

 **C U R R I C U L U M V I T A E**

**OBJECTIVE:**

To acquire by getting in touch with the latest technologies of further execute my capabilities and put into daily use to the maximum level in my related job & experience, and to contribute for the growth of the Healthcare and exploring new ways of administering health services and other related fields.

 **PROFESSIONAL EXPERIENCE**

**Malabar Medical College Hospital & Research Centre, Modakkallur, Atholi, Calicut, Kerala.**

 Worked as Staff Nurse from 01-06-2014 till 03-06-2016 in **Dialysis Unit**, Medicine **and Psychiatry ward.**

**RESPONSIBILITY AS A NURSE**

* Care of Patient with checking vital signs.
* Maintain patient records.
* Nutrition and hygiene.
* Plan and implement highest standard of patient care.
* Close monitoring of the patients for complications.
* Monitoring patients with ECG Monitors.
* Preparation of administration of IV and other drugs.
* Maintaining intake-output chart, Collection of

Specimens.

* Oxygen administration.
* Blood transfusion.
* Care of patients with the urinary catheters
* Providing Psychological support to the patient and

 the family.

* Maintenance of the different equipment’s for patients

 care.

* Maintain a good rapport with the team members and patients.
* Following Doctors Rounds are carrying out the orders prescribed.
* Administration of Intravenous Fluids.
* Coordinating with other medical and paramedical staffs.
* Orientation for patient and relatives about the hospital and it’s functioning.
* Aseptic Management and Control of Nosocomial Infections.
* Health Education about breast care
* Health Education about breast feeding and formula feeding.
* Orientation for Nursing students and Newly joined staff
* Supervision of Junior staff.

**EQUIPMENTS HANDLED**

* Dialysis Machine (Machine model – **FRESENIUS)**
* Cardiac Monitors
* Pulse Oximeter
* ECG Machine
* Bp Apparatus
* Thermometer
* Glucometer
* Syringe pumps
* Suction Apparatus
* Oxygen Flow Meter

**PROCEDURES PERFORMED:**

**Capable and competent in performing the following procedures like:**

* Dialysis
* Nasogastric Tube insertion
* Administration of medicines (Entral and Parenteral)
* Oxygen therapy
* Transfusions and infusion therapy
* Urinary Catheterization and Bladder irrigation
* Cardio Pulmonary Resuscitation ( CPR )
* ECG
* Care of Suture & Removal of suture
* Enema
* Apgar Scoring
* Checking New Born Reflexes

**PROFESSIONAL QUALIFICATION**

* National Hospital College of Nursing, Calicut – 673303, Kerala, India
* University of Calicut

 **REGISTRATION**

**Kerala Nurses and Midwives Council**

Registration Number:

Date of Registration: 20-03-2014

**PERSONAL INFORMATION**

Name: Anu

D.O.B: 15-09-1991

Gender: Female

Marital status: Married

Religion: Hindu

Nationality: Indian

Languages Known: Malayalam, Hindi, English

 **Passport Details:**

 Place of Issue: Kozhikode

 Date of Issue: 13/06/2016

 Date of Expiry: 12/06/2026

 **MY STRENGTHS**

I am self-motivated and can communicate reasonably well. I have a good level of emotional intelligence to get along with different types of patients & colleagues and can keep myself cool in hard times.

**DECLARATION**

 I hereby declare that all the statements given here are true and correct to the best of my knowledge and belief.