*Seyed*

*Seyed.332979@2freemail.com*

**Personal statement**

A clinical dietitian with an outstanding academic background and excellent communication skills able to work on own initiative or as part of a team.

**Key Skills**

* Interpersonal Skills - Ability to communicate with people at all levels.
* Organizational Skills - Developed through academic studies.
* Computer Literate - Microsoft Windows 7 / 8, Microsoft Office 2010 / 2013 (Word, Excel, PowerPoint), SPSS and Email.
* Time Management Skills - Developed through practical work and academic studies.
* Ability to multitask.
* High attention to detail and accuracy.
* Able to react quickly and effectively when dealing with challenging situations.
* Linguistic skills: English and Persian (fluent); Arabic (advanced).

**Education**

**BSc in clinical Nutrition and Dietetics at the University of Sharjah (**June 2016)

**Educational status:**

* Chancellor Honour List (CGPA: 3.64).
* Received “bright start” certificate (December 2014).
* Received “Friends of Kidney Patients” certificate (November 2014).
* Received “ The Lipton Tea Academy” certificate (April 2016)
* Member of Iranian cultural club (2012-2016).

**General subjects studied:** Psychology, IT, introduction to business and introduction to economics.

**Work experience**

**Trainee dietician**

Ajman Sheikh Khalifah Hospital- Nutrition and Dietetics Department (February 2015- June 2015). UAQ Sheikh Khalifah Hospital- Nutrition and Dietetics Department (February 2016- April 2016). Dubai Hospital- Nutrition and Dietetics Department (April 2016- June 2016).

**Dietetics Intern**

University Hospital Sharjah- Dietetics Department (August 2016- Present).

* Responsible for nutritional intervention and diet plans of patients in different hospital wards.
* Examined up to 10 patients daily.
* Counselling and providing nutritional education for the patients upon discharge.
* Controlled hospital food service.
* Conducted different evidence based practices based on the cases in the hospital.

**Team project**

**Graduation Project:** Effect of Parent Stress on Mealtime Behavior, Nutrient Adequacy and PhysicalActivity in Children with Autism. (September 2015- June 2016)

* Working on final term project in a team of five.
* Prepared required assessment tools (physical activity and dietary intake questionnaire) and anthropometric measurements for children with autism and their parents.
* Collected children data.
* Analysed the collected data on SPSS and ESHA (Nutrition Analysis Software) programs. **Community project:** Food and life style habit
* Led a team of five in Pakistan Education Academy targeting school students.
* Assessed Students’ nutritional knowledge on 3 main targets of approach; healthy versus unhealthy breakfast habits, sugar sweetened beverages, supplements consumption.
* Informed students on the importance of healthy food choices at the event held in Pakistan Education Academy.

**References**

References are available upon request.

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