpretation of Laboratory Values
* Cardiac/Pulmonary System Assessment
* Neurological Assessment
* Oropharyngeal Suctioning
* Glasgow Coma Scale Scoring
* Vital Signs Monitoring
* Intravenous Fluids Administration and Monitoring
* Oxygen Therapy
* Nasogastric Insertion and Feeding
* Blood sugar Monitoring

## HANDLED EQUIPMENTS

* PCA Pump (BBraun)
* Intravenous Infusion Pump (Bbraun and Terumo)
* Mechanical ventilator (Pedia-Sechrist Infant Ventilator Model IV 700B; Adult-Life Care PLV 102)
* Suction machine (Kawasaki PT310); Nebulizer (Sunrise 3650P)
* Cardiac Monitor (MEC-1000 Patient Monitor/Welch Allyn PIC40);
* ECG Machine (Kenz ECG 108 and GE MAC 400)
* Glucometer (Sure Step & Optium)
* Syringe Pump
* Pulse Oximeter
* Cardiotocography Machine
* Cautery Machine
* Anesthesia Machine

## EDUCATIONAL BACKGROUND

 Graduate and Passed all the requirements for:

1. BACHELOR OF SCIENCE IN NURSING – Year 2010
2. BACHELOR OF ARTS IN PSYCHOLOGY – Year 2007

## PERSONAL INFORMATION

 Nickname : Karl

Date of Birth : August 26, 1989

Civil Status : Single

Religion Roman Catholic

Citizenship : Filipino