**CURRICULAM VITAE**

**SINDHU**

[**SINDHU.337938@2freemail.com**](mailto:SINDHU.337938@2freemail.com)

**DHA License Holder** (Assistant Nurse)

**Objective**

To seek a challenging work environment in Nursing which will Nurture my talent in nursing care and to up grade my knowledge.

**PERSONAL PROFILE**

I am a registered Nurse with a total work experience of 10 years, which include the overseas experience of three years at M.O.H. Saudi Arabia and 2.5year UAE experience. Effective communication including Arabic, dedicated work, well planning, implementation can be expected by the institution which I will be placed.

**ACADEMIC QUALIFICATION**

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| **NAME OF COURSE** | **NAME OF INSTITUTION** | **BOARD/UNIVERSITY** | **YEAR OF PASSING** |
| S.S.L.C. | Holy family High School, Rajapuram | Board of Public Examination, Kerala | 1997 |
| Pre Degree | Nirmala College, Rajapuram | Calicut University | 1999 |

**PROFESSIONAL QULAIFICATION**

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| --- | --- | --- | --- |
| **NAME OF COURSE** | **INSTITUTION** | **BOARD/UNIVERSITY** | **YEAR OF PASSING** |
| Diploma in General Nursing and Midwifery | Gangothri School of Nursing Banglore | Karnataka State Diploma in Nursing Education Board | 1999-2002 |

**PROFESSIONAL EXPERIENCE**

* Worked as nurse Mathew medical clinic Dubai UAE from 26/09/2015 to 30/05/2016
* Worked as Nurse Medical Specialist Centre Dubai UAE

from April 2011 to Dec 2013

* Worked as a Staff Nurse at Kingdom of Saudi Arabia Ministry of Health General Directorate of Health Affairs Medina Muna Warah Region, from 27.08.2006 to 25.08.2009
* Worked as a Staff Nurse in Medical &Surgical Ward at Bharatiya Arogya Nidhi Hospital, Juhu, Mumbai, from 11.10.2004 to25.08.2006.
* Worked as a Staff Nurse in Medical &Surgical Ward at Pikale Hospital Mumbai, from 01-09.2002 to 08.10.2004.

**JOB RESPORSIBILITIES AND KNOWN PROCEDURES**

* Providing proper care to pre-operative and post operative patients.
* To give CPR in emergency situations.
* First aid
* Monitoring and recording vital signs, SPO2, Blood Sugar.
* Identifying the life threatening condition and action appropriate to the situation.
* Insertion of IV Cannula, Aseptic technique.
* Insertion of Nasogastric tube and Ryle’s tube for Feeding.
* Assessing to the doctors for the procedures like Urinary catheterization, wound debridement.
* Monitoring the wound site and applying the proper dressing.
* Maintaining the intake and output chart.
* Administration of medicines as per the Doctor’s order.
* Keeping proper medical records.
* To handle emergency medicines.
* Providing psychological support and pre-operative health education to the patients and relatives.
* Surgical skin preparation.
* Caring medical case like hepatic, diabetic, pneumonia, C.O.P.D, Aneamia, gastroenterology and bedridden patients
* Assisting doctor for the procedures like abdominal tapping, pleural tapping, L.P.
* Maintaining the Nurses records

**EQUIPMENTS HANDLES WITH**

Cardiac Monitor, Pluse Oxymetre, Syringe Pump, B.P. Apparatus, ECG Machine, Ambubag, Nebulizer, Infusion pump, Centralized Oxygen, Suction Machine, Gluco-Meter.

**CAPABILITIES**

* Good interpersonal communication skills.
* Open to new concept and responsibilities.

**STRENGTH**

* Innovative/ Creative
* Open to continuous learning

**PERSONAL DETAILS**

Date of Birth : 31.10.1981

Gender` : Female

Marital Status : Married

Religion & Caste : Christian, RC

Nationality : Indian

Languages Known : English, Hindi, Arabic, Malayalam, Kannada

Hobbies : Sports, Listening Music,

**PASSPORT DETAILS**

Date of Issue : 04.03.2014

Date of Expiry : 03.06.2024

Place of Issue : Kozhikode

Visa Status : Husband Visa