**CURRICULAM VITAE**

**Somy**

**Somy.340240@2freemail.com**

**C/o- +971501685421**

**PERSONAL PROFILE**

I have got **2 year 5month**of experience as **Staff nurse in Cardiac OT.** .I workedin a multispecialty hospital in India. I am able to provide good nursing care to the needy people and can handle various medical equipments and devices. I believe that my main qualities are my patience and understanding patient needs. It is my utmost wish to work as a Nurse and utilize skills to the deserved people.

**JOB OBJECTIVE**

 Seeking an excellent carrier in Nursing field. To establish my career independently in the field of nursing with excellent professional skills with interest and improve my skills in the field of nursing and contribute to the growth of organization in a progressive challenging and dynamic manner.

**PERSONAL DETAILS**

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| **Marital Status** | **Single** |
| **Gender** | **Female** |
|  |  |
| **Specialty** | **Cardiac OT** |
| **Country** | **India** |
| **Date of Birth** | **10-10-1991** |
| **Nationality** | **Indian**  |
| **Religion & Caste** | **Christian ,RCSC** |
| **Blood Group** | **AB +ve** |
| **Hobby** | **Reading books ,Watching Movies ,Listening Music, Writing stories,** |

**ACADEMIC QULIFICATION**

|  |  |  |  |
| --- | --- | --- | --- |
| **COURSE** | **NAME OF THE INSTITUTION** | **BOARD** | **YEAR OF PASSING** |
| S S L C | St.Augustine's Higher Secondary School , Karimkunnam | Govt of Kerala Board of Public Examination | 2007 |
| PLUS TWO | St.Augustine's Higher Secondary School , Karimkunnam | Govt. of KeralaBoard of Higher Secondery Examination | 2009 |
| BSC NURSING | Sri Ramachandra University, Porur, Chennai | Sri Ramachandra university | 2013 |

**KEY STRENGTHS**

* Hard working
* Self confidence
* Good communication
* Sound knowledge of medical technology
* Highly enthusiastic
* Dedication and sincerity
* Optimistic and Positive thinking
* Good IPR developing skills
* Knowledge about surgical procedures and instruments
* Sound knowledge in operating computers

**MANAGERIAL SKILL**

* Management of cardiac emergencies.
* First aid including wound care and dressing.
* Co-ordination with other departments.
* Nursing rounds and other proper hand over.
* Delegation responsibilities.
* Knowledge of common emergencies and critical-care procedures.

**ACHIEVEMENTS**

* Attended various CNE and conferences.
* Attended of skill training programmers.
* Attended workshops on critical care nursing.

**working experience**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **From** | **To** | **Employer** | **Location** | **Position** | **Department** | **Bed Strength** |
| 11-11-2013 | 01-08-2015 | SEVENHILLS HOSPITAL , MUMBAI | Andheri east,India | Staff Nurse | Cardiac OT | 1500 |
| 29-02-2016 | Still continuing | WOCKHARDT HOSPITAL, MUMBAI | Thane,Mumbai | Staff Nurse | Cardiac OT | 100 |

**NURSING registration NUMBER**

* Tamil Nadu Nurses And Midwives Council
* Maharashtra State Nursing council

**SKILLS IN HANDLING**

* Heart –Lung Machine
* Defibrillator
* Cardiac monitor
* Intra aorticBallon Pump (IABP)Machine
* Infusion pump
* ECG Machine
* Chest tube drainage
* Ambu bag
* Care of surgical instrument
* Check the stock & auditing of the same

**CASES HANDLED**

**ADULT**

* Coronary Artery Byepass Grafting (CABG)
* Mitral Valve Replacement Repair(MVR)
* Aortic Valve Replacement(AVR)
* Double Valve Replacement(DVR)

**PATIENT CARE & RESPONSIBILITIES**

* Maintenance of good nurse patient relationship
* Asses the physical and neurological condition of patients(EG:GCS)
* Receiving , admission and discharge of patient
* Management of iv fluids and ionotropes
* Assessment of vital signs
* Care of lines and tubes
* Observation of patients
* Assisting in diagnostic and therapeutic procedure
* Collection of specimens
* Tracheostomy care of patients
* MAintaing records and reports
* Pain management and wound management
* Supervision and orientation of students & new trainees
* Follow up treatments

**NATURE OF DUTIES AND RESPONSIBILITIES UNDERTAKEN**

* Receiving of patients with full file and analysis of the same.
* Checking investigations of blood tests and reports in the file.
* Assisting the patients and guiding him/her to the OT.
* Assisting in insertion of arterial line, central line & induction of the patients.
* Knowledge & practice regarding the jobs of circulatory nurse
* Knowledge & practice regarding the jobs of scrubb nurse.
* Assisting in sterilization & autoclaving of operation theater instruments.
* Maintaining total sterility of surgical fields.
* Cardio pulmonary resuscitation.
* Operating computer- familiar with DOS, MS word, MS Office, internet, email.
* Prevention of nosocomial infection.

**DECLARATION**

**I hereby declare that the above mentioned information are true and correct up to my knowledge and I bear the responsibility for the correctness of the above mentioned particulars.**

 **Thanking you,**

 **Yours faithfully.**