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| Name: **RIZA****RIZA.332271@2freemail.com** |  |
| Position applying for : | STAFF NURSE |
| Year of Experience :  | 6YEARS |
| Nursing Area/s of Interest: | NICU or OUT PATIENT DEPARTMENT |

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| **CAREER OBJECTIVES** |
| A DEDICATED STAFF NURSE SEEKING FOR A POSITION IN A HOSPITAL/CLINIC WHERE MY SKILLSKNOWLEDGE AND EXPERIENCE CAN BE UTILZE AND NURTURE |

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| **PERSONAL DATA** |
| Age : | 45 |
| Date of Birth : | 11/04/1971 |
| Gender : | FEMALE |
| Civil Status : | SINGLE |
| Nationality : | FILIPINO |

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| **EDUCATION & QUALIFICATION** |
| Education Level | BACHELOR OF SCIENCE IN NURSING | MASBATE COLLEGES | 06/15/1999 TO 03/23/2003 |
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| **LICENSE / REGISTRATION** | **Year Obtained (mm/dd/year**) |
| PHILIPPINE REGISTRATION COMMISSIONSAUDI COMMISSION FOR HEALTH SPECIALTIESHEALTH AUTHORITY ABU DHABI | 02/23/200707/15/201206/10/2014 |

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| **WORK EXPERIENCE (**LIST OF EXPERIENCE BEGINNING WITH MOST RECENT) |
| ***Employment 1*** |
| Position :  | OUT PATIENT CLINIC NURSE |
| Duration (From-To): | 12/08/2014 - 30/11/2016 |
| Company/Hospital: | THE HEALTH MEDICAL SERVICES  |
| Address : | AL AIN, UAE |
| Description: | Hospital Level: CLINIC Bed Capacity: |
| Department : | MEDICAL CLINIC – 12 MONTHSPEDIATRIC CLINIC – 6 MONTHSOB/GYNAE CLINIC – 6 MONTHS |
| Patient Census per day: | 30 ABOVE PER DAY |
| Types of Patient Handled: | □ **Women’s**□ Neonate □**Pediatric** □Others: **Adult/Geriatrics** |
| **Detailed Job Description :** |
| * COLLECT AND DOCUMENT INFORMATION SYSTEMATICALLY AND COMPREHENSIVELY, THROUGH ASSESSMENT, INTERVIEW, OBSERVATION AND OTHER SOURCES OF DATA.
* ACCEPT REFERRALS AND ORGANIZE THE CLINIC FOR PATIENTS REFERRED TO THE MEDICAL PROCEDURE CLINIC ACCORDING TO PROTOCOLS AND STANDARDS.
* PROCEDURAL REQUIREMENTS ARE MET IN ACCORDANCE WITH POLICIES AND PROTOCOLS.
* PROVIDE EFFECTIVE AND APPROPRIATE CARE, COORDINATING CLINICS AND PROCEDURES TO MEET DEMAND.
* DETERMINES THE APPROPRIATE EQUIPMENT THAT WILL BE NEEDED, MAKES PREPARATIONS AND ASSISTS PHYSICIANS DURING EXAMINATIONS.
* EQUIPMENTS AND SUPPLIES ARE USED SAFELY AND ECONOMICALLY.
* PERFORMS VARIOUS PATIENT TESTS AND ADMINISTERS MEDICATIONS WITHIN THE SCOPE OF PRACTICE.
* KEEP DETAILED RECORDS AFTER ADMINISTERING TESTS AND KEEP A CAREFUL LOG OF PATIENTS PROGRESS.
* FAMILIAR WITH STANDARD CONCEPTS, PRACTICES AND PROCEDURES WITHIN A PARTICULAR FIELDS.
* RELIES ON EXPERIENCE AND JUDGEMENT TO PLAN AND ACCOMPLISH GOALS.
* PRACTICE AND MAINTAINS ASEPTIC TECHNIQUE ALL THE TIME.
* COUNCELS THE PATIENT AND FAMILY IN MEETING NURSING AND RELATED NEEDS.
* PERFORMS OTHER RELATED DUTIES AS REQUIRED FROM TIME TO TIME.
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| **Cases Handled:** |
| **PEDIA*** BRONCHITIS
* COMMON COLDS
* ASTHMA
* CHICKENPOX
* CONJUNCTIVITIS
* LACTOSE INTOLERANCE
* OTITIS MEDIA
* APPENDICITIS
* SORE THROAT
* KAWASAKI DISEASE

