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| Name: **RIZA**  [**RIZA.332271@2freemail.com**](mailto:RIZA.332271@2freemail.com) | |  |
| Position applying for : | STAFF NURSE |
| Year of Experience : | 6YEARS |
| Nursing Area/s of Interest: | NICU or OUT PATIENT DEPARTMENT |

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| **CAREER OBJECTIVES** |
| A DEDICATED STAFF NURSE SEEKING FOR A POSITION IN A HOSPITAL/CLINIC WHERE MY SKILLS  KNOWLEDGE AND EXPERIENCE CAN BE UTILZE AND NURTURE |

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| **PERSONAL DATA** | |
| Age : | 45 |
| Date of Birth : | 11/04/1971 |
| Gender : | FEMALE |
| Civil Status : | SINGLE |
| Nationality : | FILIPINO |

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| **EDUCATION & QUALIFICATION** | | | |
| Education Level | BACHELOR OF SCIENCE IN NURSING | MASBATE COLLEGES | 06/15/1999 TO 03/23/2003 |
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| **LICENSE / REGISTRATION** | **Year Obtained (mm/dd/year**) |
| PHILIPPINE REGISTRATION COMMISSION  SAUDI COMMISSION FOR HEALTH SPECIALTIES  HEALTH AUTHORITY ABU DHABI | 02/23/2007  07/15/2012  06/10/2014 |

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| **WORK EXPERIENCE (**LIST OF EXPERIENCE BEGINNING WITH MOST RECENT) | |
| ***Employment 1*** | |
| Position : | OUT PATIENT CLINIC NURSE |
| Duration (From-To): | 12/08/2014 - 30/11/2016 |
| Company/Hospital: | THE HEALTH MEDICAL SERVICES |
| Address : | AL AIN, UAE |
| Description: | Hospital Level: CLINIC  Bed Capacity: |
| Department : | MEDICAL CLINIC – 12 MONTHS  PEDIATRIC CLINIC – 6 MONTHS  OB/GYNAE CLINIC – 6 MONTHS |
| Patient Census per day: | 30 ABOVE PER DAY |
| Types of Patient Handled: | □ **Women’s**□ Neonate □**Pediatric** □Others: **Adult/Geriatrics** |
| **Detailed Job Description :** | |
| * COLLECT AND DOCUMENT INFORMATION SYSTEMATICALLY AND COMPREHENSIVELY, THROUGH ASSESSMENT, INTERVIEW, OBSERVATION AND OTHER SOURCES OF DATA. * ACCEPT REFERRALS AND ORGANIZE THE CLINIC FOR PATIENTS REFERRED TO THE MEDICAL PROCEDURE CLINIC ACCORDING TO PROTOCOLS AND STANDARDS. * PROCEDURAL REQUIREMENTS ARE MET IN ACCORDANCE WITH POLICIES AND PROTOCOLS. * PROVIDE EFFECTIVE AND APPROPRIATE CARE, COORDINATING CLINICS AND PROCEDURES TO MEET DEMAND. * DETERMINES THE APPROPRIATE EQUIPMENT THAT WILL BE NEEDED, MAKES PREPARATIONS AND ASSISTS PHYSICIANS DURING EXAMINATIONS. * EQUIPMENTS AND SUPPLIES ARE USED SAFELY AND ECONOMICALLY. * PERFORMS VARIOUS PATIENT TESTS AND ADMINISTERS MEDICATIONS WITHIN THE SCOPE OF PRACTICE. * KEEP DETAILED RECORDS AFTER ADMINISTERING TESTS AND KEEP A CAREFUL LOG OF PATIENTS PROGRESS. * FAMILIAR WITH STANDARD CONCEPTS, PRACTICES AND PROCEDURES WITHIN A PARTICULAR FIELDS. * RELIES ON EXPERIENCE AND JUDGEMENT TO PLAN AND ACCOMPLISH GOALS. * PRACTICE AND MAINTAINS ASEPTIC TECHNIQUE ALL THE TIME. * COUNCELS THE PATIENT AND FAMILY IN MEETING NURSING AND RELATED NEEDS. * PERFORMS OTHER RELATED DUTIES AS REQUIRED FROM TIME TO TIME. | |
| **Cases Handled:** | |
| **PEDIA**   * BRONCHITIS * COMMON COLDS * ASTHMA * CHICKENPOX * CONJUNCTIVITIS * LACTOSE INTOLERANCE * OTITIS MEDIA * APPENDICITIS * SORE THROAT * KAWASAKI DISEASE   **OB**  **POST PARTUM**   * POSTPARTUM DEPESSION   **ANTE NATAL**   * ANTE NATAL CHECK UP   **GYNE**   * DYSMENORRHEA * URINARY TRACT INFECTION * PAP SMEAR TESTING * IUD INSERTION * GENITAL WARTS * INFERTILITY * CANDIDIASIS   **MEDICAL**   * DIABETES MELLITUS * COPD * HYPERTENSION * GRAVES DISEASE * RHEUMATOID ARTHRITIS * DYSLIPIDEMIA * COMMON COLDS * CHOLELITHIASIS | |
| **Equipment/Machines Operated:** | |
| * OPHTHALMOSCOPE * OTOSCOPE * WEIGHING SCALE * NONSTRESS TEST * FETAL DOPPLER * COLPOSCOPE * CRYOCAUTERY * SPHYGMOMANOMETER * STETHOSCOPE * NEBULIZER * PEAK FLOW METER * SPIROMETER * ECG MACHINE * OXYGEN CONCENTRATOR * GLUCOMETER * PULSE OXYMETER | |

