**ARMIE**

[**ARMIE.334437@2freemail.com**](mailto:ARMIE.334437@2freemail.com)

***CAREER OBJECTIVE:***

* To be able to land in a job that would pave the way for career development and enhancement.
* To render professional nursing to all patients within the assigned unit of the hospital and to participate actively in the development of all areas of nursing in accordance with the standard practice of the hospital.
* To be able to deal effectively with persons of different educational, cultural, religious and language backgrounds.

***EDUCATIONAL ATTAINMENT:***

**COLLEGE :** Bachelor of Science of Nursing, Delos Santos College, E. Rodriguez Avenue, Quezon City

Philippines, SY 1991-1995

**HIGH SCHOOL :** Paluan National High School, Paluan, Occidental Mindoro, Philippines. S. Y 1987 - 1991

**ELEMENTARY :** Lumangbayan Elementary School, Lumangbayan Paluan occidental Mindoro

Philippines, S.Y 1981 -1987

***PROFESSIONAL CREDENTIAL AND MEMBERSHIP:***

* A registered nurse having passed the Nursing Licensure Examination given by the Professional Regulation Commission in June 1996
* A certified IV Therapy Nurse by the Association of Nursing Service Administration of the Philippines (ANSAP)
* Member — Philippine Nurses Association
* A certified member of UAE Heart association in affiliation with American Heart Association having attended and completed Basic Cardiac Life Support Course in accordance with the standards and guidelines of the association.
* A certified IV Therapy Nurse having successfully completed an assessment course in the intravenous annulation and administration of drugs via an intravenous route by Zayed Military Hospital. Member of united Arab Emirates Nurses Association.
* Certified Immediate life support provider trained by experience Resuscitation Council.
* Certified Registered Nurse HAAD (Health Authority Abu Dhabi) License No. GN17148/ Expiry date : March 24, 2017

***WORK EXPERIENCE: \** Community Health Nurse**

**MEDICARE COMMUNITY HOSPITAL,** Paluan, Occidental Mindoro Philippines, February 1996 - June 2001

As a Community Health Nurse, I have rendered series of community teaching about the health promotion and maintenance, and prevention of diseases in the community by giving them information about the different factors that influence the occurrence of the disease in the community for them to recognize those risk factors early in orders to prevent the diseases to happen. I rendered series of immunization as method of disease prevention especially the infants, children and childbearing women. I have been participated in conducting medical missions for the natives of Mindoro (Mangyans) for them to feel, that they are especial regard less of their race, culture and series economic status .

**Oncology Nurse**

**VETERANS MEMORIAL MEDICAL CENTER**

North Avenue , Diliman Quezon City Philippines , July 16, 2001 - March 2007

**Areas Of Exposure:** Ward 10 (Oncology Ward), Sometimes being pulled out for reinforcement to areas such as:

MITU (Medical Intensive Therapeutic Unit)

MICU (Medical Intensive Care Unit)

PICU Pulmonary Intensive Care Unit)

Ward 3 (Cardio - Neurology Ward)

Ward 4 (Nephrology Ward)

Ward 8 (Surgical Ward)

Ward 12(Ophthalmology Ward)

Ward 12 AMR (ENT Ward)

Ward 16 (Pulmonary Ward).

***VETERANS MEMORIAL MEDICAL CENTER PROFILE:***

Veterans Memorial Medical Center is a tertiary hospital with 766 bed capacity. It was inaugurated on November 20, 1955. It was first intended solely to disabled war veterans who were ravaged by World War II. However hospitalization was extended to Armed Forces of the Philippines retirees, veteran dependents, PHILHEALTH patients and non — service connected ailments.

Veterans Memorial Medical Center operates under the Department of National Defense as a agency within the Philippine Veterans Affairs Office.

At present, VMMC serves about 600 patients a day and boast of specialists in rehabilitation, medicine, oncology, gastroenterology, neurology, orthopedics, dental, and dermatology among others. It has 21 wards, 4 intensive care units, 8 operating rooms, 1 labor room, a nursery and 2 kitchens. It also has two pharmacies, one catering to the needs of OPD patients and the other one for in patients.

VMMC carries a comprehensive medical residency training program in all major specialties Likewise there are also training programs in medical and paramedical fields through affiliated schools and universities.

Moreover, VMMC has a large visiting staff of consultants, a compassionate and morally upright health professionals, administrative, technical and other personnel who work as a team Lastly, VM\_MC has a four — fold mission: patient care, education and training, research and civic action and- outreach program.

