**Position Applied for:** **Perioperative Nurse/Ward Nurse**

**Candidate Name:** **Elma**

**Email:** [**Elma.337334@2freemail.com**](mailto:Elma.337334@2freemail.com)

**Date of Birth: 15th December 1971**

**Nationality: Finnish**

**Availability**: **2 weeks notice**

**Education:**

**October 2015 – July 2017 Laurea University of Applied Sciences, Finland**

Master’s Degree in Leadership and Management

In Global Healthcare

(part-time)

**21 April 2010 – 1 Nov 2011**  **Laurea University of Applied Sciences,Finland**

Bachelor’s Degree in Nursing

(full time studies included University study days

and placement in General Surgery, Trauma,

Maxillofacial and Transplantation Ward)

**Oct 1988 – 13 May 1993 Dr.Carlos S. Lanting College, Q.C Philippines**

Bachelor’s Degree in Nursing

(full time 38 hours per week – included

University study days and placement in different

specialized ward and different institutions)

**Professional Registration:**

Valvira, Finland Registration Number:

Philippine Regulatory Board

Manila, Philippines Registration Number:

Expiry Date: December 15, 2019

**Additional Courses/Qualifications:**

October 2015 (2 days) European Red Cross First-Aid Course

November 2014 (1 day) Medication Information pack update

October 2014 (1day) Patient’s Use of the Internet for Medical Info

Plus weekly lectures and updates

**Employment History:**

**1st June 2015 –to date Medicum Home Care Oy, Helsinki, Finland**

Nurse – Home Care Health Services

Medicum Services is a care company offering

high-quality services in several fields, including

child care, elderly care and disabled care. It also

acts as a service operator. The company operates

in both private and public sector.

**Duties /Responsibilities:**

* Provides and coordinates indiviualized care and resources to elders, disabled and others so that they may continue to live in their homes and in the community. Nurse is also responsible for administering the home care program. Maintain confidential client files and will prepare and present reports and information as required.
* Ensure that all home care needed are provided in a caring and respectful way in keeping with all relevant policies and procedures and coordinated home care standards. If required, will liaise with other community services and resources to ensure that other resources are involved. Also provide information and education to individuals and groups in the community, as required and requested.

**9th April 2012- 31 Dec 2014 Helsinki University Central Hospital, Finland**

Staff Nurse – General Surgery Ward, full time 37.5 hrs

per week

Helsinki University Central Hospital is an organization of

specialized care, a teaching and acute general hospital.

HUCH serves patients by providing a timely and equal

access to specialized medical care. HUCH offers high-

caliber medical treatment throughout Finland.

In addition, HUCH is the largest university hospital in

Finland providing patient care in all major specialties

Including…

Surgery, medicine, anesthesiology, obstetrics and

gynecology, pediatric and adolescents, neurology,

neurosurgery, opthalmology, imaging, laboratory

specialties, oncology and other sub-specialties.

**Duties/Responsibilites**:

* Provides nursing care to pre- and post patients who have undergone minor and major operations.
* Actively participated in the patient nursing care plan and health teaching to enhance their coping skills.
* Ensures that doctor’s orders were effectively carried out including medication, laboratory request, results and stat orders.
* Monitors daily laboratory results, ensured optimum isloation techniques, maintain central lines as well as maintaining accurate documentation.
* Provides a safe and therapeutic environment specially for mentally and physically-challenged patients.
* Coordinating wit physicians and other healthcare professionals for creating and evaluating customized care plans.

**21 April 2010 – 8 April 2012 Helsinki University Central Hospital, Finland**

Theatre Unit – Scrub/CirculatingNurse

General Surgery (which includes laparoscopic/

Endoscopic procedures), trauma/critical care

surgery, transplantaion (liver and kidney),

Oral and Maxillofacial surgeries (which include

microvascular reconstruction, cosmetic facial

surgery, craniofacial surgery, cranio-maxillo

facial trauma.

Full time 37.5 hours per week

(Hospital description the same as above)

**Duties/Responsibilities:**

As scrub nurse:

* Preparing rooms, set ups and decontaminating equipments and instruments
* Maintain the sterility of the surgical area
* Responsible for the right and complete counting of surgical swabs and instuments before, during and after operation
* Work closely with the surgeons. Able to anticipate what the surgeons need. Move precisely in handling and passing on the instruments and surgical materials.

As circulating nurse:

* Preparing all the necessary complex instruments and equipment including microscopes, lasers and endoscopes
* Working with the surgeons, anesthesiologists and scrub nurse to provide instruments, needles, swabs and other materials as required
* Act as a link between the surgical team and other parts of the theatre and hospital.
* Doing right and complete counting of swabs, surgical materials and instruments with the scrub nurse – pre, during and post operation.
* Keep the theatre clean and organized.

**1 Jan 2004 – 15 June 2007 FEU-Nicanor Reyes Medical Foundation,**

Quezon City, Philippines

Srub/Circulating Nurse - Operating Room/Delivery

Room/Anesthesia Care Unit Nurse –

General Surgery, which includes laparoscopic/

endoscopic surgeries

Kidney/liver transplantation, trauma, neuro

Surgery, EENT, OB-gyne surgeries and delivery.

FEU-NRMF is located in one of the busiest districts

of metropolis. As a tertiary hospital, the institution

has over 300-bed capacity which specializes in

general surgery, internal medicine, pediatrics, EENT

and OB-Gyne.

**Duties/Responsibilities:**

As perioperative nurse, I worked in different phases:

* Preoperative – during preoperative assessment, make sure a patient is fully informed about the risks and benefits of the operation hence, it gives the patient the opportunity to ask questions. Check patients lab and relevant results.
* Anaesthetic Phase – support the anesthetist and prepare special equipment, devices and drugs. Help assess the patient prior to surgery.
* Surgical phases – preparing all the complex instruments and equipments including microscopes, lasers and endoscopes.
* Working with the surgeons to provide instruments, needles, swabs and other materials as required.
* Recovery phase – following surgery, monitor patient’s vital signs, bleeding upon arrival on the post anesthetic care unit
* Providing appropriate care and treatment until the patient has recovered from the effects of the anaesthesia and/or surgery
* Assess the patient to ensure they can be discharged back to the ward

**Member:** Finnish Nurses Association

TEHY Nurses Labor Union

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