***Curriculum Vitae.***

***William***

[***William.337661@2freemail.com***](mailto:William.337661@2freemail.com)

A physical education and history teacher, who is dedicated, loyal, hardworking and enthusiastic. I am able to work under pressure and make tough decisions. Can work extremely well in teams, but also have the initiative to work alone. I possess many interpersonal skills, as well as good planning and organisational skills.

**Education**

Bachelor in Sports Studies and Physical Education.

University College Cork

(**Physical Education + Sports Studies - 2.1**)

**Subjects**

Anatomy of Exercise, movement analysis, athletics, swimming, dance, gymnastics, health, understanding learning, perspectives on learning, physical aspects of sports and health in physical education, physiology and history, school placement, sports medicine.

**Secondary School**

Charleville CBS Secondary School - 2002-2008 - Leaving Certificate

**Work Experience**

**Cambridge English School CES Kuwait- Aug 2016 - Nov 2016.**

* Coaching and running activities for primary and secondary students in this school in kuwait.
* Managing pupils and arranging for them to complete extra curricular work.
* Encouraging students and modelling good behaviour for all students to follow.

**Limerick Youth Service: Sep 2015-May 2016.**

* Providing physical activity for sixth class boys, 1st years and 2nd years who attend from the Secondary school in Colaiste Na Trocaire, Limerick.
* The Physical activities include football, hockey and tag rugby.
* I have been very successful in promoting healthy eating to the young participants. The knowledge is taken from healthy Ireland and comprises of both physical activity and healthy eating.

**International school of Choueifat- UAE.** August 2014- July 2015

* P.E - 2014/15. Grades 2 -10.- Coaching and teaching pupils from grades 2 - 10.
* I was also involved in coaching the 10th regional tournament of Sabis.
* The sports I was teaching included swimming, athletics, football, softball, volleyball, table tennis and cricket.

**School placement:**

**Patrician Academy,** Mallow, Co.Cork.- August 2013 - June 2014.

* PE teaching- 1st and 2nd year students.
* History- Junior Cert - 1st years.
* Teaching outstandingly different topics in history.
* The topics included Irish history, medievil times, the celts and the coming of Christianity and modern European history.

**Chriost ri school**- 14th January- 28th January 2012.

* PE teaching- Teaching all modern and Irish sports like GAA to students.
* Recording pupils level of fitness and improving their overall athletic ability.
* Extra Curricular Activities; I was involved in coaching students between the ages of thirteen and fifteen.
* This included teaching them fundamental movement skills after the school day had ended.

**Christ the king school Cork** - February 5 - 19th 2013.

* Teaching the subject of history to secondary school pupils.
* I also covered classes when teachers were absent.
* Observing others and their methods also helped me to recognise effective teaching.

**Fota Island Resort- Cork**

* I have worked many summers coordinating sports and events for primary school children .
* This involved much interaction with parents and resort managers.
* This work also involved responsibility for checking income after activities and reporting to reception before leaving each day.

**Personal Achievements and interests:**

* I worked with the University rugby team last year on my coaching placement.
* This was very resourceful and an excellent way to gain an understanding of effective coaching.
* I made a presentation after completing my placement, where I gained much information about the game of rugby.
* Certificate in exercise and health fitness. This was an intensive course completed in university of Limerick.
* First Aid.
* FAI Coaching. I took part in this course with FAI members in a soccer youth programme.
* Sports and Recreation Management.
* Swimming Level 3.  This involved swimming lessons for two hours each week. I was then assessed and completed my test successfully.