**ASWATHI**



[**ASWATHI.338090@2freemail.com**](mailto:ASWATHI.338090@2freemail.com)

***Optometrist***

***Summary***

*Eye Examinations | Patient Education & Service | Vision Defect*

Optometrist with over 3 years of experience in optometry. Solid ability to improve visual standards of patients leveraging excellent time management skills and a passion for improving patient sight. Proficient in utilizing technology to perform comprehensive patient assessments and evaluate appropriate solutions to facilitate impaired eyesight.

***Professional Outline***

* Glasses & Contacts Prescriptions
* Superior Patient Care
* Patient Education
* Staff/Policy Development
* Eye Exams & Treatment
* Patient Communication
* Organization & Time Management
* Laser Eye Treatment Work History

***Practical Skills***

* Refraction (Objective-Streak Retinoscopy & Subjective Refraction)
* Contact Lens Management
* Orthoptic assessment
* Keratometry
* Ultrasound A scan
* IOL Master
* Paediatric Vision Taking
* Slit Lamp Biomicroscopy
* Tonometry(Non-contact – Pulse air tonometry & Applanation tonometry )
* Pachymetry
* Perimetry (HFA-Humphrey Visual Field Analyzer)
* Electro Diagnostic Devices (ERG, VEP)
* Clinical Dispencing of Spectacles
* Corneal Topography
* Anterior Segment OCT(Optical Coherence Tomography)
* Community camps & school screening programmes
* Specular Microscopy
* Non Mydriatic Fundus Photo & Slit Lamp Photo
* Autorefratometry
* Lensometry(auto & manual)
* LASIK procrdures

***Clinical Rotations***

* Ultrasound & Diagnostic room
* Community ophthalmology, attended camps & school screening programmes.
* Retina clinic
* Glaucoma clinic
* Cornea clinic
* Auto refraction, Lensometry & Pulse air tonometry room
* Optical shop & mechanical workshop
* Contact lens clinic
* Oculoplasty clinic
* Operation Theatre
* Paediatric Ophthalmology (vision &refraction)
* Orthoptics clinics
* HFA room
* Prosthetic clinic
* Low vision clinic

***Professional Experience***

***August 2013 - December 2016 Optometrist cum Tutor***

**KANNUR MEDICAL COLLEGE, Kerala, India**

* Corrected vision defects of patients by prescribing glasses and contact lenses.
* Examined the vision of patients and diagnosed to accurately give appropriate glasses and contact lenses to improve their vision. Informed patients of their conditions and referred them to ophthalmologists if disorders or diseases are detected.
* Prescribed drugs for treatment of the conditions experienced by the patients.
* Advised the patients on the prescription glasses and to used and gave necessary information to help improve their visual standards.
* Examined the structure of the eye to give assessment of its nerve connections in order the prescribed lenses are accurate
* Facilitate vision enhancement among post operative individuals and patients undergoing a series of surgeries.
* Performed a series of tests to conclude if the patient has an eye disease, which will be referred at once to an associate ophthalmologist.
* Diagnosed findings for patient's current visual to ensure the corrective lenses will help improve the vision.
* Gave advices on patients who have good vision to maintain and prevent their vision from going bad by providing good lighting and healthy eating habits.
* Produced fliers and newsletters in the clinic, which are distributed to the walk-in patients to give information on how to maintain and improve good vision..

***Internship***

Six months internship experience at Little Flower Hospital & Research Centre, Kerala, India.

***Profession related activities***

* Eye Camps and school screening programs organized by Little Flower Hospital , Angamaly, Kerala, in association with Lions & Rotary Clubs
* Given training classes for screening of Cataract & Refractive errors for Teachers conducted by Little Flower Hospital associated with Lions Club’s SFK(Sight for Kids) project
* Participated in the CME Programme On Designing Vision, organized by

Comtrust Eye Care Hospital, Thalassery, Kerala, India.

***Education***

**Bachelor of Science** (Optometry & Ophthalmic Techniques) from Little Flower Institute of Medical Science & Research (LIMSAR) -Indira Gandhi National Open University

***Computer Skills***

* MS Office (Word, Excel, PowerPoint)

***Passport & Visa Particulars***

* Date of issue : 29/09/2016
* Date of expiry : 28/09/2026
* Visa status : Husband Visa
* Visa Expiry : Entry Permit

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