**ZAINAB**

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**Career Profile:**  
A highly skilled, talented and qualified Registered nurse with over 12 years of experience in acute care hospital including CCU, Oncology, and medical surgical/Telemetry experience, currently working as charge nurse West Houston Medical Center Houston Texas and as staff nurse in Emergency Services at Houston Methodist Sugar Land Texas, looking for acute care Registered Nurse position in a well-established health organization where skills and expertise can be utilized for the best patient outcomes

**Professional strengths:**

* Possess good management skills for the nursing department.
* Ability to generate sound judgment and deal with different personalities
* Excellent verbal and written English communication skills
* Sympathetic, compassionate and ability to assist others
* Possess excellent clinical skills
* Flexibility and ability to manage time
* Possess in-depth knowledge of clinical process and procedures
* Ability to handle multiple tasks as well as stress
* Possess excellent leadership skills with positive attitude
* Nursing management background
* Positive professional leader focused in ensuring quality patient care and motivated staff
* Strong commitment in developing the next generation of nursing
* talent
* Advocate for patients’ rights; strive to understand a patient’s needs and concerns.
* Hardworking and energetic; flexible; adapt easily to change of environment and work schedule and customer service champion
* Maintain critical thinking skills essential to providing competent and dignified patient care
* Positive attitude always; interact well with patients, families, and co-workers.

**Experience**

Feb.16 Registered Nurse: Emergency Services

To Houston Methodist Hospital

Present Sugar Land TX 77479

* Quickly assess the needs of each patient
* Prioritize care based on its critical nature
* Stabilize patients, treat the problem, discharge the patient after the emergency is over or make arrangements for a longer hospital stay
* Work as part of a team with physicians, other nurses and healthcare professionals to provide care, monitor health conditions, plan long-term care needs, administer medicine, use medical equipment, perform minor medical operations.
* Advise patients and their families on illness, care and continued care after hospital stay
* Assisting physicians with bedside procedures

Aug. 13 Registered nurse: Staff nurse/Charge Nurse

To West Houston Medical Center

Present Houston, TX

* Supervise and support nursing staff
* Maintaining a high level of patient care, evaluating other nurses and acting as an educational resource for nurses
* Assess patients on admission to develop interim care plan and further assesses in depth to contribute to the complete care plan
* Update care plans as warranted and required
* Respond to emergencies; assesses the condition of the patient ; decide on type medical attention required
* Make leadership rounds to see each patient daily and as needed
* Maintain the accountability for controlled substances; inventories medications at the beginning and end of the shift with another licensed nurse; notify pharmacist of the discrepancies
* Supervises nursing assistants and unit clerks
* Communicate status of patients to incoming personnel according to established procedures; communicate with physicians; clarifies and implement physicians’ orders
* Make assignment for the next shift

March. 09 Registered Nurse: Staff Nurse/Assistant Director of Nursing

To Heartland of West Houston

Aug. 13 Houston TX 77082

* Assisting the Director of nursing in ensuring nursing staff awareness and compliance with federal and state regulations relative to resident rights issues
* Assisting the Director of nursing in ensuring that residents are free from abuse, neglect and mistreatment
* Assisting the Director of Nursing in managing nursing department
* Assisting nursing staff with daily resident care issues, reviews of nurses’ notes, reviewing physician’s orders, ADLs documentation, immunizations, consents, and care plans
* Responsible for conducting nursing educational programs like in-servicing and new hire orientation
* Handled the tasks of developing, maintaining and implementing in-service calendars
* Updated the nursing director about the daily activities of the home
* Ensured the availability of staff and helped with the replacement of staff personnel
* Handled the tasks of conducting staff meetings and participated in committee functions
* Responsible for preparing performance evaluations of the employees
* Assisted with the point and click system and ensured the proper usage of the system by the staff
* Handle the tasks collecting, tendering, reporting and analyzing data, supervise staff, including Registered Nurse, Licensed Vocational Nurse and Nursing Assistants
* Ensure patient care meets established nursing care standards and the State Guidelines
* Determine patient care assignments based on nursing skill levels and patients’ needs
* Role model for promoting a caring environment for patients, staff, families, visitors, and physicians
* Maintain the confidentiality of all resident care information including protected health information
* Help residents to exercise and / or protect their rights
* Report residents/family complaints/concerns to Administrator

*Sept 09* **Registered nurse: Progressive Care Unit**

*To* Memorial Hermann Health System

*July, 2012* Houston, TX

* Work with critically who require the use of monitoring devices
* Provide remote telemetry services in which monitors for telemetry devices are in a central location such as a nurses’ station
* Assess, treat, and care for patients in a variety of age groups
* Serve as resource for peers and other healthcare team members concerning routines and procedures
* Administering medicines including drips
* Participate in orientation and training of new staff members

March 09 **Registered nurse PCU/Tele**

To West Houston Medical Center

Sept. 09 Houston TX 77082

* Assess patients and administer medications
* Teach patients and their families regarding their care
* Develop a plan of care
* Notify physicians of any change in patient’s condition
* Assist with bedside procedures
* Administers feeding through gastrointestinal feeding tubes
* Wound care
* Blood draw and blood culture collection
* Collecting specimens and send them to the lab
* Assisting patient with meals
* Foley catheter insertion and maintenance
* Intravenous catheter insertion and care
* Portcath accessing, de-accessing and care
* Nasogastric tube insertion and maintenance

Dec 03 **Registered Nurse/Charge nurse: Med/Surg./Tele/Oncology/ICU**

To Lakeland Health System

March 09 St. Joseph, MI

* Monitor and evaluate care through direct rounds
* Assess and monitor patients’ condition
* Administer medication including chemotherapy, anti-arrhythmic drugs, drips and peritoneal dialysis
* Monitor patients’ response, document and contact physician when needed
* Maintain records and patients’ charts
* Develop and implement care plans
* Charge nurse for 50 beds unit which including staffing, bed assignment, shift assignment and taking care of my assigned patients
* Monitor patients on ventilator, central line, A-line and Swab catheter care
* Assisting physicians with bedside procedures
* Monitor and interpret cardiac strips and notify physician of any changes

*Dec 2003* **Nurse technician**

*To* Lakeland healthcare

*May 2004.* St. Joseph, MI.

* Assist nurses in daily patients’ care including taking vital signs and report the abnormal vital signs
* Assist patient with baths and showers
* Monitor patients’ blood sugars and pass ice water

*Nov 2000* **Nurse Assistant**

*To* Holly Cross Living center

*Dec 2003.* Mishawaka, IN.

\* Assist patients with baths, shower, feeding and grooming

\* Assist patients with physical activities and daily program

\* Documenting meal consumption for each patient

\* Monitor vital signs and report the abnormal vitals to the nurses

**Education**

*May 2007*  Indiana School of Nursing

*To* South Bend, IN

*August 2009.* *Bachelor of Science in Nursing*

*Sept 2001* Lake Michigan College

*To*  Benton Harbor, MI

*May 2004.* *Associate Degree in Nursing*.

CERTIFICATE

CPR and ACLS.

REFERENCE

Available on request