**OB****POST PARTUM*** POSTPARTUM DEPESSION

**ANTE NATAL*** ANTE NATAL CHECK UP

**GYNE*** DYSMENORRHEA
* URINARY TRACT INFECTION
* PAP SMEAR TESTING
* IUD INSERTION
* GENITAL WARTS
* INFERTILITY
* CANDIDIASIS

**MEDICAL*** DIABETES MELLITUS
* COPD
* HYPERTENSION
* GRAVES DISEASE
* RHEUMATOID ARTHRITIS
* DYSLIPIDEMIA
* COMMON COLDS
* CHOLELITHIASIS
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| **Equipment/Machines Operated:** |
| * OPHTHALMOSCOPE
* OTOSCOPE
* WEIGHING SCALE
* NONSTRESS TEST
* FETAL DOPPLER
* COLPOSCOPE
* CRYOCAUTERY
* SPHYGMOMANOMETER
* STETHOSCOPE
* NEBULIZER
* PEAK FLOW METER
* SPIROMETER
* ECG MACHINE
* OXYGEN CONCENTRATOR
* GLUCOMETER
* PULSE OXYMETER
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| ***Employment 2*** |
| Position :  | NICU / NURSERY STAFF NURSE |
| Duration (From-To): | 24/01/2012 – 02/01/2014 |
| Company/Hospital: | PRINCE SULTAN ARMED FORCES HOSPITAL |
| Address : | MADINAH, KSA |
| Description: | Hospital Level: TERTIARY Bed Capacity: 150 |
| Department : | NICU/SCBU/NURSERY |
| Patient Census per day: | 30 ABOVE |
| Types of Patient Handled: | □ Women’s □ **Neonate** □ Pediatric □Others: |
| **Detailed Job Description :** |
| * HELP WITH ASSESSMENT OF NEWBORN UPON ADMISSION AND COLLECT RELEVANT DATA.
* RECORD PATIENT SYMPTOMS AND KEEP PATIENT MEDICAL RECORDS UP TO DATE.
* INDEPENDENTLY PREDICT OUTCOMES AND PLAN FOR CONTINGENCIES.
* IDENTIFY NURSING NEEDS OF PATIENT, PLAN AND EVALUATE NURSING CARE.
* COLLECT SAMPLE AS REGULATED BY MEDICAL TEAM FOR LABORATORY INVESTIGATION.
* MONITOR SAFETY OF PATIENTS UNDERGOING PHOTOTHERAPY TREATMENT.
* ADMINISTER INTRAVENOUS INFUSION AND MAINTAIN STRICT ACCURATE RECORDS OF FLUIDS.
* PREPARE PATIENT AND NECESSARY EQUIPMENT FOR DIAGNOSTIC PROCEDURE AND REPORT PATIENTS CONDITION AND TREATMENTS PRESCRIBED BY THE PHYSICIANS.
* PERFORMS ORAL AND NASAL SUCTIONING TO MAINTAIN CLEAR AIRWAYS.
* ADMINISTER MEDICATION AND NOTE IT’S REACTION.
* PARTICIPATES IN OR INITIATES CPR AND OTHER EMERGENCY MEASURES WHEN NECESSARY.
* FACILITATES HEALTH TEACHING TO PARENTS REGARDING THE PROPER CARE OF THEIR BABIES UPON DISCHARGE.
* PERFORMS A VARIETY OF TASKS AND REPORTS TO A MANAGER OR HEAD OF UNIT/DEPARTMENT.
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| **Cases Handled:** |
| * INFANT OF DIABETIC MOTHER
* MECONIUM STAINED
* NEONATAL JAUNDICE
* RESPIRATORY DISTRESS SYNDROME
* CONGENITAL PNEUMONIA
* CLEFT LIP/PALATE
* PREMATURE INFANT
* TRANSIENT TACHYPNEA IN NEWBORN
* POLYCYTHEMIA
* THROMBOCYTOPENIA
* PERINATAL DEPRESSION
* LARGE/SMALL FOR GESTATIONAL AGE
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| **Equipment/Machines Operated:** |
| * INFUSION / SYRINGE PUMP
* RADIANT WARMER
* INCUBATOR
* SUCTION MACHINE
* PULSE OXYMETER
* CARDIAC MONITOR
* BUBBLE CPAP
* ABG ANALYZER
* PHOTOTHERAPY LIGHTS / BILIBLANKET
* GLUCOMETER
* NONINVASIVE BILICHECK MACHINE
* DINAMAP
* NEBULIZER
* VENTILATOR
* OPHTHALMOSCOPE
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| ***Employment 3*** |
| Position :  | NICU / NURSERY STAFF NURSE |
| Duration (From-To): | 28/09/2008 – 30/11/2010 |
| Company/Hospital: | TAIBA HOSPITAL |
| Address : | KUWAIT |
| Description: | Hospital Level: TERTIARY Bed Capacity: 100 |
| Department : | NICU/SCBU/NURSERY |
| Patient Census per day: | 15 ABOVE |
| Types of Patient Handled: | □ Women’s □ **Neonate** □ Pediatric □Others: |
| **Detailed Job Description :** |
| * ASSESS, PLANS, IMPLEMENTS AND EVALUATES NURSING CARE FOR PATIENTS.
* MEASURES AND CHARTS VITAL SIGNS, WEIGHT, INPUT AND OUTPUT TO ESTABLISH BASELINE INFORMATION OF PATIENT.
* PROVIDE SPECIAL CARE LIKE SUPPLEMENTAL OXYGEN TO CLIENT WITH DIFFICULTY IN BREATHING.
* ASSISTS PHYSICIANS WITH INVASIVE PROCEDURES SUCH AS INTUBATION, UMBILICAL CATHETERIZATION,

