

Contact HR Consultant for CV No: 341029

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**PERSONAL DETAILS**

Date of Birth : 31-05-1986

Marital Status : married

Nationality : Indian

Religion & Caste : Christian, RC

Languages Known : Malayalam, English, Tamil, Kannada ,Hindi

And Arabic

Skills and positive points : excellent communication skills, reliable, sincere,

Hard working, & willing to undertake additional tasks.

**OBJECTIVE:**

* To grow in a service industry by upgrading my knowledge and practicing high standard of quality care.
* To leverage diversified experience in growth oriented and dynamic hospital.
* To achieve excellence in the field of nursing by serving mankind with highest potential

DISCIPLINE : R.N.GNMN and PB BSC

SPECIALITY : DEPARTMENT OF OBSTETRICS AND

GYNECOLOGY, LABOUR WARD AND

MEDICAL & SURGICAL WARD.

EXPERIENCE : 7 YEARS

**QUALIFICATION DETAILS**

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| SL NO. | COURSE COMPLETED | YEAR |
| 1 | S.S.L.C | 2001 MARCH |
| 2 | PLUS TWO | 2003 june - 2005 march |
| 3 | GENERAL NURSING AND MIDWIERY{ 3 and half year} | 2005 september to 2009 march. |
| 4 | POST BASIC BSC NURSING | 2013 october to 2015 october |

**YEARS OF WORKING EXPERIENCE IN HOSPITALS**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **SL NO.** | NAME OF THE HOSPITALS | YEARS | DEPARTMENT | |
| 1 | SHANKARAMBAL HOSPITAL ,BANGALORE | 2009march - 2010 july | PRE and POST OPERATIVE WARD and METERNITY WARD. | |
| 2 | ALTHAWRA MODERN GENERAL HOSPITAL,SANNA,YEMEN. | 2010 september- 2011 june. | MEDICAL AND SURGICAL WARD. | |
| 3 | MANIPAL HOSPITAL , BANGALORE | 2011 august - 2016 till date | MEDICAL AND SURGICAL WARD. |  |
| 4 | BLUE BELL MEDICAL CENTRE | 2016september-2016 november | OPD NURSE |  |

**1.BLUE BELL MEDICAL CENTRE,DUBAI**

I worked as an opd nurse in blue bell medical centre ,dubai .

2 **MANIPAL HOSPITAL BANGALORE (an ISO and NABH certified hospital)**

Address : #98,old airport road,

Kodihally,Bangalore,560002

Staff position : staff nurse

Unit : medical and surgical ward

Period : 30th aug 2011 to still working

Bed capacity : 800 beds

Unit capacity : 50 beds

Nurses patient ratio : 1:5

Years of experience : 4years and 10 month

3.**MODERN GENERAL HOSPITAL IN YEMEN (MOH HOSPITAL)**

ADDESS : SANA’A

REPUBLIC OF YEMEN

P.O BOX 974

Staff Position : Staff Nurse

Unit : Medical and surgical Ward

Period : Sep 2010 to June 2011

Years of Experience : 9 Months

Bed Capcity : 876 beds

Unit Capacity : 50 beds

Nurse Patient Ratio : 1:6

**4. SANKARAMBAL HOSPITAL BANGALORE**

Address : Richmond Circle

C.J. Dezouza Road

Bangalore

Staff Position : Staff Nurse

Unit : Department of Obstetrics and Gynocology& Labour

ward

Period : March 2009 to July 2010

Years of Experience : 1 year & 4 months

Bed Capacity : 100 beds

Unit Capacity : 40

Nurses ratio : 1:5

As a student Nurse, worked in A.V. Hospital where I have completed my General nursing and midwifery course 100 bedded hospital and in D.G. Hospital, which is 100 bedded hospital. Under supervision, attended and provided care to medical & surgical cases.

**DUTIES AND RESPONSIBILITIES HANDLED AS STAFF NURSE**

1. Doing assessment of physical examination.
2. Receiving the patients to the unit after stabilization in the emerging department
3. Assessing vital signs and other parameters and implementing the care as required.
4. Making early nursing diagnoses and care plan to prevent further complication.
5. Informing the required specialties and carrying out the doctors orders.
6. Sending the blood samples to the laboratories and collecting the reports.
7. Shifting the patients to various other departments for any further investigations.
8. Assisting with various life saving procedures like CPR, Defibrillation, ET suctioning, trachiostomy closed and open suctioning, NGT Insertion, gastric lavage, L.P, Plural taping, bone marrow aspirations, taking ABG samples and other investigations (Blood, Urine, Stool). Taken NST & CST, and ecg , Foleys catheterization, iv line insertion ,
9. Handling the emergency situations like code blue and other life saving procedures.
10. Preparing for all the pre and post operative case .
11. Calculating medicines dosage and administrating according to the doctors order.
12. Controlling visitors.
13. To provide safe and comfortable environment to the patients.
14. Safe disposal of wastes and excreta.
15. Providing psychological support to the patients and patients family
16. Assisted for normal deliveries, forceps deliveries
17. Taken cared new born babies .

18.mentering the junior staff by teaching them a high standered of quality care.

19.managing the ward by finding solutions for various problems in the clinical setup.

**EQUIPMENTS HANDLED**

1. Cardiac Monitor
2. Oxygen and alarm supply
3. Ambubag
4. Suction apparatus
5. Infusion pumps
6. Pulse oxymeters
7. ECG Machines
8. NST Machines
9. Incubator
10. Radiant Warmer
11. Syringe Pumps
12. Nebulizer
13. Glucometer
14. CTG Machine
15. BP Apparatus
16. Defibrillator
17. flowtrone
18. Phototherapy mechine

**PROFESSIONAL COURSE ATTENDED**

Basic life support : 2011, 2014.

Continuing Nursing Education : 2011aug- 2016 june

**EDUCATIONAL UPDATES**

* Completed General Nursing and Midwifery ,3 and half year course from A.V. School of Nursing, Basavanagudi, Bangalore in 2005-2009.
* Completed PB BSC nursing in PRAJWAL COLLEGE OF NURSING, magadi road, Bangalore, in 2013-2015

**DECLARATION**

I hereby declare that the above information is the true to best of my knowledge.