

**REGINA**

**REGINA.335516@2freemail.com**



### Position Applied for: Staff Nurse/Charge Nurse/Hospital-Clinic Nurse(RN)

**Career Objective:** To further my profession in the Healthcare services and to be exposed, gain more knowledge on modern medical facilities. To provide Above-Average services to the patients and help the Company excels in this field.

### REGISTERED NURSE

**Dubai Health Authority (DHA), Government of Dubai**

License No.

### REGISTERED NURSE

**Republic of the Philippines, Professional Regulatory Commission**

Philippine Nursing Licensure Examination 2007 License No.

### International English Language Testing System (IELTS) Passer IELTS IDP Australia

Overall Band Score 7.0

### Licensed Intravenous (IV) Nurse

Association of Nursing Service Administrators of the Philippine License No. 08-023300

### Licensed Basic Life Support Provider

American Heart Association

### Licensed ADVANCED CARDIAC Life Support Provider

American Heart Association

# JOB EXPERIENCE

### CHARGE NURSE (ANAESTHESIA)/ SURGERY NURSE

### SAUDI GERMAN HOSPITAL DUBAI

**Tertiary Hospital (316 Bed Capacity)**

**JCIA (Joint Commission International Accreditation) Accredited December 2013 & November 2016**

**TEMOS (Trust Effective Medicine Optimized Services) Accredited Excellence in Medical Tourism 2013**

**CAP (College of American Pathologists) Accredited 2013**

Barsha 3, Hessa Street 331West of Exit 36 Sheikh Zayed Road Dubai, UAE P.O. Box 391093

***February 2013 – Present***

* **GENERAL NURSE**

**Northwest Clinic (Polyclinic)**

Al Wasl Road Umm Suqeim 2, Jumeira 3, Dubai UAE P.O. Box 123925

***December 2010 – January 2013***

***Charge-Nurse, Rotated from different Medical/Dental Department and assisted physicians with diverse specialty (Urology, Rheumatology, Endocrinology, Dental, Obstetrics and Gynaecology, Paediatrics and Gastroenterology)***

* **GENERAL NURSE**

**Region 1 Medical Centre, Tertiary 500 Bed Capacity Hospital**

Dagupan City, Pangasinan 2400, Philippines

***November 2008 - September 2009***

***Assigned in various hospital department (Surgical Intensive Care Unit, Medical Intensive Care Unit, Operating Room, Recovery Room, Paediatric/Medical/Surgical Ward and Infection Control Practitioner)***