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| ***Employment 2*** | |
| Position : | NICU / NURSERY STAFF NURSE |
| Duration (From-To): | 24/01/2012 – 02/01/2014 |
| Company/Hospital: | PRINCE SULTAN ARMED FORCES HOSPITAL |
| Address : | MADINAH, KSA |
| Description: | Hospital Level: TERTIARY Bed Capacity: 150 |
| Department : | NICU/SCBU/NURSERY |
| Patient Census per day: | 30 ABOVE |
| Types of Patient Handled: | □ Women’s □ **Neonate** □ Pediatric □Others: |
| **Detailed Job Description :** | |
| * HELP WITH ASSESSMENT OF NEWBORN UPON ADMISSION AND COLLECT RELEVANT DATA. * RECORD PATIENT SYMPTOMS AND KEEP PATIENT MEDICAL RECORDS UP TO DATE. * INDEPENDENTLY PREDICT OUTCOMES AND PLAN FOR CONTINGENCIES. * IDENTIFY NURSING NEEDS OF PATIENT, PLAN AND EVALUATE NURSING CARE. * COLLECT SAMPLE AS REGULATED BY MEDICAL TEAM FOR LABORATORY INVESTIGATION. * MONITOR SAFETY OF PATIENTS UNDERGOING PHOTOTHERAPY TREATMENT. * ADMINISTER INTRAVENOUS INFUSION AND MAINTAIN STRICT ACCURATE RECORDS OF FLUIDS. * PREPARE PATIENT AND NECESSARY EQUIPMENT FOR DIAGNOSTIC PROCEDURE AND REPORT PATIENTS CONDITION AND TREATMENTS PRESCRIBED BY THE PHYSICIANS. * PERFORMS ORAL AND NASAL SUCTIONING TO MAINTAIN CLEAR AIRWAYS. * ADMINISTER MEDICATION AND NOTE IT’S REACTION. * PARTICIPATES IN OR INITIATES CPR AND OTHER EMERGENCY MEASURES WHEN NECESSARY. * FACILITATES HEALTH TEACHING TO PARENTS REGARDING THE PROPER CARE OF THEIR BABIES UPON DISCHARGE. * PERFORMS A VARIETY OF TASKS AND REPORTS TO A MANAGER OR HEAD OF UNIT/DEPARTMENT. | |
| **Cases Handled:** | |
| * INFANT OF DIABETIC MOTHER * MECONIUM STAINED * NEONATAL JAUNDICE * RESPIRATORY DISTRESS SYNDROME * CONGENITAL PNEUMONIA * CLEFT LIP/PALATE * PREMATURE INFANT * TRANSIENT TACHYPNEA IN NEWBORN * POLYCYTHEMIA * THROMBOCYTOPENIA * PERINATAL DEPRESSION * LARGE/SMALL FOR GESTATIONAL AGE | |
| **Equipment/Machines Operated:** | |
| * INFUSION / SYRINGE PUMP * RADIANT WARMER * INCUBATOR * SUCTION MACHINE * PULSE OXYMETER * CARDIAC MONITOR * BUBBLE CPAP * ABG ANALYZER * PHOTOTHERAPY LIGHTS / BILIBLANKET * GLUCOMETER * NONINVASIVE BILICHECK MACHINE * DINAMAP * NEBULIZER * VENTILATOR * OPHTHALMOSCOPE | |