**Specialist Registered Nurse (Oncology & Medical Service)**

**ZAYED MILITARY HOSPITAL**

Abu Dhabi, United Arab Emirates, May 16, 2007 to present

Zayed Military Hospital Situated in the capital city of Abu Dhabi, UAE ZMH is the exclusive military Hospital in the country. Its 365 bed capacity and the availability of the modern technological equipment in most provide prominent Health care service to more than 110,000 people ZMH offer comprehensive medical care, both outpatient and inpatient and covers the following specialties:

* Accident and Emergency, Anesthesia, Angiology, Cardio-thoracic surgery, Cardiology / Cath Lab, Chest Medicine, Dental / Dermatology, Neurology, Neuron Surgery, Oncology, Ophthalmology, Orthopedic, Pediatric

Endocrinology, ENT, Family Medicine, Gastro Enterology, General Surgery, Gynecology, ICU, Inspection Disease, Nephrology, Plastic Surgery, Psychiatry, Rheumatology, Urology, Physiotherapy, Laboratory,

Diagnostic Imaging, Inpatient and outpatient Pharmacies.

***JOB DESCRIPTION:* ORGANIZATIONAL RELATIONSHIP**

* Responsible to Head Nurse, Nurse Manager and Director of Nursing
* Responsible for all staff and resources under

**JOB SUMMARY**

* Asses of patient's condition before chemotherapy begins, including patients weight and height
* Secure consent and explain all sides effects of chemotherapy before its commencement
* Check fluid and electrolyte evaluation and CBC results prior to initiation of chemotherapy
* Be aware of its chemotherapy protocols, i.e. FOLFOX, CHOP-R and many more
* Adhere to proper pre and post chemotherapy medications
* Obtain ideal peripheral access chemotherapy (proximal forearm) and know proper care of Porta cath and Hickman lines
* Provide and maintain safety handling of chemotherapeutic drugs including medication delivery, chemotherapy administration and management
* Provide instructions about self-monitoring, complication identification, and  
  symptom management to empower patients and their family members
* Provide adequate nutritional support to patients
* Always give patients the right to appropriate assessment and management of pain
* Adhere to infection control/safe disposal of cytotoxic usables policy
* Continue chemotherapy precautions for 72 hours after completion of the last dose of chemotherapy
* Complete planning for care after discharge
* Provide psychosocial support to cancer patients and families
* Assess, plans, implements and evaluates individual patient care.
* Supervises junior and new staff and participates in orientation and
* developmental programs
* Undertake the role of the primary care provider to a defined patient group
* Participates in the ongoing training and development program of the ward or department
* Takes responsibility for own professional conduct and growth
* Act in accordance with all the agreed hospital and departmental policies and procedure at all times

**DUTIES AND RESPONSIBILITIES**

* Establish a good working environment in which patients receives a standard level of care
* Ensures that infection control practices arc adhered to in accordance with the approved infection control policies
* Participates in the care, custody and administration of medicines in accordance with the hospital policy
* Documents and reports all accidents/incidents to head nurse, charge nurse and site manager
* Ensures that all nursing documentation is completed accurately and legibly
* Assists in data collection for monitoring and statistical purposes
* Responsible for own professional development and remains updated in current professional practices
* Responsible for keeping updated in infection control, lifting and handling as well as fire and safety on yearly basis

**MACHINES HANDLED**

* IVAC SYRINGE PUMP (ABBOT), INTERMITENT PNUEMATIC PRESSURE PUMP, DINAMAP

CRITIKON AND CRITICARE), ENTERAL NUTRITION PUMP (FLEXIFLO COMPANION PUMP / KARGAROO PUMP), PATIENT CONTROLLED ANALGESIA (PCA MACHINE), SUCTION MACHINE, NEBULIZER, CARDIAC MONITOR, EXTERNAL CARDIOVERTER DEFIBRILATOR, IVAC THERMOMETER, INFUSION PUMP (ABBOT LIFECARE 5000), TYMPANIC THERMOMETER , WEIGHING SCALE — CHAIR SCALE (HEALTH 0 METER), ECG, INCENTIVE SPIROMETER. MECHANICAL VENTILATOR, BIPAP / CIPAP MACHINE CPORTABLE)

**PROCEDURES PERFORMED**

* NASOGASTRIC TUBE INSERTION, INDWELLING FOLEYS CATHETER INSERTION, BLOOD SUGAR MONITORING, IV INSERTION, PORTA CATH. EXTENSION INSERTION, GASTRIC LAVAGE/GAVAGE