CHEST TUBE INSERTION, EXCHANGE TRANSFUSION.* PERFORMS IV CANNULATION, BLOOD EXTRACTIONS AND INTRAVENOUS MEDICATIONS.
* MONITOR PATIENTS ON MECHANICAL VENTILATION SUPPORT.
* DEMONSTRATES COMPETENCE IN PERFORMING INTERMEDIATE NURSING ACTIVITIES;

 #PERFORMS SUCTIONING FROM ENDOTRACHEAL TUBE #TRANSPORTS PATIENT TO OTHER HOSPITAL #ASSISTS DOCTORS IN STABILIZING NEWBORNS (NVD,LSCS,VACUUM DELIVERY) AND ENSURE THAT  VACCINATIONS AND OTHER MEDICATIONS ARE GIVEN ACCORDING TO HOSPITAL POLICY* HANDLES DRESSING CHANGE, NEBULIZATION, GLUCOSE LEVEL DETERMINATION AND OTHER ASPECTS OF NURSING CARE.
* EQUIPMENTS AND SUPPLIES ARE USED SAFELY AND ECONOMICALLY.
* ENSURE SAFETY AND HYDRATION OF PATIENTS UNDERGOING PHOTOTHERAPY.
* EDUCATE PARENTS ABOUT THE IMPORTANCE OF BREAST FEEDING.
* ENSURE PROPER TEMPERATURE OF WATER BEFORE GIVING BATH TO NEONATES.
* MAINTAINS HYGIENE AND SAFE ENVIRONMENT.
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| **Cases Handled:** |
| * ARDS
* LARGE/SMALL FOR GESTATIONAL AGE
* POLYCYTHEMIA
* THROMBOCYTOPENIA
* MECONIUM STAINED
* CORD PROLAPSE
* INFANT OF DIABETIC MOTHER
* PREMATURE
* NEONATAL JAUNDICE
* CONGENITAL PNEUMONIA
* CLEFT LIP/PALATE
* PERINATAL DEPRESSION
* TRANSIENT TACHYPNEA IN NEWBORN
 |
| **Equipment/Machines Operated:** |
| * INCUBATOR
* VENTILATOR
* BUBBLE CPAP
* SUCTION MACHINE
* PULSE OXYMETER
* CARDIAC MONITOR
* ABG ANALYZER
* INFUSION PUMP/SYRINGE PUMP
* GLUCOMETER
* RADIANT WARMER
* PHOTOTHERAPY LIGHTS/BILIBLANKET
* OPHTHALMOSCOPE
* DINAMAP
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