

Contact HR Consultant for CV No: 340619

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**OBJECTIVE**

Purse a challenging career in a professional organisation where in my skills and experience could be utilized by the organization to achieve its goals and which would contribute toward my learning curve.

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| Date of birth | : | 31.08.1988 |  |  |
| Place of birth | : | Kerala, India |  |
| Gender | : | Female |  |  |  |
| Marital Status | : | Married |  |
| Religion | : | Christian, RC |  |
| Nationality | : | Indian |  |  |  |
| Languages known | : | Malayalam, English & Hindi |  |
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| ***Academic Qualification:*** |  |  |
| *Examination passed* | *Board* | *Year of* | *Institution* |
|  |  | *Passing* |  |
|  |  | *and %mark* |  |
|  |  |  |  |
| Secondary School | Board of Public | 2004 | Govt. G.H.S.S., |
| Leaving Certificate | Examination, Kerala | 83 | Vadakanchery |
|  |  |  |  |
| Plus Two | Board of Higher | 2006 | Govt. H.S.S. Villadom |
|  | Secondary |  |  |
|  | Examination, Kerala | 78 |  |
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**Professional Qualification & Registration**

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|  |  |  |  |  |  | *Year &* |  |  |
|  | *Examination passed* |  |  | *Institution* |  | *% mark* |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Diploma in General |  | Aswini School of Nursing, Nadathara |  | 2006-10 |  |  |
|  | Nursing and Midwifery |  |  |  |  | 70 |  |  |
|  |  |  |  |  |  |  |  |  |
|  | Professional |  | Kerala Nurses and Midwives Council |  | 2010 |  |  |
|  | Registration |  |  |  |  |  |  |  |
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|  | ***Employment Highlights*** |  |  |  |  |  |  |  |
|  | *Institution* | *Designation* | *Department* | *Period* |  |  |
|  | Aswini Hospital Pvt. | Staff Nurse | Medicine & Surgical | 5th May 2010 to 31st |  |  |
|  |  |  |
|  | Ltd., Thrissur |  |  | Ward | July 2011 |  |  |
|  | Royal Hospital, | Staff Nurse | SICU | 1st Nov. 2011 to 31st |  |  |
|  | Kunnamkulam |  |  |  | Oct. 2012 |  |  |
|  | Amala Institute of | Staff Nurse | Pulmo Medical Ward | 15th July 2014 to |  |  |
|  | Medical Sciences, |  |  |  | November 30th 2016 |  |  |
|  | Amala Nagar |  |  |  |  |  |  |  |

***Range of Services***

Amala Institute of Medical Science is a 1000 bedded multispeciality hospital with all modern advanced diagnostic and treatment faculties.

We are committed to provide world class healthy care by continually improving processes in creating an ideal work environment and providing safe and ethical medicines to our patients with loving care to attain the goal of patient satisfaction.

**Our objectives are**

* to provide efficient and timely medical care to all patients with human touch
* to provide quality nursing care to the satisfaction of patients.

***Nature of work done in Pulmonary Medicine Ward***

*  Receiving and admission of Patients 

 Data Collection

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IV canula insertion 

Medications: Oral, intramuscular, intravenous, subcutaneous, intradermal and topical

Collection of sterile specimens like blood, stool and sputum 

Check the oxygen saturation 

* + Cardio-pulmonary resuscitation, chest physio therapy, suction, skin care, perineal care, catheter care, nebulization, steam inhalation, Ryles tube
* insertion, giving oxygen inhalation, carry out the Doctor’sorders follow up discharge, teaching counseling of patients and relatives
	+ Assisting for suturing 
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Assisting for pleural tapping and pleural aspiration  Assisting for arrow cathetersation 

Use of glucometer 

Assembling and use of AMBU bag  Ambubagging, 

Preparing and administering emergency drugs as prescribed.  ET and Tracheotomy suctioning 

Assisting for insertion of ICDS. 

Assisting for Lumbar puncture, Ascitic tapping, pleural tapping  Care of bed ridden patients. 

ABG analysis 

***Equipments Familiar with:***

 Pulse Oxymeter 

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|  |  |  |  |
|  |  | BP apparatus  |  |  |
|  |  | ECG machine |  |  |
|  | Suction machine |  |
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Resuscitation Equipments (Laryngoscope, Ambu bag, face mask, endotracheal tubes)

Defibrillator 

Glucometer, Emergency Trolley 

Oxygen Cylinder 

Infusion pump 

Nebulizer 

Thermometer 

Steam Inhaler 

Ryles tube 

Flatus tube 

Enema can 



***Routine functions***

 Admission, Transfer and discharge procedure 

Management of patients, ward and equipments

* Assessment of the patient’s problem and prepare nursing care plan 

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|  Provide care on priority basis  |
|  |  | Monitor vital signs intake out put records and fluid electrolyte balance  |
|  |  | Assist the doctors for routine rounds  |
|  |  | Carry out the doctors orders  |
|  | Sending lab investigations and collecting lab reports  |
|  |  | care of all drainage tubes.  |
|  |  | Administration of medication and blood transfusion  |
|  |  | Prevention of infection  |
|  |  | Early detection and prevention of complications  |
|  | Enema, bowel wash, sponge bath (bed bath)  |
|  |  | Mouth care  |

***Nature of work done in Medical Ward***

 Maintain good IPR with other health workers 

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|  |  | Intravenous therapy, Isolation and Universal precautions techniques etc.  |
|  |  | Health teaching  |
|  |  | Assisting patients who need help with dressing/undressing/bathing and toilet.  |

* + Prevention of bedsores: changing position of bed-ridden/paralysed patients.
* Ensuring that the patients have a suitable bed according to their condition.
	+ Helping patients with physical and mobility problems. Providing suitable aids
* and personal equipment.
	+ Care of mental and physical health. Talking to patients, taking them out, and
* sharing with them in activities such as reading, writing, hobbies and
* recreations. 



* Patient's needs such as combing hair, bathing, cutting nails and keeping dress 
* clean. 
	+ Supervisory skills. Organise and supervise Care Assistants and Auxiliary 
* Nurses and Domestic Staff to enable the smooth running of the ward and
* promoting a good atmosphere in the ward. 
	+ Administration ofmedicines and providing therapies as advised by the
* Doctor in charge.
	+ Assist patients with their meals.Helping those unable to eat and encouraging them to become self-sufficient.

 Care Plans. Make relevant care-plans for each patientand ensure that these

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|  |  are carried out and make necessary changes as needed. |  |  |
|  | Take part in Staff-Meeting and organize training activities as needed. |  |  |
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|  |  | Monitoring Patients  |  |  |
|  |  | Preceptor to New Staff and Students  |  |  |
|  |  | Demonstrating procedures to students and clearing doubts  |  |  |
|  |  | Handling of Equipments  |  |  |

 Assisting for procedures like bone marrow, aspiration/biopsy, lumberpuncture,

* abdominal and pleural tapping, liver biopsy, Fine needle aspiration biopsy 
*  Care of patients with tracheostomy 

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|  |  | Admission care including orientation of patients  |
|  |  | Initiate CPR during cardio pulmonary arrest.  |
|  |  | Counter check medicines and safe guard narcotics  |

***Facilities and Expertise Available***

There are Doctors who are specialised & available at any time, for on calls. There is CT scan, MRI Scan, Radiation, X-Ray, Pathology, lab Biochemistry, Microbiology are available with specilised technician and in the ward there are junior health nurses and students nurses available.

***Declaration:***

I hereby declare that the above said information are true and correct to the best of my knowledge and belief.