* **COMPANY NURSE**

**2GO ABOITIZ ONE, INC.**

Manila Domestic Airlines, Philippines

***January 2008 – October 2008***

* **CUSTOMER SERVICE REPRESENTATIVE**

**Sutherland Global Services, UK Account** (Multinational Company)

Makati City, Philippines

***January 2008 - June 2008***

 **TRAININGS AND CERTIFICATIONS**

|  |  |  |
| --- | --- | --- |
| 21 Oct. 2016 | **National Conference On Updates in ANAESTHESIA** | Gulf Medical University & Thumbay Hospital Saray Hotel Ajman UAE |
| 28 & 29 -Aug-2016 | **Advanced Cardiac Life Support** | American Heart Association, Saudi German Hospital Dubai UAE |
| 24-Aug-2016 | **2nd Neuroscience Symposium** | Saudi German Hospital Dubai UAE |
| 2-Jun-2016 | **Care and Prevention of Complications of Babies with Gastrostomy and Tracheostomy** | Saudi German Hospital Dubai UAE |
| 28-Apr-2016 | **Effects of Chronic Kidney Disease to Patient’s Quality of Life** | Saudi German Hospital Dubai UAE |
| 7-Mar-2016 | **Health Care Violence in Health Care Setting : Breaking the Silence of the Mute** | Saudi German Hospital Dubai UAE |
|  08 March 2016 | **Infection Prevention Practices in Operating Room** | Saudi German Hospital Dubai UAE |
| 26 to 28-Feb-2016 | **Dubai Critical Care Conference 2016** | Prime Hospital, Le Meridian Hotel, Al Garhoud, Dubai, UAE |
| 4-Feb-2016 | **“Fixing a broken Heart “ Update Treatment for Myocardial Infarction** | Saudi German Hospital Dubai UAE |
| 19-Nov-2016 | **"Monitoring Maternal and Fetal Well-being During Labor"** | Saudi German Hospital Dubai UAE |
| 10-Oct-2015 | **2nd World Mental Health Day Conference** | Emirates Nursing Association, Saudi German Hospital Dubai UAE |
| 1-Oct-2015 | **"Obesity: Tha Gaining Problem inChildren"** | Saudi German Hospital Dubai UAE |
| 24-Sep-2015 | **Basic Live Support Provider Course** | American Heart Association, Saudi German Hospital Dubai UAE |
| 23-Jul-2015 | **"A symposium on Pre-Operative Preparation and Nurses' Role in Post-Operative Management"** | Saudi German Hospital Dubai UAE |
| 12-May-2015 | **Nurses: A Force for Change - Care Effective, Cost Effective** | Saudi German Hospital Dubai UAE |
| 14-Jan-2015 | **Dubai Paediatric Forum: "Latest Update in Childhood Allergy"** | Farha Children Clinic, JW Marriot Dubai UAE |
| 7-Jan-2015 | **Cultural Diversity in nursing Practice** | Saudi German Hospital Dubai UAE |
| 11-Sep-2014 | **2nd Dermatology Symposium and Botox Workshop**  | Saudi German Hospital Dubai UAE |
| 25-Aug-2014 | **Patient’s Safety**  | Saudi German Hospital Dubai UAE |
| 1-May-2014 | **Emergency Medicine**  | Saudi German Hospital Dubai UAE |
| 24-Mar-2014 | **Ophthalmology Symposium**  | Saudi German Hospital Dubai Crowne Plaza Sheikh Zayed Road Dubai UAE |
| 8-Mar-2014 | **1st Women and Child Symposium**  | Saudi German Hospital Dubai UAE |
| 27 & 28-Nov. 2013  | **1st International Conference on Diabetes** | Saudi German Hospital Dubai UAE  |
| 29 Sept. 2013 | **1st Laparoscopic Symposium** | Saudi German Hospital Dubai UAE |
| 24-May-2013 | **Basic Life Support Course** | American Heart Association, Saudi German Hospital Dubai UAE |
| 27-Mar-2013 | **Excellence in Customer Service and Telephone Etiquette** | Saudi German Hospital Dubai UAE |
| 2-Nov-2012 | **Maternal, Neonatal & Child Health Nursing Conference** | Rashid Hospital, Dubai Health Authority UAE |
| 31-Oct-2012 | **Obstetrics Emergencies** | Rashid Hospital, Dubai Health Authority UAE |
| 25-Apr. 2012 | **Management of Ascites Caused By Cirrhosis** | EHL Dubai Mall Medical Center, Dubai United Arab Emirates |
| 17 Apr. 2012 | **Innovations in the Management of Cardiovascular Disease** | Cleveland Clinc Abu Dhabi, Mubadala Healthcare UAE |
| 11 Apr. 2012 | **Systemic Lupus Erythematous (SLE) - Clinical Challenges** | EHL Dubai Mall Medical Center, Dubai UAE |
| 05 Mar. 2012 | **Clinical Grand Rounds on Patient Safety: Why all the fuss?** | American Hospital of Dubai, Dubai UAE |
| 29 Feb. 2012 | **Endocrine Disorder in Pregnancy** | EHL Dubai Mall Medical Center, Dubai UAE |
| 16 - 17 Feb. 2012 | **Pneumoccocal Awareness Vaccination Immunization and Control Programme** | George Washington University, United States of America and GlaxoSmithKline UAE |
| 06 Feb. 2012 | **Clinical Grand Rounds on Toxicity of Local Anesthetics** | American Hospital of Dubai, Dubai UAE |
| 06 & 13 Jan. 2012 | **Perioperative Patient Care Nursing** | Dubai Healthcare City, Dubai UAE |
| 09 Jan. 2012 | **Clearing Patients with Obstructive Sleep Apnea - What Surgeons, Internists and Anesthesiologist need to know** | American Hospital of Dubai, Dubai UAE |
| 02 Jan. 2012 | **Clinical Grand Rounds on Venous Thromboembolism** | American Hospital of Dubai, Dubai UAE |
| 31 Dec. 2011 | **Injection Technique and Diabetes Self Management Workshop** | Al Zahra Hospital, Dubai UAE |
| 28 Apr. 2011 | **Lilly Diabetes Support Program** | Eli Lilly Company, Dubai UAE |
| 25 Sept. 2010 | **IV Therapy Update: IV Therapy Documentation** | Association of Nursing Service Administrators of the Philippines (ANSAP) and Region 1 Medical Centre |
| 20 Nov. 2009 | **IV Therapy Update: Refresher Course in Total Parenteral Nutrition** | Association of Nursing Service Administrators of the Philippines (ANSAP) and Region 1 Medical Centre |
| 6-Jun-2009 | **IV Therapy Update: "Managing Pitfalls in IV Therapy** | Association of Nursing Service Administrators of the Philippines (ANSAP) and Region 1 Medical Centre |
| 25-27 Sept. 2008 | **Intravenous Training Program**  | Association of Nursing Service Administrators of the Philippines (ANSAP) |
| 06 -09 Aug. 2008 | **Standard First Aid Training** | Philippine National Red Cross  |
| 04- 05 Aug. 2008 | **Basic Life Support Training (BLS)**  | Philippine National Red Cross  |
| 23 Feb. 2007 | **Nurse Paramedic Volunteer, Knights of Columbus Medical Mission** | Knights of Columbus Dagupan Pangasinan Chapter |
| 12 Mar. 2007 | **Peritoneal Dialysis and Hemodialysis Training** | University of Pangasinan College of Nursing |
| 12 Mar. 2007 | **Urologic Disorder Training**  | University of Pangasinan College of Nursing |
| 07 Jan. 2005 | **Airway Management and Cardio-Pulmonary Resuscitation**  | Region 1 Medical Centre, Philippines |