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| ***Employment 3*** | |
| Position : | NICU / NURSERY STAFF NURSE |
| Duration (From-To): | 28/09/2008 – 30/11/2010 |
| Company/Hospital: | TAIBA HOSPITAL |
| Address : | KUWAIT |
| Description: | Hospital Level: TERTIARY Bed Capacity: 100 |
| Department : | NICU/SCBU/NURSERY |
| Patient Census per day: | 15 ABOVE |
| Types of Patient Handled: | □ Women’s □ **Neonate** □ Pediatric □Others: |
| **Detailed Job Description :** | |
| * ASSESS, PLANS, IMPLEMENTS AND EVALUATES NURSING CARE FOR PATIENTS. * MEASURES AND CHARTS VITAL SIGNS, WEIGHT, INPUT AND OUTPUT TO ESTABLISH BASELINE INFORMATION OF PATIENT. * PROVIDE SPECIAL CARE LIKE SUPPLEMENTAL OXYGEN TO CLIENT WITH DIFFICULTY IN BREATHING. * ASSISTS PHYSICIANS WITH INVASIVE PROCEDURES SUCH AS INTUBATION, UMBILICAL CATHETERIZATION,   CHEST TUBE INSERTION, EXCHANGE TRANSFUSION.   * PERFORMS IV CANNULATION, BLOOD EXTRACTIONS AND INTRAVENOUS MEDICATIONS. * MONITOR PATIENTS ON MECHANICAL VENTILATION SUPPORT. * DEMONSTRATES COMPETENCE IN PERFORMING INTERMEDIATE NURSING ACTIVITIES;   #PERFORMS SUCTIONING FROM ENDOTRACHEAL TUBE  #TRANSPORTS PATIENT TO OTHER HOSPITAL  #ASSISTS DOCTORS IN STABILIZING NEWBORNS (NVD,LSCS,VACUUM DELIVERY) AND ENSURE THAT  VACCINATIONS AND OTHER MEDICATIONS ARE GIVEN ACCORDING TO HOSPITAL POLICY   * HANDLES DRESSING CHANGE, NEBULIZATION, GLUCOSE LEVEL DETERMINATION AND OTHER ASPECTS OF NURSING CARE. * EQUIPMENTS AND SUPPLIES ARE USED SAFELY AND ECONOMICALLY. * ENSURE SAFETY AND HYDRATION OF PATIENTS UNDERGOING PHOTOTHERAPY. * EDUCATE PARENTS ABOUT THE IMPORTANCE OF BREAST FEEDING. * ENSURE PROPER TEMPERATURE OF WATER BEFORE GIVING BATH TO NEONATES. * MAINTAINS HYGIENE AND SAFE ENVIRONMENT. | |
| **Cases Handled:** | |
| * ARDS * LARGE/SMALL FOR GESTATIONAL AGE * POLYCYTHEMIA * THROMBOCYTOPENIA * MECONIUM STAINED * CORD PROLAPSE * INFANT OF DIABETIC MOTHER * PREMATURE * NEONATAL JAUNDICE * CONGENITAL PNEUMONIA * CLEFT LIP/PALATE * PERINATAL DEPRESSION * TRANSIENT TACHYPNEA IN NEWBORN | |
| **Equipment/Machines Operated:** | |
| * INCUBATOR * VENTILATOR * BUBBLE CPAP * SUCTION MACHINE * PULSE OXYMETER * CARDIAC MONITOR * ABG ANALYZER * INFUSION PUMP/SYRINGE PUMP * GLUCOMETER * RADIANT WARMER * PHOTOTHERAPY LIGHTS/BILIBLANKET * OPHTHALMOSCOPE * DINAMAP | |