**CURRICULUM VITAE**

**DR. KANIKA**

[**Kanika.342665@2freemail.com**](mailto:Kanika.342665@2freemail.com)

**C/o- +971501685421**

**FICO (UK )FRCS GLASGOW(UK)**

**MBBS DO DNB (OPHTHALMOLOGY)**

**LECTURER&REGISTRAR**

**PRINCE SATTAM BIN ABDULAZIZ UNIVERSITY**

**KSA**

PERSONAL DETAILS

Name : Dr. Kanika

**Date of Birth : 19thseptember 1980**

**Gender : Female**

**Marital status : Married**

**Nationality : Indian**

**Languages : English/Arabic/Hindi**

EDUCATIONAL QUALIFICATIONS

* **FRCS GLASGOW(UK)-Fellowship Of Royal College Of Surgeons , UK-2016**
* **FICO(UK)Fellowship Of The International Council Of Ophthalmology -2015**
* **DNB- National Board in Ophthalmology (2008-2010)**

**Mohan Eye Institute, Sir Ganga Ram Hospital Marg,Delhi**

#### DO-Diploma in Ophthalmology (2006-2008)

**Guru Nanak Eye Centre,Maulana Azad Medical**

**College,Delhi University, Delhi.**

* MBBS (2000-2005)

#### Lady Hardinge Medical College, Delhi University,Delhi.

**Jan-Dec 05 (One Year Rotatory Internship) Medicine, Surgery, Community Medicine, Obs&Gynae, ENT, Orthopedics, Pediatrics, Emergency Medicine, Ophthalmology, Derma, Anaesthesia at Lady Hardinge Medical College, Delhi, India**

**TOTAL EXPEREINCE IN OPHTHALMOLOGY- 10 YEARS**

**LECTURER OPHTHALMOLOGY (KSA) -2 YEARS**

**SENIOR RESIDENCY- 3.5 YEARS**

**DNB OPHTHALMOLOGY-2YEARS**

**DIPLOMA OPHTHALMOLOGY -2YEARS**

**KEY STRENGTHS**

* **Good clinical and communication skills.**
* **Extensive teaching and training experience**

**ACHEIVEMENTS**

* **Awarded certificate of appreciation for voluntary service eye camp organized by LIFE LINE EXPRESS, IMPACT INDIA FOUNDATION at Mandsaur (M.P.) from 19th May, 2008 to 10th June, 2008.**
* **Have been a part of the BBC documentary concerned with this surgical eye camp conducted for poor people at Mandsaur, India in 2008. The documentary was telecast on National Geography channel in March 2010.**
* **Awarded certificate of participation at the Mid Term and Annual Conference of Delhi Ophthalmological Society 2008, 2009, 2010.**
* **Participated, on request, in a television channel “ LIVE INDIA” as a consultant ophthalmologist for discussion optic nerve diseases in April 2010.**
* **Have been part of the surgical team in a free eye camp at Manali, Himachal Pradesh conducted by National Society for Prevention of Blindness Society from 2nd may to 9th may 2010.**

**TEACHING&TRAINING**

* **Currently teaching UG students at Prince Sattam Bin Abdulaziz University, KSA**
* **Postgraduate Students, MBBS Students**
  + **Seminars and lectures**
  + **Practical classes/ Demonstrations on instruments , dark room procedures**
  + **Interns**

**In hospital postings at guru nanak eye centre, maulanaazad medical college, Delhi**

**In Routine OPD**

**WORK EXPERIENCE**

**HAVE DONE FOLLOWING SURGICAL PPROCEDURES**

* **Over 1000 Cataract extraction surgeries including phacoemulsification , extra capsular, small incision non-phaco, techniques with foldable & non foldable PMMA PCIOL/ACIOL implantations**
* **Anterior vitrectomy surgeries**
* **12-13Trabeculectomies and combined phaco-trab with IOL implantations**
* **Horizontal Squint surgeries**
* **Anterior segment foreign body removals**
* **Emergency procedures in cases of fire cracker, Blunt trauma injuries including lid reforming oculoplasty surgeries, corneal and scleral perforation repair surgeries**
* **Entropion and ectropion surgeries**
* **Evisceration/enucleation surgeries with prosthetic eye implants**
* **Temporary and permanent tarsoraphhies**
* **Cyclo- Cryotherapies and anterior retinal cryopexies**
* **Pterygium removal with limbal stem cell transplantation**
* **Emergency opd procedures**
* **Have managed ocular medical emergencies including cases of CRAO, chemical burns, angle closure glaucomas, foreign body removals.**

**HAVE ASSISTED**

* + **Consultants in concerned specialties of retina,oculoplasty, squint, glaucoma, cornea In over 5000 phaco surgeries and other cataract extraction techniques**
  + **Oculoplasty surgeries including ptosis corrective surgeries like levator resection, frontalis sling operation, aponeurosis tucking surgeries, orbitotomies including anterior and lateral techniques for orbital masses, orbital floor fracture repair surgeries,**
  + **Goniotomies and glaucoma filteration surgeries**
  + **Penetrating keratoplasty and DLK surgeries, C3R surgeries for keratoconus management**
  + **In over 30 retinal surgeries including scleral buckling retinal detachment surgeries, pars planavitrectomies , macular hole surgeries , retinotomies , CMV removcal surgeries, Retinal lasers.**
  + **Stem cell and amniotic membrane transplantation in ocular surface disorders.**

**OPD AND IN PATIENT PROCEDURES**

* **Tonometry : Schiotz , Applanation**
* **Syringing, Probing**
* **Gonioscopy by Goldmann three mirror, Single mirror , Zeiss four mirror gonioscopes**
* **Retinoscopies ,**
* **Direct and Indirect Ophthalmoscopy**
* **Expertise in 90 d , Goldmann three mirror and simple Indirect Ophthalmoscope for Retinal examination**
* **YAG Laser Posterior Capsulotomies, Peripheral Iridectomies, Argon laser retinal photocoagulation including pan retinal and macular lasers.**
* **Corneal foreign body removal, corneo-scleral suture removal**

**RESEARCH**.

* **DNB Thesis titled: Randomised Study Compareing Efficacy Of IntravitrealTriamcinolomeAcetonide With Macular Laser Versus Intra VitrealBevacizumab With Macular Laser In Primary Treatment Of Diabetic Macular Edema In Indian Population**

**PUBLICATION**

* **Sharma P, Das JC, Sharma K. Newer Techniques in the Surgical Management of Glaucoma: an Overview. Ophthalmology Today July- August 2006, Vol VII No. 4.**

**COMPUTER LITERACY: knows basic working on computers**

EXTRA- CURRICULAR ACTIVITIES

Participated in inter college singing competition

Participated and won third place in inter college ethnic wear competition

MEMBERSHIP IN PROFESSIONAL ORGANIZATION:

**Delhi Medical Council**

**Delhi Ophthalmic Society**