# MEDICAL EQUIPMENT/MACHINE OPERATED/ OTHER SKILLS

|  |  |
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| **Anesthesia Machine (Drager Fabius/Primus)**  | **Bronchoscope**  |
| **Central Venous Pressure Line** | **Proctoscope** |
| **Arterial Line** | **Colposcopy** |
| **Nerve Conduction Study** | **Tanita Machine Basic**  |
| **Patient Controlled Epidural Anaesthesia (PCEA)**  | **Sonosite X-Port Ultrasound**  |
| **Patient Controlled Anaesthesia (PCA)** | **Emergency Cart** |
| **IV Infusion Pump** | **Syringe Pump** |
| **Sensmart Pulse & Cerebral Oximeter** | **Arterial & Central Blood Gas Machine** |
| **Vein Viewer** | **PICCO Cardiac Output Monitor** |
| **C-MAC****Bispectral index (BIS) Monitor** | **ROTEM Sigma Rapid Haemostasis** |

### Knowledgeable in:

* **JCIA (Joint Commission International Accreditation)**
* **TEMOS (Trust Effective Medicine Optimized Services) Excellence in Medical Tourism**
* **Infection Control and Quality Performance Standards**

**OTHER SKILLS/ATTRIBUTES**

**Help implement ISO 9001:2008 Quality Management System Company Certification**

**Excellent Computer Skills - MS Office Outlook, MS PowerPoint, MS Excel, MS Tools, Lotus Notes**

**Languages:**

English **-** Fluent in writing & speaking**,** Filipino as mother tongue

Honest, hardworking, loyal, patient, responsible, flexible (in terms of workload and time schedules), reliable and trustworthy person.

### PROVEN ROLE

* + **Cares for a patient before, during and after a medical procedure or surgery by performing a patient assessment**
	+ **Preparing the patient for anesthesia, safety and comfort assured**
	+ **Overseeing patient recovery from anesthesia and caring for the patient's immediate post-operative needs**
	+ **Prepare prescribed solutions and administer local, intravenous, spinal, or other anesthetics following specified methods and procedures with the presence and supervision of the anesthetist**
	+ **Respond to emergency situations by providing airway management, administering emergency fluids or drugs, or using basic or advanced cardiac life support techniques with the presence and supervision of anesthetist.**
	+ **Calibrate and test anesthesia equipment**
	+ **Prepare materials/equipment and assist in insertion of arterial catheters or perform arterial punctures to obtain arterial blood samples**
	+ **Prepare materials/equipment and assist in insertion of peripheral or central intravenous catheters**
	+ **Read current literature, talk with colleagues, and participate in professional organizations or conferences to keep abreast of developments in nursing**
	+ **Request anesthesia equipment repairs, adjustments, or safety tests**
	+ **Prepare monthly Duty-Rota**
	+ **Consistent ability to meet deadlines and priorities whilst maintaining constantly high standards**
	+ **Proactive and tenacious approach to projects and challenges**
* **Adept problem-solver with the ability to speak effectively before individuals and employees of the organization**
* **Excellent organizational skills, ability to multi-task and organize others.**
* **Excellent oral and written communication skills and ability to professionally represent the Team to other Departments**
* **Ability to work under pressure and be flexible**
* **Attention to detail**
* **Ability to filter information and assess urgent requests**
* **Ability to develop and maintain good working relationships at all levels, including during difficult and challenging circumstances**
* **Ability to prioritize and manage own workload amid conflicting demands and busy work periods**
* **Ability to think ahead and anticipate needs before they arise**
* **Ability to exercise discretion in dealing with confidential or sensitive matters**
* **Confident and able to work on own initiative and with limited supervision**

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|  | **EDUCATION** |  |
|  |  | **Date Graduated** |
| **University:** | **Bachelor of Science in Nursing** | April 2007 |
|  | University of Pangasinan, Philippines |  |
| **High School:** | Dagupan City National High School | April 2003 |
|  | Philippines |  |
| **Elementary:** West Central Elementary School-I | March 1999 |

### PERSONAL PARTICULARS

**Visa Status*: Residence Visa***

**Date of Birth: 15 May 1986**

**Civil Status: Single**

**Place of Birth: Dagupan City, Philippines**