Arleene

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## OBJECTIVE

To work in a progressive organization offering challenging career opportunities and congenial work environment.

## QUALIFICATION

* Health Authority of Abu Dhabi Licensure Exam **Passed**

January 19, 2017

* Philippine Nursing Licensure Board Exam **Passed**

December 2013

## work Experiences

**ER Nurse (May 1, 2016 to October 31, 2016)**

Casimiro A. Ynares Sr. Memorial Hospital Burgos,

Montalban Rizal, Philippines (100 Bed Capacity)

**Duties and Responsibilities:**

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* Make a quick and accurate assessments about incoming patients, including both physical and mental health conditions.
* Observe signs, symptoms and behaviors of patients and communicate issues emergency room team.
* Collaborate with doctors and emergency staff in the assessment, planning and

implementation of patient treatment.

* Perform specialized, lifesaving treatments such as CPR, advanced cardiac life support

and neonatal resuscitations

* Developed treatment and medication plans for emergency room patients in order to set them up for a successful recovery after crisis or trauma.
* Perform specific patient tasks as assigned by Physician’s written orders.
* Administer and monitoring prescribed medication, injections and intravenous infusions and recorded adverse reaction and outcome.
* Manage logistics of mobile medical equipment such as diagnostic devices, X-ray equipment, EKG’s, Scans, IV machines and monitors.
* Document diagnosis and progress on medical records, maintain high levels of readability and accuracy.
* Provide clerical support and documentation for admissions, transfers and discharges.
* Supported medical professionals including surgeon internal Medicine, Pediatricians and Ob-GYNE and various other treatment specialist.
* Confidentially shared reports with various medical professionals and consultants (Surgeons, Internal Medicine, Pediatricians and Ob-GYNE) in order to develop recovery treatment plans.
* Provide compassion to family members ensuring optimal levels of comfort and privacy.
* Managed the room preparation for patients visiting the emergency room including sterilization of medical instruments and sanitization of surfaces before and after patient visit to ensure proper infection control.

**Surgery Ward Nurse (November 1, 2014 to April 30, 2016)**

Casimiro A. Ynares Sr. Memorial Hospital

Burgos, Montalban Rizal Philippines

**Duties and Responsibilities:**

* Perform initial patient assessments and work with physicians to plan, implement, and evaluate plans of care for patients of all ages.
* Record patient’s medical history.
* Performed pre-operative testing as ordered by physicians.
* Ensure to obtain 12 lead ECGs, X- rays and other laboratory need prior to surgery and relay all result to the surgeon and anesthesiology.
* Ensure that patient understand the treatment explained by the surgeon and consent signed.
* Provided education to the patient relevant to the procedure being performed.
* Established intravenous access and administered medication as ordered.
* Monitor vital signs prior to surgery.
* Ensure patient must NPO post-midnight or depend on doctors order.
* Implemented proper prepping techniques for incision sites utilizing sterile technique.
* Identified emergency measures and performed accordingly.
* Nursing care to surgical patients, completing pre-operative and post-operative procedures.
* Endorse patient to OR nurse.
* Received patient from OR nurse and assess the airway if patent, then vital sign and urine output then transfer patient to the room safely.
* Collaborated daily with physicians and health care team to achieve optimum patient care.
* Giving patient education on the importance of deep breathing and coughing, regular gentle leg exercises and early mobilization to reduce the risk of complications such as chest infection, deep-vein thrombosis and pulmonary embolism;
* Established strong relations with physicians built on trust and knowledge of patient care.
* Observe patients and actualize nursing interventions to expedite healing and recovery after surgery.

**Pediatric Ward Nurse (April 1, 2014 to October 31, 2015)**

Casimiro A. Ynares Sr. Memorial Hospital

Burgos, Montalban Rizal Philippines

**Duties and Responsibilities:**

* Receives and endorses Patient charts, equipment, medicine and supplies.
* Obtain Nursing history and perform physical assessment.
* Accompanied patient to the designated room.
* Detect abnormalities from the assessment and result of diagnostic exam.
* Administer and monitoring prescribed medication, injections, blood transfusions and intravenous infusions and recorded adverse reaction and outcome.
* Provide health teaching to patient.
* Performed periodic checks of patient vital signs and used diagnostic tests to establish physical and medical conditions,
* Carries out/ Transcribed doctors order.
* Notifies immediate supervisors of unusual, untoward, difficult situation.
* Identifies and attend to emergency needs of patient and refer the problem to the nursing supervisors
* Obtaining parental consent for treatment
* Providing information, emotional support to the patients and relatives
* Charted and logged patient activity regularly for physician review.

## seminars &trainings attended

* Basic Life Support @ NC-CLEX Morayta **September 2016**
* Basic Orientation of Search and Rescue **February 2014**

Air Operation Group 101’s Airwing Search and Rescue Support Group

Barangay Aldana, Las Pinas City Philippines

* Intravenous Training @St. Mattheus Hospital **March 2013**
* Life After BSN Dealing with Pressure of taking NLE and Technique in Job Hunting

March 2, 2012 @ Audio Visual Rm. Roosevelt College Cainta Rizal

* Red Cross : We Want You **December 2012**

## COmputer skills

Knowledgeable in Office Application and Administrative such as

* MS Word
* Excel,
* MS Office,
* Adobe Photoshop,

## education attainment

College **Roosevelt College Cainta-Sumulong**

BS Nursing

March 2013 Graduated

Secondary **Nuesta Seniora De Aranzazu Parochial School**

Guitnang Bayan San Mateo Rizal

March 2006 High School Graduated

Primary **Nuesta Seniora De Aranzazu Parochial School**

Guitnang Bayan San Mateo Rizal

March 2002 Elementary Graduated

## PERSONAL Information

* Nationality : Filipino
* Date of Birth : September 27th,1989
* Place of Birth : Philippines
* Marital Status : Single
* Languages : English
* Visa Status : Visit

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## references

Available upon request only