# **20161205_172437.jpgRICHARD**

# [**RICHARD.335547@2freemail.com**](mailto:RICHARD.335547@2freemail.com)

**Pharmacist**

### Areas of Expertise

* Dispensing medication
* Clinical expertise
* Health promotion
* Customer service
* Management of medicines

### Key Skills

* Methodical and systematic in work approach
* Able to work accurately and under pressure
* Organised and professional
* Able to identify problems and recommend solutions
* Self-motivated with good teamwork skills
* Willingness to offer others support if needed
* Flexible to change, eager to improve and develop new skills
* Pharmacy manager, Nexphase pharmacy, Analyst IPS and Proscript used in dispensary.

### Academic Qualifications

* MPharm : 2009-2013 University Sunderland, England
* Biochemistry - Honours BSc  **:** 2006-2007 National University Ireland Galway
* Biochemistry, Microbiology, Human Nutrition: 2003-2006 N. U. I. Galway
* Irish Leaving Certificate**:** 2001-2003 Mercy Mounthawk, Secondary School Tralee
* ECDL European Computer Driving Licence: 2002-2003
* Ballybunion Irish College: 1996-1999
* Royal Irish Academy of Music Speech and Drama - All grades undertaken and passed 1993-2000

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. **Personal Statement:**
4. I am a highly determined and energetic individual always eager to rise to every challenge met.  A confident communicator; with a good sense of humour, who thrives on meeting and working with others. I would describe myself as an accomplished team member who can motivate both self and others. I am a full member of the Royal Pharmaceutical Society. I like to keep up to date with the latest Pharmacy news by consulting websites such as Chemist and Druggist and Clinical Pharmacist. I also have a keen interest in nutritional and scientific books and websites.
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

### Work Experience

Various Locum Roles 2014 – Present

* Boots Pharmacy (various Edinburgh stores)
* Lindsay and Gilmour Pharmacies (various stores Edinburgh)
* Dears Pharmacy (various Edinburgh stores)
* Asda Pharmacy Jewel Store Edinburgh
* K.J Macdonald Ltd, (Stornoway Isle of Lewis)
* Sutherland W H B Pharmacy, Dounby Pharmacy and Stromness Pharmacy, (Orkney)
* Well Pharmacy (various Edinburgh stores)
* Clear Pharmacy (Edinburgh store)
* Cohens Pharmacy (109-111 High St, Bonnyrigg)
* Llyods Pharmacy ( various stores)
* Right Medicine (various stores)
* Robert & Roberts Higginbottom Pharmacy

Ferryhill: Pharmacy Preregistration

September 2013-2014

* Dealing with patient queries, either face to face or over the telephone.
* Selling over-the-counter medicines.
* Liaising closely with healthcare colleagues such as GP's, district nurses and receptionists.
* Undertaking methadone supervision and prepared monitored dosage system.
* Guiding patients through a minor ailments scheme.
* Measuring cholesterol and blood sugar levels.
* Carrying out blood pressure, weight and height measurements.
* Measuring and fitting compression hosiery.

**Boots summer placement, Washington Galleries Sunderland, 2012**

* Duties involved mainly dispensing, working on the health counter offering advice and selling pharmacy items to customers, observing disposal of controlled drugs, ordering and measuring of compression stockings, measuring out of methadone, filing of prescriptions, putting away deliveries and ordering stock.
* E-learning undertaken to further pharmacy knowledge.

**Previous Work Experience and Summer Jobs**

* Kilcooly’s Country House/Ballybunion Golf Club
* Shannon ABCApplied Biotechology Laboratory Centre**:** August 2009
* Ballyduff Pharmacy**:** November 2008.
* Kerry Ingredients Ireland Laboratory: January-August 2008 – Quality Control laboratory officer.
* Ballyduff-Listowel : voluntary work with special needs children in Nano Nagle summer camp for three summers.
* Assistant Gymnastic Coach: Two years with children aged 4-12 years.

### Accreditations

* Medicine Use Reviews (MUR).
* Emergency Hormonal Contraception under the National Patient Group Direction (PGD).
* The Smoking Cessation Service.
* Needle exchange service
* Flu vaccination

### Memberships

* The Royal Pharmaceutical Society
* The General Pharmaceutical Council (GPhC)

### Interests

Sport: I enjoy running, swimming, cycling, going to the local gym and playing football.