**CURRICULUM VITAE**



RESHMA

Email: reshma.340673@2freemail.com

**DHA PASSED REGISTERED NURSE WITH 3 YEAR 7 MONTH EXPERIANCE IN MICU**

**CAREER OBJECTIVE**

Seeking a growth-oriented and challenging career in nursing and patient care in professional reputed medical field where I can apply my knowledge and skills to the best of my abilities.

**Qualifications**

* **DHA exam for Registered Nurse passed (Ref.No:DHA/LS/2652016/602282).**
* **BLS and ACLS Certificate-2016, American Heart Association, White coat Academy Kozhikode**
* **B Sc NURSIN*G – 2012 ,* Bangalore city College of Nursing, Rajiv gandi University of health science Karnataka**
* **PLUS TWO-2008** **Government girls vocational higher secondary school perinthalmanna,** **kerala**
* **SSLC-2006** **Government higher secondary school for girls Perinthalmanna, Kerala**

**Working Experience**

***1.) PHRC Poonoor Hospital &Research Centre Calicut From 01/02/2016 to 01/09/2016***

 ***( 7 Month ) in MICU***

***2.) KIMS AlShifa Hospital, Perinthalmanna, Malappuram From 28/01/2013 to 28/01/2016***

 ***(3 year) in MICU***

**Duties Performed in Medical ICU**

* Attending emergency cases and monitor vital signs .
* Prepares and administers (orally, IM, IV, SC) and records prescribed medications.
* Taking E C G.
* Giving Cardio Pulmonary resuscitation .
* Oxygen therapy.
* Assisted in Intubation.
* Care of unconscious patients
* Suction (oro-pharyngeal, tracheostomy and endotracheal)
* Tracheostomy care
* Bladder catheterization and irrigation
* Ryles tube insertion and feeding
* IV canulation and Blood transfusion
* Providing chest physiotherapy and Nebulisation

**Job Responsibilities**

* Provided care to one patient or a group of patient, co-operate with icu in charge and nursing supervisor for providing comprehensive nursing care and make sure safety and comfort of the patient within the unit.
* Help to assign works to non nursing personal and provide a training atmosphere to students.
* As I am working as a intensive care unit nurse, I have experience in doing above mentioned procedures and skills. I have been taking night charge duty and I have done my best, been stable and courageous enough to face and solve my difficult situations.

**Equipments Handled**

* Oxygen Apparatus ,Thermometer
* B P Apparatus
* Infusion Pump, Syringe Pump
* Pulse Oxy Meter, Glucometer
* Suction Apparatus, NG tubes
* E C G Machine
* Defibrillator
* Nebulizer, Ambu-bag with mask
* Laryngoscope
* Cardiac Monitor
* Ventilator, ET tubes
* Various types of splints

**Administrative Responsibilities**

* Co ordination of Nursing Activities.
* Assigning and Delegating Duties and Responsibilities.
* Orientation of Nursing Students and Staffs.
* Supervision of Junior Staffs.
* Repair and Replacements inventories and Recording.
* Maintaining stocks, Central Sterile Supplies, Drugs & Miscellaneous at all time Overseeing and implementing product distribution.

**Personal Attributes**

* Industrious
* Adapts to new working environment easily.
* Sociable, good team member.
* Empathetic and understanding nature.
* Able to handle emergency situations.
* Devoted to service.
* Updating of knowledge and skills

**Registration**

* **Rajiv Gandi University of Health Science Karnataka**

*B Sc Nurse - 2008-2012 (Reg.No.053573)*

* **Kerala Nurses & Midwifes Council**

*Registered Nurse -2013 (Reg.No.37268)*

**Computer Knowledge**

* Recording data and procedures in HIS (Hospital Information System)
* Ms Office, internet & Email

**Personal Profile**

Date of Birth : 20 March 1991

Sex : Female

Nationality : India

Marital Status : Married

Spouse Name : Rajesh Kumar . B

Languages Known : English, Hindi, Tamil and Malayalam

**Passport Details**

Date of Issue : 06/12/2013

Date of Expiry : 05/12/2023

Place of Issue : Malappuram

**DECLARATION:**

I hereby declare that the details furnished above are true to the best of my knowledge.

**RESHMA**