CLEANSING/FLEET ENEMA, INSULIN STRESS TEST, LH/RH STIMULATION TEST, SYNACTHEN TEST, ASSIST IN BONE MARROW BIOPSY, ASSIST IN ABDOMINAL TAPPING, ASSIST IN THORACENTHESIS, BLOOD TRANSFUSION, ASSIST IN LUMBAR TAPPING, ASSIST IN INTR\_ATHECAL, INTRA-PERITONEAL and INTRA PLEURAL CHEMOTHERAPY

**Staff Nurse (Oncology/Medical Ward) — Veterans Memorial Medical Center / Zayed Milirary Hospital**

**NURSING CARE**

* Identify and assess nursing problems, Always respond to emergency calls, Execute physician's legal orders concerning the patient's treatment and medications, Provide supportive measure like physical and psychosocial needs, dietary regimen, safety, comfort and hygiene (i.e. does sponge bath, change bed sheets and gown, provide oral care, etc.), Administer intravenous, intramuscular, subcutaneous and oral medications as ordered by the physicians, Instruct & prepare patients for diagnostic procedures such as ultrasound, CT-scan, barium enema, etc.
* Prepare patients pre-operatively such as securing/witnessing the signing of consent for the procedure/s, securing blood products; administering pre-op medications, administering chemotherapy drug ( if ordered ); ensuring safety and providing emotional support to the patients
* Closely monitor patients for arrhythmias, signs of pulmonary embolism & bleeding and assesses the pain threshold of the patients
* Monitor intubated patients especially during the weaning process by hooking them to T-piece and following the weaning parameters
* Assess patient's condition including pt's weight & height and check laboratory results prior to initiation of chemotherapeutic drugs (e.i. blood count)
* Administer antiemetics routinely 4-6 hours as well as prophilactically before chemotherapy is initiated as per physician's order.
* Protect clients from physical injury & instruct clients to avoid aspirin and anticoagulant products
* Maintain reverse isolation when WBC count drops
* Explain that hair loss is not permanent and offer support and encouragement
* Encourage fluid & frequent voiding to prevent accumulation of metabolites in the bladder
* Prepare patients for extubation such as giving pre-extubation nebulization, suctioning & administering steroid medication (if ordered)
* Assist the physician during extubation; does physiotherapy; encourages patient to do deep breathing exercises/coughing exercises
* Assist the physician in intubating patient in case patient's sensorium decreases or he undergoes sudden hypoxia and severe arrhythmias
* Collect specimen (mine sample, sputum, trache aspirate) from patients and send samples to the laboratory department & follow-up the results
* Recognize the normal and abnormal laboratory findings especially when patient is subjected to chemotherapy
* Perform IV cannulation, NGT insertion and foley catheterization
* Change wound dressing of post-op patients and performs bedsore care using daikin's solutions,doing saline irrigation and applying flammazine creamfif ordered.
* Perform tracheostomy care, endotracheal tube care & colostomy care.
* Assist physician during cardio-pulmonary resuscitation of a patient who underwent cardiac arrest by giving emergency drugs like epinephrine, etc.
* Prepare and administer inotropics ( dobutamine & dopamine)
* Prepare and administer chemotherapy drugs such as folinic acid and 5 flourouracil, etoposide, cisplatin, (), taxotere, taxol, bisphonal, (following each protocol)
* Provide and maintain safety and protective measures such as applying body straps or arm, restraints for severely agitated patients ( with doctor's order and consent from patients relatives )
* Provide psychological, emotional and spiritual support to the patients as well as to their families, especially those of the DNR patients and terminally ill patients.
* Perform good post-mortem care
* Coordinate with physician-in-charge and assist in identifying patient's need for medical assistance & rehabilitation

**TRAINING AND SUPERVISION**

* Instruct and prepare patients for diagnostic procedures/surgical procedures
* Plan assignments and supervise hospital aides
* Complete tasks within a target time frame ( 8 hours )
* Assist the head nurse in providing learning experience for new nurses, non-nursing personnel and students
* Participate in research programs of the nursing service and other department and attend seminars
* Willing to go on straight duty when the situation calls for it and ready to be pulled out to another area for reinforcement

**RECORDING AND REPORTING**

* Receive and endorse patient's belongings, Observe proper documentation at all times, Report unusual incidents to supervisors, Update administrative records, Evaluate nursing care given and make necessary revisions through appropriate documentation.

