**Curriculum Vitae**

**ARCHANA**

**C/o-Mobile No: +971501685421**

**MOH License**

**Email:** [**archana.340132@2freemail.com**](mailto:archana.340132@2freemail.com)

**Career Objective:**

Looking for a challenging position in a Health organization where I can provide excellent and innovative primary eye examination and also enhance my skills and strengths in conjunction with the company’s goals and objective.

**Academic Profile:**

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| --- | --- | --- | --- | --- | --- |
| Examination  passed | Branch of Study | School/College | Board/University | |  |
| Bachelors Degree | Optometry | Manipal College Of Allied Health Sciences, Manipal | Manipal University | |  |
| 12th | Science | Poorna Prajna Pre-University College, Udupi | Board of higher Secondary Examination |  | |
| 10th | Science | A.H.S,Udupi | Board of Public Examination |  | |

**Experience**

**Work Experience:**

* Worked as an **Optometrist in Prasad Nethralaya Super Speciality Eye Hospital,** Udupi, Karnataka since 1stJune 2014 till 10th Jan 2015.
* Worked as an **Assistant lecturer in Department of Optometry, Manipal College of Allied Health Sciences**, Manipal since 4th September 2009 to 31st July 2012.
* 6 months externship in L.V.Prasad Eye Institute, Hyderabad
  + Have worked in various departments – cornea, glaucoma, retina, contact lens by performing various examinations.
* 6 months internship in KASTURBA HOSPITAL, Manipal
  + Have worked in various departments – orthopics, refraction, contact lens, low vision aids, squint & pediatric clinic by doing necessary examinations, prescribing lenses, diagnosing diseases, fitting and dispensing contact lenses.
* Involved in providing theoretical and practical training to the UG students of MCOAHS, Manipal.
* Guiding students in their project and research work.

**Job profile and responsibilities**

* To attain maximum patient satisfaction by providing appropriate eye examination and care.
* Chairing as well as guiding for both journal and case presentations of optometry students.
* Organizing various workshops, conference and industrial visit’s for the Optometry students.
* Provide diverse clinical education opportunities that prepare students for all modes of practice, cultural variations in health care, and a variety of career pathways.
* Provide time and resources for the faculty to effectively implement curricula so that students have an excellent learning experience.

**Clinical skills:**

* Preliminary slit lamp examination of all age group & diagnosing the eye.
* Refraction and Clinical work up of all age groups & pediatric vision testing.
* Squint, Orthoptic examination & evaluation.
* Fitting & Dispensing contact lenses-RGP, Prosthesis, Soft contact lens, Prosthesis eye, Keratoconous lensusing computerized mapping and also by manual keratometer.
* Prescribing & dispensing of low vision aids.
* Retinal findings with OCT.
* Retinal findings with B-scan
* Automated Perimetry Humphrey Field Analyzer.
* IOP by applanation Indentation
* Community Ophthalmology & Camps

**Optical Consultancy**

* Preliminary slit lamp examination of all age group & Diagnosing the eye.
* Ophthalmic verification & Spectacles dispensing.
* Contact lens fitting of RGP, Soft, Cosmetic lenses dispensing & Bifocal contact lens.
* Handling instruments like Lensometer, Pupillometer, Keratometer.

**Areas of Interest:**

* Contact lenses Practice
* Low vision
* Paediatric & geriatric practice

**Exposure during compulsory 1year Internship:**

* L.V.Prasad Eye Institute, Hyderabad
* Kasturba Medical College, Manipal

**Conferences & Seminars Attended:**

* 34th All India Optometry Conference 2008, Amritsar, India
* Optometry Update-2008, Manipal
* International Super Specialty Lens symposium, April 2010,Mumbai,India
* Pedagogic & Personal Effectiveness Workshop held in January,2010
* “CONTACT LENS essentials for a BEGINNER” - 2011, Manipal.
* CME on Ocular Oncology - 2011, Manipal

**Projects submitted/Presented:**

* Mini Project thesis titled, **“Blindness”**.
* Poster presentation on stereopsis in 34th All India Optometry Conference 2008 ,Amritsar
* Secured first prize in poster presentation organized during Optometry update-2008, Manipal
* Final year ( BSc. Optometry) project thesis titled, **“Effect Of Binocular Variation Of Visual Acuity On Titmus Stereoacuity”**
* Successfully cleared **IACLE STUDENT trial examination** held in 2009

**Community and Corporate Programmes:**

* Attended community Eye screening programs in rural areas in and around Manipal.
* Organized and attended Children Eye screening for school going children for age of 3 yrs to 16 yrs of Government, Private & Residency schools.
* Served in the team of Optometrists providing eye care for school children in school eye camps conducted by the Sarva Shikshana Abhiyana, Karnataka.

**PERSONAL DETAILS**

SEX : Female

MARITAL STATUS : Married

DATE OF BIRTH : 16th August 1987

LANGUAGES KNOWN : Kannada, English, and Hindi

NATIONALITY : Indian

**PASSPORT DETAILS**

Place of Issue : Bangalore

Date of Issue : 30/11/2012

Date of Expiry: 29/11/2022

Visa Status : UAE Resident Visa

**Declaration:**

I hereby declare that all the details furnished above are true to the best of my knowledge and belief.