**Anup**

[**Anup.337499@2freemail.com**](mailto:Anup.337499@2freemail.com) ****

**Optometrist**

Expert Optometrist with over nine year experience diagnosing, managing and treating conditions of the human eye and visual system; examining eye and visual system, diagnose problems or impairment corrective lenses, and provide treatment.

**WORK EXPERIENCE**

**Optometrist**

Lunettes (House Of Quality Optics) - Dubai - January 2014 to Present

**Responsibilities:**

\*Performing Eye Testing, Prescribe Eye Glasses and Contact Lenses.

\* Dispensing & selling eyeglasses, sunglasses & contact lenses.

\* Knowledge of optical lens fitting including Progressive lens.

\* Contact lens fitting & dispensing.

**Accomplishments:**

\*Refraction with Digital Phoraptar.

\*optical work without supervision.

\*Low vision Aids

**Skills Used:**

\* Refraction ( Computerized & Manual ) and Phoraptar ( Digital & Manual )

\* Strick Retinoscoy and ophthalmoscope.

\* Slit Lamp Examination, Keratometry.

\* Contact lens fitting Multifocal, Toric & aftercare. Thorough knowledge of all leading brand contact lenses.

**Optometrist**

Emirates Optical LLC - Dubai - May 2011 to May 2013

Responsibilities

\*Prescription writing for spectacle.

\*Refraction.

\*Multifocal and Toric contact lens fitting.

\*sales and Record keeping.

**Accomplishments:**

\*Work under presure.

**Skills Used:**

\*Sale and management of optical.

**Optometrist**

Netra Nidan Eye Hospital - Gorakhpur, Uttar Pradesh - January 2010 to May 2011

Responsibilities Performing Eye Testing (Objective and Subjective)

\*IOP manual and with schiotz tonometer.

\* Contact lens fitting.

\*Advice about the advantage& Disadvantage of Contact lens.

\*History taking and Keeping Pre.&Post . history of patient.

\*Extra Ocular examination with Slit Lamp.

\*Intra Ocular examination with direct & indirect ophthalmoscope. Eye camp,OT Assistance, involve in minor

and major operation in OT.

\*Pediatric Refraction.

\*Low Vision Aids.

**Accomplishments:**

\*Direct & indirect ophthalmoscope.

\*l had work with more than 60 to 70 patients every day with good accuracy.

Skills Used

\*Team work with Ophthalmologist and organise eye camp.

\*Friendly nature and sympathy with the patient.

\* Patience.

**Optometrist**

Frame the vision World - Gurgaon, Haryana - December 2005 to November 2009

Responsibilities

\*Refraction& sale.

Skills Used

\*Refraction.

**EDUCATION QUALIFICATION**

* **Diploma in Ophthalmic Techniques ( Optometry) : 3 years course**

**from 2002 to 2005 by (Federation of Ophthalmic Research and Education Centers)**

Netra Nidan Eye Hospital (FOREC, UP)INDIA - Gorakhpur, Uttar Prades.

**Bsc in Biology:**

Jiwaji university - Gwalior, Madhya Pradesh,1999 to 2002

**SKILLS:**

Having more than 9 Years of experience in Optometry Practice. \* Ability to work under pressure \* Good Experience in handling specialty optometric cases \* Having good experience of optical and clinical.

CERTIFICATIONS

**OPTOMETRIST LICENSE**

December 2011 to Present

DUBAI HEALTH AUTHORITY

**OPTOMETRIST MEMBERSHIP**

May 2016 to Present

INDIAN OPTOMETRIST ASSOCIATION (IOA)

**OPTOMETRIST MEMBERSHIP**

May 2016 to Present

OPTOMETRIST COUNCIL OF INDIA (OCI)

ADDITIONAL INFORMATION

\*Fellow of Contact lens Institute (FCLI ), Aligarh.

\* Certified optometrist by DUBAI HEALTH AUTHORITY, Dubai, UAE.

\* DHA license no.P hold on 2011Ex.Jan 2017.

\*Medical Director and health facility in charge of lunettes Optical.

\*Life time membership of IOA INDIA Regd.No.

\*

I Declare that all the statements made in this application are true complete and

Correct to my knowledge and belief.