**CASES HANDLED**

1. Adeno Carcinoma left upper lung, stage II-B; Bladder outlet obstruction secondary to enlarge prostate
2. Hepatocellular CA
3. Chronic Myelocytic Leukemia
4. Malignant Melanoma, right foot with popliteal and inguinal area metastasis
5. Breast CA, Right S/P MRNI with recurrence, left breast
6. Well differentiated Adeno Carcinoma, Recto Sigmoid S/P Chemo Cycle 6 with liver mass, Left TIC Hepatic Metastasis
7. Cervical CA, stage *w* S/P chemo, Cycle 2
8. Non small cell CA, right lung
9. Multiple nodular mass, right submandibular area
10. Metastatic Adeno CA C5 C6 S/P Bone graft C5 C6
11. Infiltrating Ductal CA, left breast
12. Multiple pulmonary nodules TIC pulmonary metastasis
13. Squamous cell carcinoma, nasophatynx
14. Colorectal Carcinoma S/P Chemo with pulmonary and brain metastasis, right fronto-temporal lobe
15. Adeno Carcinoma, left lung S/P Lobectomy
16. Prostatic CA S/P Turp with bone Metastasis
17. Renal cell CA, left S/P Nephrectomy
18. Non-small cell CA, left lung, stage III-B S/P CIT and pleurodesis ; Pleural effusion, left
19. Well differentiated Adeno Carcinoma, Rectum S/P Chemo S/P RT
20. AML

**SEMINARS ATTENDED:** Basic IV Therapy Training Program, Our Lady of Lourdes Hospital, May 26, 2002

1. **Critical Care Nursing:** Veterans Memorial Medical Center, June 2003
2. **New Frontiers & Traditional Values in Cancer Care:** Edsa Shangri-la Hotel, April 26, 2002
3. **16 Asia Pacific Cancer Conference:** "Fighting Cancer in the New Millennium", November 18-21, 2003
4. **Nursing Quality and Safety Symposium:** Boot Camp Metrics, Bach to Basics, Hilton Hotel, Abu Dhabi, November 19, 2011
5. **IV Therapy Training Program:** Veterans Memorial Medical Center. May 22, 23, 2003
6. **Basic Life Support: CPR and Foreign Body Airway:** Obstruction Management.Veterans Memorial Medical Center. September 2002.
7. **Oncology Update 2**005, Manila Pemnsula Hotel, May 2-4, 2005
8. **Living up to the Expectation, Etoricoxib in Chronic Pain Management:** Hilton Hotel, Abu Dhabi, UAE

February 5, 2008

1. **Immediate Life Training Support:** Zayed Military Hospital, Abu Dhabi, UAE, December 6, 2015
2. **Crash Trolley Course:** Zayed Military Hospital, Abu Dhabi, UAE, June 16, 2015
3. **Basic Life Training Support:**  March 23, 2015, Zayed Military Hospital, Abu Dhabi, UAE
4. T**he 8 international Cardiac Symposium - New Fontier In Cardiac Imaging:**  Fairmont Hotel Abu Dhabi, UAE, April 12, 2009
5. **Advanced Life Support:** April 23, 2015, Zayed Military Hospital, Abu Dhabi, UAE
6. **Medication Administration and IV Therapy:** June 11, 2015, Zayed Military Hospital, Abu Dhabi, UAE
7. **Infection Control Annual Mandatory Program:** July 7, 2015, Zayed Military Hospital, Abu Dhabi, UAE
8. **Communication Enhancement Workshop:** May 20, 2015, Zayed Military Hospital, Abu Dhabi, UAE
9. **Basic Wound Management Training:** October 10, 2015, Zayed Military Hospital, Abu Dhabi, UAE
10. **Disaster Preparedness & Emergency Management:** September 15, 2015, Zayed Military Hospital, Abu Dhabi.
11. **Fire Safety Training :** July 2, 2015, Zayed Military Hospital, Abu Dhabi, UAE.
12. **Hazardous Material, MSDS and Waste and Spill Management Training :** November 5, 2015  
    Zayed Military Hospital, Abu Dhabi, UAE
13. **Bloodborne Pathogens Handling & Management :** May 2, 2015, Zayed Military Hospital, Abu Dhabi, UAE

**SPECIAL SKILLS:**

* Manipulation of equipments/machines such as: laryngoscope, pulmonary, aid machine, ambu-bag, glucose monitoring machine(CBG machine), suction machine, infusion pump and mechanical ventilators
* Performs venipunctures, insert needles/cannulas gauges 22,20 & 18
* Initiate and maintain CPR
* Knowledgeable in computer
* Articulate and proficient in English communication
* Can speak and understand basic Arabic languange
* Adaptable, analytical, hard-working, people-oriented, can respond to Pressures

**INTERESTS:**

* Driving, drawing, swimming, chess, singing and interior decorating

**PERSONAL DATA:**

Date of Birth : May 13, 1975

Place of Birth : Paluan Occidental Mindoro, Philippines.

Age : 40 years Old

Civil Status : Married.

Citizenship : Filipino.