Firoz

**Firoz.339662@2freemail.com**

Personal Summery

A meticulous, hard-working and focused professional who has a long track record of identifying probable risks, preventing accidents and implementing safety regulations. I have considerable experience in a Health and Safety role, and an expert in the fields of drawing-up safe operational procedures and making recommendations following any accidents or incidents. I am team-oriented, resilient and have a self-consistent personality, along with a very precise and goal-oriented working style. Right now I am looking for an organization, which provides professional growth along with demanding & challenging CAREER IN THE FIELD OF OCCUPATIONAL HEALTH, SAFETY AND ENVIRONMENT.

**Career History**

 **Total Experience 6 years** in the field of **OCCUPATIONAL HEALTH SAFETY**

 **AND ENVIRONMENT.**

**HSE Officer** **Abu Dhabi Company for Onshore Petroluem *Sept’2016 to Continue***

 **Operations. ADCO (Asab) with Al Asab General**

 **Transport Contracting Company, UAE in South-East**

 **Tie-in Project.**

* **Safety Officer Abu Dhabi Gas Industries Ltd. GASCO**  ***Oct'2015 to Sept’2016***

 **(Habshan & Bab) with Emirates Technical**

 **Associates UAE, in Power Project Division.**

* **Safety Officer Dolphin Energy Limited, Qatar**  **on 3 months** ***Feb’2015 – May’2015***

 **SHUTDOWN Project with Kaefer LLC Qatar**

* **Safety Officer EQUATE Petrochemical Company KUWAIT**  ***Nov’2014 – Dec’2014***

 **on 1 month SHUTDOWN Project with**

 **Arabian Piping & Services Company Limited**

* **Safety Officer Abu Dhabi Oil Refinery Company (TAKREER)** ***Dec’2013 – Jun’2014***

 **on Ruwais Refinery Expansion Project EPC-4**

 **(Tankage $ Associated Interconnecting Piping Project)**

 **with Toledo Electrical & Mechanical Works**

 **Company LLC Abu Dhabi, UAE**

* Worked closely with construction manager and contractors to ensure site’s safety.
* Carried out routine monitoring of the construction site to ensure safety measures are in place.

 **Cont’d-2**

* Coordinated meetings on safety measures and conducted worksite inspections.

* Conducted in-house training sessions on site that included hazard assessments and orientations.
* Collected statistical data and reports.
* Supervised site safety performances and prepared reports
* Organized construction safety training programs.
* Conducted on- site safety observations on a regular basis.
* Provided construction safety services for projects.
* Ensured Environmental Health and Radiation Safety (EH and RS) in the construction sites.

* **Safety Officer** **Hindustan Petroleum Corporation Limited, *Aug’2008 – Nov’2013***

 **Gamharia Jamshedpur,**

* To ensure job safety analysis and permit system daily.
* To ensure job related tool box talk by line supervisors to their workers daily.
* To carry out daily site safety inspections based on safety check lists and identify hazards, unsafe acts, unsafe conditions etc. and ensure its preventing measures.
* Any hazardous conditions, accident, or incidents at the work place found, immediately bring into the notice of site HSE Manager.
* To keep records of all inspections, tests, examinations, accidents, incidents etc.
* Investigate all accidents, incidents and near misses, immediately identify and know the reasons of accident and take arrangement to not to repeat the same type accident.
* To check staircase, working platforms and scaffoldings are properly secured with handrail, guard rail system and toe guard.
* To arrange safety training to the workers as per their jobs
* To provide weekly general tool box meeting and suggestions to the line supervisors and workers.
* To check the condition of Welding Set, Gas cylinders, Gas Cutting Set, Portable Power Tools, Tackles, lifting equipments, electric cables, hose etc. once in a month.
* To ensure good housekeeping during & after work at site.
* To check the workman is working safely wearing (Helmet, Safety Gloves, Safety Shoes & Goggles etc.) and to check the workmen using full body harness with double lanyard when working at heights.
* To stop height job and lifting activities during & after heavy rain & wind.
* To check Fire extinguisher once in a month & paste checking tag, and mention due date.
* To carry out crane, crane lifting gear & shackle inspection based on inspection checklist monthly.
* To participate in the site audit program.

 Professional Qualification

* **NEBOSH-IGC LEVEL-3** with

 **Grade-CREDIT (Marks Secured 69.67%)**

 (National Examination Board in Occupational Safety and Health)

 (International General Certificate)

* **HABC LEVEL-2 in FIRE SAFETY** (Highfield Awarding Body for Compliance)
* **DIPLOMA IN INDUSTRIAL SAFETY** with **Grade A**

From Rashtrya Technical Institute, Jamshedpur,

* **Computer skill :** Sound knowledge in **Computer application : MS Office**

 **Cont’d-3**

**Academic Qualification**

* **GRADUATE** (Bachelorof Commerce) from **“Ranchi University, with 1st class in 1996.**

**Undergone Special Training**

**From EQUATE Petrochemical Company KUWAIT**

* Basic Safety
* Unit Specific
* Fire Extinguishing
* Fire Watching
* Confined Space Attendance
* Elevated Work

**Undergone a Special Training**

**From DAEWOO E&C**

**At Abudhabi Oil Refinery Company (TAKREER)**

* HSE Induction
* Working At Heights
* Confined Space
* Commissioning Inducted
* Commissioning (Emergency Response)
* Commissioning (Restricted Area Control)
* Commissioning (LOTO “LOCK OUT/TAG OUT”)
* Commissioning (ELECTRICAL SAFETY)

 **Personal Information**

Date of Birth **:** 25TH OCTOBER’1973

Religion **:** Islam.

Nationality **:** Indian.

Marital Status **:** Bachelor.

Languages Known **:** English, Urdu and Hindi.

Sex **:** Male.

Physical Status **:** Height 5.6, weight 66 kg.

Blood Group **:** A Positive (A+)

 **Driving License : 1) A Valid Indian Driving License**

 **2) A Valid UAE Driving License**